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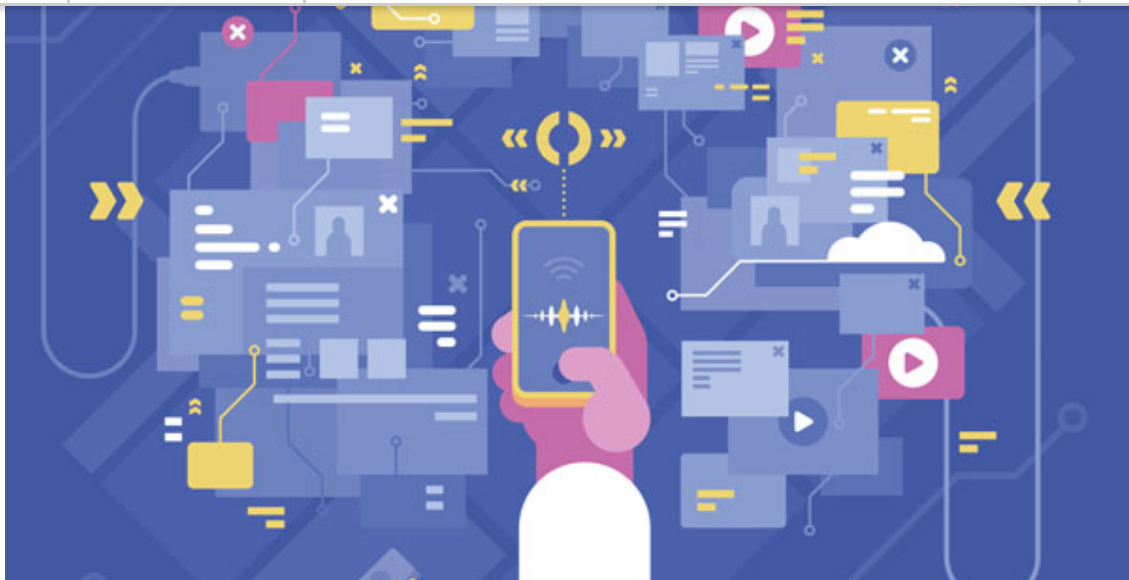
THE UPSHOT

Interreg
North Sea Region
European Regional Development Fund



Help us build a forward-looking programme

We have received over 260 responses so far - and we would like to hear from you too! Please share your thoughts in our consultation survey > [Learn more](#)



Are you using our online monitoring system (OMS)?

Help us improve it by joining one of our short, targeted surveys. [> Learn more](#)



Scottish report highlights benefits of Interreg

The report outlines how the North Sea Region Programme has been "highly valued and productive for the East and North Coast of Scotland." [> Learn more](#)

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Does your project have a story to tell?

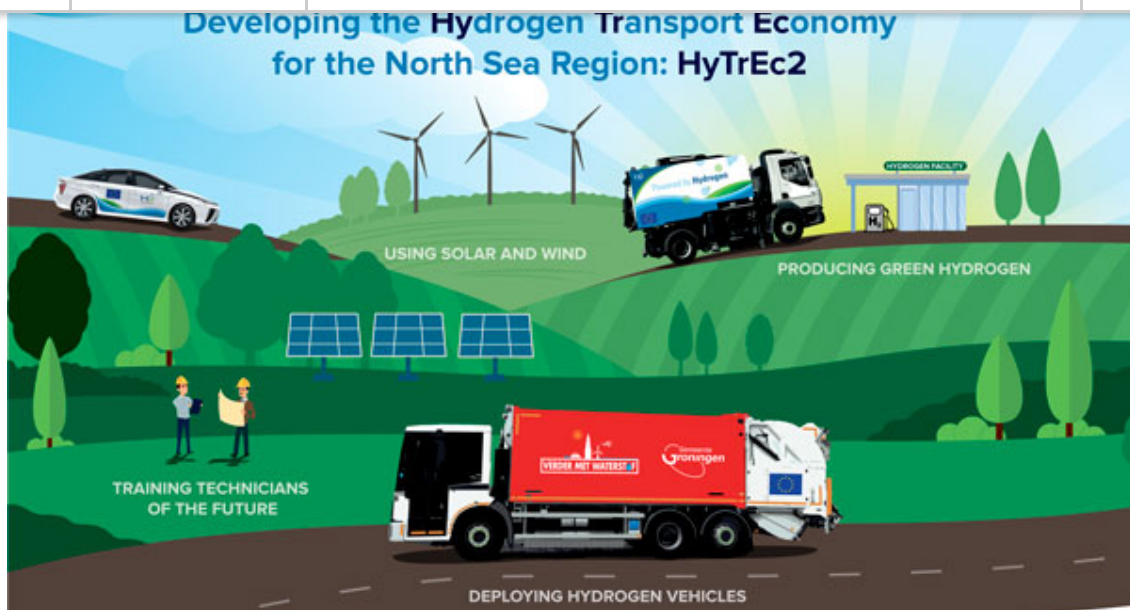
Submit an entry to the North Sea video contest. This year's contest includes two categories; explainer video and people in focus. > [Learn more](#)



Let the pictures talk

Has your project captured a moment? Submit an entry to the North Sea photo contest - all photos submitted will be featured online. > [Learn more](#)

Project Highlights



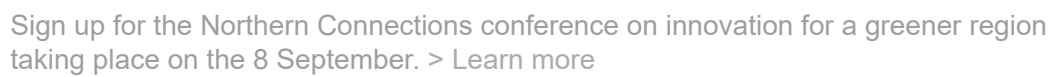
HyTrEc2: Pressing on towards a hydrogen future

Our RegioStars Awards contender HyTrEc2 is charging ahead on its mission to foster the green hydrogen economy > [Learn more](#)



Climate-proof your city with BGI

BEGIN shares lessons on how blue-green infrastructure can create more liveable and climate-resilient cities > [Learn more](#)



We are pleased to announce that the conference will take place **online on 10 November**. > [Learn more](#)



Sign up now for the EU Week of Regions and Cities

For the first time, the #EURegionsWeek is almost entirely virtual. Choose between 500 online sessions that you can attend from anywhere > [Learn more](#)



Webinar : Get updated on programme development

If you want to get up to speed on the latest developments of the new programme, then this webinar on 10 September is something for you. > [Learn more](#)



Webinar: European cooperation in times of change

What does European cooperation look like in 2020? How are challenges such as Covid-19 and Brexit affecting how we work together across borders? > [Learn more](#)

North Sea wonders



The heaviest bony fish on Earth

The sunfish is one of the weirdest creatures living in the North Sea. The gigantic fish has teeth resembling a beak, averages 2,200 kg, and lays 300 million eggs. The sunfish loves to sunbathe and its favourite food is moon jellies!



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