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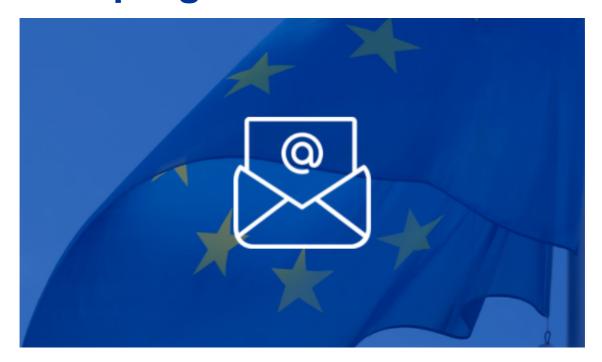
THE UPSHOT







New programme



New programme submitted for approval

Following approval by the member countries, we have submitted the draft Interreg North Sea Programme to the European Commission. > Learn more



Call 1: First round of applications are in!

The first of two deadlines in Call 1 of the future Interreg North Sea Programme has now passed. Here are the numbers. > Learn more



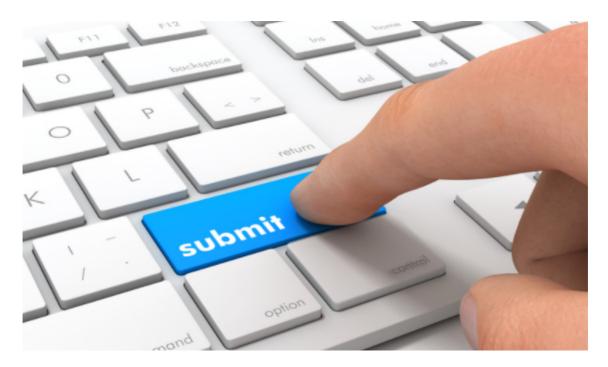
Webinar recording: How to work with indicators

Indicators are the crux of a logical project description. Here's everything you need to know about indicators. > Learn more



Know your result indicators!

Struggling to get to grips with the result indicators? Here's a presentation designed to help you. > Learn more



How to submit your application in Call 1

Make sure to tick all the boxes and get everything right as you submit your application. Here's what you need to know. > Learn more

Events



All aboard! Register for the North Sea Conference

Registration is open and the events are filling up fast! Hurry up to join us for three days packed with exciting content and networking opportunities. > Learn more

Project highlights



INDU-ZERO manager among top 10 women in construction

Ulla-Britt Krämer has been nominated as one of the 10 most impactful women in construction, based on her work with INDU-ZERO . > Learn more



How do you energy renovate 22 million homes at half the normal cost? INDU-ZERO has an answer. Come with them on a delightful1-minute walk in a demo house!



Are you lonesome tonight? Then you are not alone! Loneliness affects too many people's lives and health. We are very proud that I2I is doing something about that.

North Sea tancy tish



One of the strangest creatures thriving in the North Sea is the cuckoo wrasse. The males of this species are a strong blue, whereas the females are red. In fact, they all hatch as females. But that is no problem, because whenever males are in short supply, some females simply morph into males.

The males (or post-females) are very caring towards their offspring. They build a lovely nest out of algae and guard the eggs until they hatch.









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