## **Transnational Comparison Research**



Consumer Attitudes on the Intention to Purchase Local Food Products in Sweden, Belgium, Germany, Denmark, and the Netherlands

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## **Executive Summary**

The current food system creates situations whereby unstable economies, environmental damage, and health issues become the norm. Therefore, many organizations and businesses explore alternatives for more sustainable food systems, of which local food markets are a prominent option.

REFRAME is an Interreg North Sea Region project set up¹ to create better conditions for food-related SMEs, social enterprises and initiatives by sharing knowledge and best practises to maximize the potential of a short food supply chain. One aspect of creating better conditions for food-related entities is to motivate and encourage local food consumption. Therefore, the attitude towards local food and influence on the intention to purchase local food needs investigating. This transnational research looked into the attitude towards local food and the intention to purchase local food of consumers in Västra Götaland (Sweden), West-Flanders (Belgium), Wesermarsch District (Germany), Denmark, and the Northern Netherlands.

The research question is as follows: How do consumer attitudes towards local food products influence the intention to purchase local food products in Västra Götaland (Sweden), West-Flanders (Belgium), Wesermarsch District (Germany), Denmark, and the Northern Netherlands?

To study the main research question and the created hypotheses, a quantitative study was the most suited with the utilization of a comprehensive questionnaire. Through data collection, varying numbers of respondents per region were retrieved via online means. Through a first multiple regression analysis, the findings show that the factors 'concern for the local economy' and 'perceived quality' have the most significant effect on the attitude towards local food. Furthermore, a second multiple regression analysis revealed that 'perceived behavioural control' (the person's perceived ease or difficulty of carrying out a behaviour) causes the largest change in the intention to purchase local food in nearly all regions. Also, as people's attitude towards local food increases their intention to purchase local food increases, as is shown in almost all areas under study. This result conveys the importance of *predictor* variables on attitude, as these subsequently influence the intention to purchase local food.

For the majority of regions/countries in this study, the focus should be on highlighting the concern for the local economy, by showing how their local food purchases support local farmers and businesses. Furthermore, marketers should highlight the quality of local food (freshness, taste, and overall quality). Also important: the findings from West-Flanders and the literature mention that local food should be made more available, convenient to purchase, affordable, and information on its origin should be easily accessible. Future research should focus on the factors that promote and hinder the purchase of local food.

There are other aspects from the research that could be highlighted here. For example, the results from Wesermarsch District and the Northern Netherlands reveal that the consumer's knowledge with regards to local food should be

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<sup>&</sup>lt;sup>1</sup> https://northsearegion.eu/reframe/

increased (e.g. on seasonal products, advantages of local food, local food origin, and how to distinguish between local and non-local food) to have a positive effect on the intention to purchase local food. What's more, companies, marketers and policy makers in Västra Götaland and Wesermarsch District could put more effort in clearly labelling local food, showing how the customer is receiving good value for money, and why the purchasing of local food products at a premium price is worthwhile. In West-Flanders and the Northern Netherlands people are influenced by their friends and family when it comes to purchasing local food products. It is recommended to take this into account as well.

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## 1. Introduction

"Globalization of supply chains and the concentration and consolidation of food retailing, manufacturing, and production are key characteristics of contemporary food systems in developed countries" (Cranfield, Henson, & Blandon, 2012). This current food system contributes to creating unsustainable economies, environmental damage, and health issues to just name a few (Sustain, 2002). The European Union recognizes this issue and has developed the strategy "Farm to Fork" as part of the European Green Deal (Europa, 2020). This strategy aims to construct a fair and sustainable food system, promotes health, and is environmentally friendly. Such a sustainable-resilient food system is paramount and is made even more apparent with crises such as the Covid-19 pandemic. One concept that is getting much traction in Europe that synchronizes with the farm to fork strategy is the shortening of the food supply chain (Kumar & Smith, 2018).

Creating alternative food markets local food markets based on the shortening of the supply chain, whereby food is consumed and produced in the same region. Additionally, corroborated by the UK Policy Commission of Farming and Food, these kinds of markets can provide on all aspects of sustainable development, in specific the economic, environmental, and social sectors (Sustain, 2002). Aspects of sustainable development, such as health & food safety concerns and community development, create the demand/motivation to support locally/regionally produced food (Zepeda & Li, 2006, Zepeda & Deal, 2009).

At the same time, consumers are concerned about the role of businesses in the food system and the devastating implications, especially after numerous scandals. These are resulting in a higher demand for transparency into the food system and the origin of food (Feldmann & Hamm, 2015). Those circumstances call for establishing alternative food systems, emphasizing local food, as the current food system has no longevity (Cranfield, Henson, & Blandon, 2012). This increase in demand has already been seen and has set the path for research into the underlying behaviour, attitudes and purchase decision regarding locally/regionally produced food and consumption (Feldmann & Hamm, 2015).

This research was commissioned by REFRAME, an Interreg North Sea Region project set up to create better conditions for food-related SMEs, social enterprises, and initiatives by sharing knowledge and best practises to maximize the potential of a short food supply chain. However, the establishment of short food supply chains only has merits if the consumer, the last link in the chain, chooses to consume the local food product. Therefore, to encourage and increase local food consumption, a study into the (potential) consumers is required to point out specific support measures to achieve this. This research investigates the consumers in Västra Götaland (Sweden), West-Flanders (Belgium), Wesermarsch District (Germany), Denmark, and the Northern Netherlands on their attitudes and purchase intentions towards local food. Transnational allows for similarities and differences to be compared and perhaps unlock local/regional opportunities. In this context, the consumer attitude is "the degree to

which a person has a favorable or unfavorable evaluation or appraisal of the behavior in question" (Ajzen, 1991). Fundamentally, this research provides insight into the development of consumer attitudes towards local/regional food and the decision-making of whether or not to purchase/consume local food products.

As follows: Firstly, the relevant literature is identified and analysed. The literature review forms the basis of the constructed conceptual framework that houses the main research question. The methods for collecting the data will be set out to subsequently lead to the section of the report known as findings, analysis, discussion, and recommendation. Next, the similarities and differences between the regions will be discussed and a critical evaluation of the research provided. Lastly, the study will be concluded and the reference list and appendixes presented.

## 2. Literature Review

#### 2.1 Introduction Literature Review

The literature review identifies and analyses the existing knowledge (definitions, theories, and points of view) on consumer attitudes and purchase decisions concerning local food. Before delving into the theory associated with consumer attitudes and purchase decisions, the definition of local food needs to be addressed.

#### 2.2 What is Local Food?

The definition of local food in the context of this research refers to the food produced and sold in the respective regions/countries. The definition has been further optimized and translated with the expertise of the REFRAME partners for the various regions under study. This results into the following definitions:

- The definition for Västra Götaland is as follows: "The term local food referred to in the survey is food produced and sold in Västra Götaland".
- The definition for West-Flanders is as follows: "The term "local food" in the context of this questionnaire refers to the food produced and sold in West Flanders".
- The definition for the Wesermarsch District is as follows: "The term "local" in the context of this questionnaire refers to the food produced and sold in the Wesermarsch".
- The definition for Denmark is as follows: "The term "local food" in this questionnaire refers to Danish food purchased within a radius of 50 km".
- The definition for the Northern Netherlands is as follows: "The term "local food" in the context of this
  questionnaire refers to the food produced and sold in the Northern Netherlands, i.e. the provinces of
  Groningen, Friesland and Drenthe".

For additional information on the reasoning and justification in the creation of the definition of local food as seen above please refer to Appendix 1.

#### 2.3 Consumer Attitudes and Predictor Variables

Consumer attitudes is "the degree to which a person has a favorable or unfavorable evaluation or appraisal of the behavior in question" (Ajzen, 1991). This research looks into the relation between consumer attitudes and intention to perform a behaviour. This relation has been investigated before, showing that the intention can be accurately predicted by the consumer attitude towards set behaviour (Ajzen, 1991).

Besides consumer attitudes it is equally important to study what actually forms these local food attitudes, and thus subsequently influence the intention to purchase local food products. The literature reveals several prevailing

predictors, including health consciousness, concern for the environment, concern for the local economy, perceived quality, and food safety.

- Health consciousness: People are health conscious when they are "aware and concerned about their state of
  well-being and are motivated to improve and/or maintain their health and quality of life, as well as
  preventing ill health by engaging in healthy behaviours and being self-conscious regarding health"
  (Michaelidou & Hassan, 2008).
- Concern for the environment: In essence the concern for the environment variable encompasses the recognition of the negative effects of the current food system on the environment (Pollution and deforestation). Simultaneously, the consumer associates local food with more environmentally-friendly production processes that emit a lower carbon footprint and reduction of the distance (food kilometres) the food needs to travel (European Parliament, 2016, Cranfield, Henson, & Blandon, 2012, Feldmann & Hamm, 2015, Zepeda & Deal, 2009).
- Concern for the local economy: This variable is the concern people experience for the local economy and how local food can counter this. As the concept of local food is shaped by food being produced, handled, and sold in an area where physical and economic activities take place and provide economic benefits to the region (Sustain, 2002). Moreover, research has shown that consumers link purchasing local food products with directly benefiting the local economy, such as farmers and communities (Zepeda & Leviten-Reid, 2004, Feldmann & Hamm, 2015).
- Perceived quality: Perceived quality can be defined and interpreted in two manners. First, the degree to which the item or service delivers on key customer requirements and how reliably these are provided (Yee & San, 2011). Secondly, the perceived quality is not referring to the product or such but more to the consumer's judgement of the overall excellence or superiority of the entity or service (Yee & San, 2011). The perceived quality plays an essential role in the consumer decision making of purchasing a product.
- Food safety: The literature shows that many studies have revealed that consumers consider/view local foods to be safer to consume than non-local food products (Cranfield, Henson, & Blandon, 2012, Thilmany, Bond, & Bond, 2008, Feldmann & Hamm, 2015).

For all the above mentioned variables including consumer attitude, hypothesis have been constructed. These hypotheses can be seen at the end of this chapter. Furthermore, for reasoning and additional information on why these variables were chosen please refer to appendix 2.

## 2.4 Theory of Planned Behaviour

The previous section looked at the potential predictors of consumer attitudes from the literature in the context of local food. This section will elaborate on the theories that encompass attitude and intention. The first theory that shall be looked into is the Theory of Planned Behaviour.

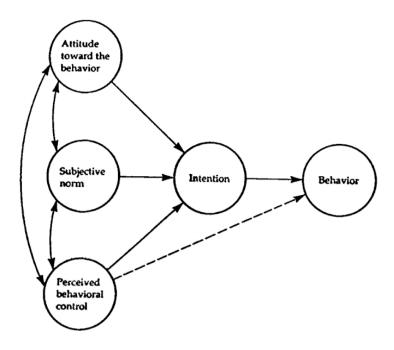


Figure 1: Theory of Planned Behaviour (Ajzen, 1991).

The Theory of Planned Behaviour (figure 1) is a theory that encapsulates the consumer attitudes, intention to purchase, and the behaviour of actually purchasing a product. The theory aims to come up with a framework for comprehending the determinants of such human behaviour in particular contexts, in this case, centred around purchasing of local food products (Ajzen, 2015, Ajzen, 1991). The various aspects of interest for this research with regards to the Theory of Planned Behaviour are explained below:

- Attitude toward the behaviour: "The degree to which a person has a favorable or unfavorable evaluation or appraisal of the behavior in question" (Ajzen, 1991).
- Subjective norm: The subjective norm is a person's perception of a particular behaviour affected by referent people. These are people in one's immediate surroundings, such as parents and friends. These norms are founded in the person's normative beliefs, that is the perceived social pressure from others to carry out such behaviour (Ajzen, 1991, Shin, Hancer, & Song, 2016).

- Perceived behavioural control: Perceived behavioural control is the person's perceived ease or difficulty of
  carrying out a behaviour. The perceived control is dictated through control beliefs. These are the person's
  perceived beliefs about the existence of opportunities or hindrances for supporting or hampering the
  behaviour (Ajzen, 1991, Shin, Hancer, & Song, 2016).
- Intention: The intention in the Theory of Planned Behaviour is the willingness of a person to carry out a particular behaviour, and is presumably the best predictor of behaviour (Shin, Hancer, & Song, 2016).

The application of the Theory of Planned Behaviour can be summarized as the following; the more advantageous the attitude and subjective norm concerning behaviour, and the higher perceived control is, the more likely that a person will develop an intention to execute the behaviour, in this case the purchasing of local food (Shin, Hancer, & Song, 2016). The various aspects mentioned are variables for this research and have been encapsulated into hypotheses that can be seen at the end of this chapter. For additional information on the Theory of Planned Behaviour and these variables please refer to Appendix 2.

## 2.5 The Alphabet Theory

The second theory that is explored for this research is The Alphabet Theory. The Alphabet Theory has been chosen as it has been used successfully to predict consumer food purchase behaviour by Zepeda et al. (2009), the creator of the theory, and has been specifically designed to understand local food purchase behaviour focusing on the aspect attitudes. The validity of the theory is further insured by Feldmann et al. (2015), as stated the theory "includes elements and interactions which have been found to be essential in describing local food consumption".

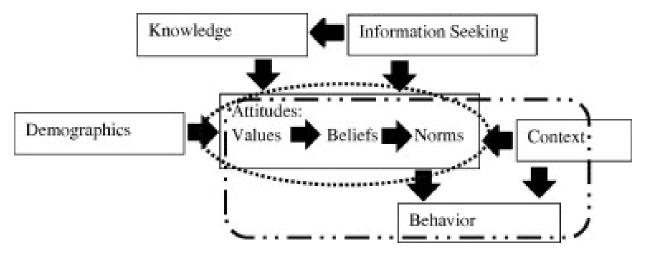


Figure 2: The Alphabet Theory (Feldmann & Hamm, 2015).

The Alphabet theory is a combination of the VBN and ABC Theory and is used to understand local food purchase behaviour (these building blocks are further investigated in Appendix 2). The Alphabet Theory includes besides those previously mentioned the elements demographics (D), knowledge (K), and information seeking (IS). These aspects are individually explored below:

- Demographics: The demographic variables to be employed in this research include gender, age, household size, location, employment status, and income.
- Consumer's Knowledge: Infers the comprehension of the subject, local food, in question. This would fortify the existing values of a person, which affect the beliefs and norms, resulting in an attitude towards local food purchase behaviour that is favourable or not.
- Information Seeking: How consumers collect information in this case on alternative food production methods. A consumer who investigates more into food production methods and general information around the behaviour will strengthen their knowledge and attitudes, which influences the subsequent purchase behaviour (Feldmann & Hamm, 2015).
- Context: is essentially the constraints or incentives to purchase local food. The contextual factors that come up most frequently are "availability, convenience, price, seasonal variety, and the influence of specific product types associated with local food" (Feldmann & Hamm, 2015).

For all the variables mentioned above, hypotheses have been constructed. These hypotheses can be seen at the end of this chapter. Furthermore, for the reasoning and additional information on why these variables were chosen please refer to appendix 2.

## 2.6 Consumption & Purchasing Local Food

To give more context when studying local food it is also important to look into *what* food products are purchased and *where* or *how*. The food categories in this research are dairy, eggs, vegetables, fruit, bread, meat, poultry, and fish (Kumar & Smith, 2018, Garbacz, 2018). Places to purchase local food include local bakeries, butchers, and greengrocers; local market, the supermarket, internet, and box-schemes (Geurts, van Bakel, van Rossum, C. T. M., de Boer, & Ocké, 2016, Garbacz, 2018). These have been altered per REFRAME region, based on the conversation between the researcher and the REFRAME partner.

#### 2.7 Conceptual Framework

The literature review has allowed for the following conceptual framework to be constructed (see figure 3). This framework will allow for insights into the consumer attitudes towards local food on the purchase intention of such food in Västra Götaland (Sweden), West-Flanders (Belgium), Wesermarsch District (Germany), Denmark, and the Northern Netherlands. The conceptual framework includes all hypotheses and has been constructed based on several variables, the Theory of Planned Behaviour, and Alphabet Theory.

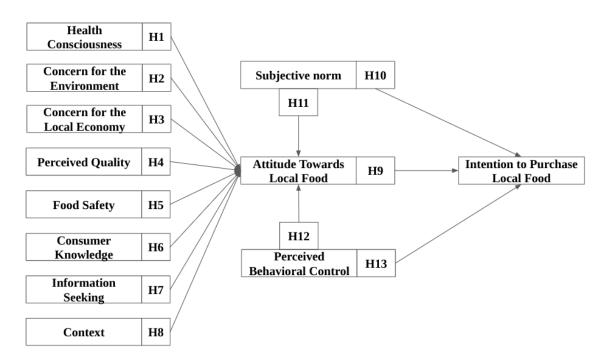


Figure 3: Conceptual framework (Kwant, 2020).

The framework comes forth from the literature, from which several hypotheses can be drawn:

- H1: There is a positive relationship between health consciousness and attitude towards local food.
- H2: There is a positive relationship between concern for the environment and attitude towards local food.
- H3: There is a positive relationship between concern for the local economy and attitude towards local food.
- H4: There is a positive relationship between perceived quality and attitude towards local food.
- H5: There is a positive relationship between food safety and attitude towards local food.
- H6: There is a positive relationship between consumer's knowledge and attitude towards local food.
- H7: There is a positive relationship between information seeking and attitude towards local food.
- H8: There is a positive relationship between context and attitude towards local food.
- H9: Positive attitudes toward local food will have a positive impact on the intention to purchase local food.
- H10: There is a positive relationship between subjective norm and attitude towards local food.

- H11: Subjective norm has a positive influence on the intention to purchase local food.
- H12: There is a positive relationship between perceived behavioural control and attitude towards local food.
- H13: Perceived behavioural control will have a positive influence on the intention to purchase local food.

#### 2.8 Conclusion Literature Review

In conclusion, a conceptual framework has been constructed that incorporates all hypotheses. The overall goal of this research is to give insight into the consumer attitudes towards local food on the purchase intention in Västra Götaland (Sweden), West-Flanders (Belgium), Wesermarsch District (Germany), Denmark, and the Northern Netherlands. The research question formulated that encapsulates this framework is:

'How do consumer attitudes towards local food products influence the intention to purchase local food products in Västra Götaland (Sweden), West-Flanders (Belgium), Wesermarsch District (Germany), Denmark, and the Northern Netherlands?'

In the next chapter an appropriate method of researching this question will be explored through the utilization of the literature (Kwant, 2020).

## 3. Methods

The methodology for the collection and analysis of data to answer the main research question will be explained in this section. The nature of this research is to be quantitative as most research carried out on the topic of consumer attitude is of this manner (Feldmann & Hamm, 2015) and it applies to the testing of the constructed hypotheses. The outcomes of the hypothesis, supported or not supported, will provide insight into the consumer behaviour of inhabitants in the five REFRAME Regions. Particularly, the role of predictor variables on the attitudes towards local food and subsequent intention to purchase local food products (Kumar & Smith, 2018). Therefore, the research design adopted is known as the deductive research approach (Collis & Hussey, 2014). The construction of the tool for the data collection is based on the literature and previous research designs (Kwant, 2020).

#### 3.1 Collection of Data

The research tool chosen to investigate the main research question and hypothesis is a questionnaire, which previously has been proven as a tool for this kind of research (Kumar & Smith, 2018). The questionnaire constructed can be seen in Appendix 4 and has been fabricated to incorporate all aspects of the conceptual framework (figure 3). The questionnaire consisted of statements to measure the (predictor and outcome) variables found in the literature (refer to Appendix 3 for the statements with corresponding reasonings and justification). For more information on the collection of data please refer to Appendix 5.

## 3.2 Population & Sample

The sampling method used is known as convenience sampling. Thus, as long as the person was an inhabitant of the regions mentioned below, willing, and available to participate, they were considered part of the sample (Kwant, 2020). Below a deeper dive into the population and sample for each REFRAME region. Please refer to Appendix 5 for more information on the collection of data.

#### Västra Götaland (Sweden)

The region in Sweden used for this study is Västra Götaland. This area represents the partner region in the REFRAME project. The population of this region was 1,725,881 inhabitants in 2019 (Citypopulation, 2021 -a). This region has four sub-regions, namely Sjuhärad, Skaraborg, Fyrbodal, and Göteborgsområdet med insjöriket. An additional question in the questionnaire is the identification of the respondents location (Appendix 4.2).



Figure 4: Map of Västra Götaland, Sweden. (Google, 2020 -a)

#### West-Flanders (Belgium)

After discussing with the REFRAME partner in Belgium, West-Flanders was chosen as an area of study, see figure 5. The number of inhabitants in West-Flanders was 1,200,945 inhabitants in 2020 (Citypopulation, 2021 -b). The respondents were also asked to fill in their postal code and if they live in a city or in the countryside (Appendix 4.3) as additional questions to the questionnaire based on the feedback and pilot-testing in West-Flanders.



Figure 5: Map of West-Flanders, Belgium (Google, 2020 -b)

#### Landkreis Wesermarsch (Germany)

The REFRAME partner region in Germany is the Landkreis Wesermarsch region (Figure 6). The number of inhabitants in this region was 88,583 in 2019 (Citypopulation, 2021 -c). As this area's size is relatively small compared to the others, a distinction between the cities and municipalities was made. The cities include Brake, Elsfleth, and Nordenham. The municipalities consist of Berne, Butjadingen, Jade, Lemwerder, Ovelgönne, and Stadland (Appendix 4.4)

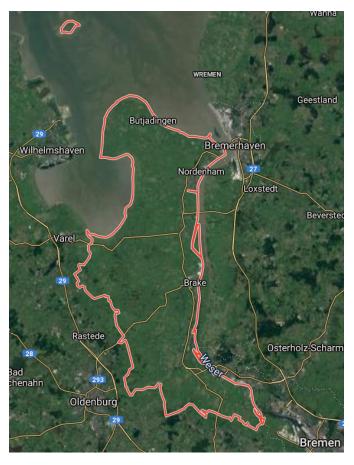


Figure 6: Map of Landkreis Wesermarsch, Germany. (Google, 2020 -c)

#### **Denmark**

The partner in REFRAME for Denmark is Taste of Denmark<sup>2</sup>, which operates in the whole of Denmark. For this reason, the whole country has been chosen as a study area (See figure 7). Moreover, the population density in Denmark is very much skewed towards the Copenhagen Metropolitan Area. The population of Denmark was 5,822,763 inhabitants in 2020 (Citypopulation, 2021 -d). Denmark is split into the following regions; Hovedstaden, Sjælland, Syddanmark, Midtjylland, and Nordjylland (Appendix 4.5).

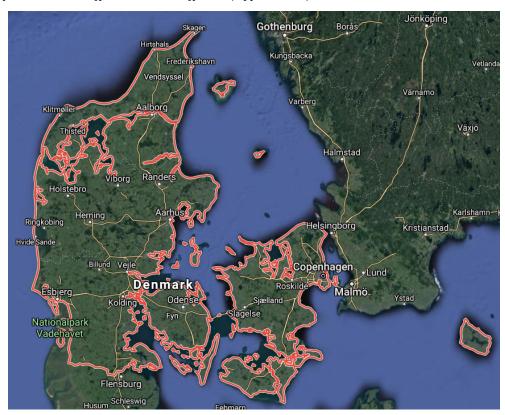


Figure 7: Map of Denmark. (Google, 2020 -d)

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<sup>&</sup>lt;sup>2</sup> http://smagenafdanmark.dk/

#### Northern Netherlands

For the last participating country, the Netherlands, the study covered the region of the Northern Netherlands (Figure 8). The population of this region in 2019 was 1,371,139 inhabitants (AlleCijfers, 2020, Eurostat, 2020). The Northern Netherlands was split into the following regions; Groningen, Drenthe, and Friesland (Appendix 4.6).



Figure 8: Map of Northern Netherlands (Red outline not possible, see reference for link). (Google, 2021)

## 3.3 Distribution of questionnaire

The questionnaire was distributed through online means only as offline was not feasible. This is because of the transnational nature of this research and thereby collect questionnaires in a similar method in all regions. The questionnaire was distributed through all the networks available to the REFRAME partners in the respective countries. One of these is through the Facebook platforms of the REFRAME-partners (Facebook pages included: Smagen Af Danmark, Landkreis Wesermarsch, Fedderwardersiel, Krachtboer - La Force du Fermier, Inagro vzw, Naturbruksförvaltningen, and Respondenten Gezocht). The questionnaires were also distributed via the personal networks of the REFRAME partners. In the Northern Netherlands the questionnaire was also distributed via the personal contacts of the researcher and the April newsletter of 'Ketennetwerk Voedsel Stad en Ommeland' (network organisation in the Northern Netherlands and set up in the REFRAME project). The questionnaires were also distributed via several websites.

Respondents were also asked to share the questionnaire with other relevant organisations or people, creating a snowball effect. In addition, the online website SurveySwap was used, an online tool whereby students and researchers fill out each other's survey.

#### 3.4 Analysis of Data

To analyse the data from the questionnaire, the raw data was downloaded from Google Forms/Microsoft Forms in Excel form and then transformed into an PSPP/SPSS file (Microsoft Forms and SPSS was used for previous research in Northern Netherlands). First, the demographic information was analysed and summarised in a presentable manner for reporting. To analyse the conceptual framework and hypotheses several tests were conducted, including a reliability test of the variables, correlation matrix, test for normality, and multiple regression analysis. Furthermore, the reliability, validity, generalizability, and consideration of ethical issues was investigated (Kwant, 2020). For more details of the data analysis, please refer to Appendix 5.

## 4. Findings, Analysis, Discussion & Recommendations

The findings and analysis are based on the results of the conducted questionnaire shown in Appendix 4. The quantitative analysis is split up into demographic information, additional information on local food consumption, and the multiple regression analyses. At the end of the findings and analysis, the hypotheses outlined in the literature review and visually represented in the conceptual framework will either be supported, not supported, or excluded.

## 4.1 Demographic Information and Local Food Consumption

#### 4.1.1 Demographic Information of the Regions

Västra Götaland (Sweden) - Questionnaire 159 Respondents	
Male (37.11%) and Female (61.64%)	Full-time employed (54.72%)
Age category 45 - 54 (30.82%)	Highest education level university (55.97%)
Two people in household (39.62%)	Household monthly net income 5000 - 5999 euro (16.98%) and 6000 - 6999 euro (16.98%)
Skaraborg (64.78%)	

Table 1: Profile Respondents Västra Götaland. (Please refer to appendix 6.1 for more insights into the demographic information of Västra Götaland and Appendix 4.2 the questionnaire for the income in Swedish currency.)

West-Flanders (Belgium) - Questionnaire 172 Respondents	
Male (38.95%) and Female (58.72%)	Reside in city (59.88%) or countryside (40.12%)
Age category 35 - 44 (36.3%)	Full-time employed (65.12%)
Four people or more in household (48.26%)	Highest education achieved Professional Bachelor (36.05%) or master (43.02%)
Most occuring postcodes 8200 and 8970	Household monthly net income 4000 - 4999 euro (19.77%) and 3000 - 3999 euro (18.60%)

Table 2: Profile Respondents West-Flanders. (Please refer to appendix 6.2 for more insights into the demographic information of West-Flanders.)

Wesermarsch District (Germany) - Questionnaire 87 Respondents	
Male (22.99%) and Female (74.71%)	Full-time employed (58.62%)
Age category 25 - 34 (26.44%)	Highest education level vocational training (28.74%)
Two people or more in household (44.83%)	Household monthly net income 2500 - 2999 euro (20.69%)
Brake (27.59%)	

Table 3: Profile Respondents Wesermarsch District. (Please refer to appendix 6.3 for more insights into the demographic information of Wesermarsch District.)

Denmark - Questionnaire 78 Respondents	
Male (24.36%) and Female (75.64%)	Full-time employed (46.15%)
Age category 15 - 24 (29.49%) and 45 - 54 (29.49%)	Highest education level university (47.44%)
Two people or more in household (50%)	Monthly net income 4000 - 4999 euro (19.23%)
Midtjylland (37.18%)	

Table 4: Profile Respondents Denmark. (Please refer to appendix 6.4 for more insights into the demographic information of Denmark and Appendix 4.5 the questionnaire for the income in Danish currency.)

Northern Netherlands - Questionnaire 152 Respondents	
Male (42.1%) and Female (57.9%)	Students (unemployed) (55.3%)
Age category 15 - 24 (50%)	Highest education level university of applied sciences (50%)
Two people or more in household (33.6%)	Household monthly net income 2000 euro or less (57.9%)
Groningen (75.7%)	½ of respondents were internationals residing in the Northern Netherlands

Table 5: Profile Respondents Northern Netherlands. (Please refer to appendix 6.5 for more insights into the demographic information of the Northern Netherlands.)

#### 4.1.2 Comparing the Demographic Information Among the Countries

The demographic information above presents several interesting insights. There are several similarities between the respondents. First, the ratio between male and female is pretty even when the number of respondents is taken into consideration. Another similarity is that most respondents are full-time employed and have two people in their household.

For all the regions except the Northern Netherlands, the most prominent occupation is full-time employment. In the Northern Netherlands, most of the respondents were students (unemployed). The main reason for this difference is that the researcher distributed the questionnaire among his network, which mainly consisted of students. This is due to convenience sampling and might not represent the entire population in the Northern Netherlands. This is also represented in the income category and age range.

## 4.2 Additional Information on Local Food Consumption

#### 4.2.1 Additional Information on Local Food Consumption of the Regions

Västra Götaland (Sweden) - 7-point scale of never (1) to always (7)	
Frequency and place of purchasing local food: Supermarket (4.47), local greengrocer (4.09), and local butcher (4.06)	General frequency of purchasing local food - frequently (4 out of 7)
Local food categories most frequently bought: Eggs (5.40), meat (4.84), and diary (4.49)	Effort to purchase local food - occasionally (3 out of 7)
Responsible for grocery shopping - almost always (6 out of 7)	

Table 6: Additional information local food consumption Västra Götaland. (Please refer to appendix 7.1 for more insights into the local food consumption of Västra Götaland.)

West-Flanders (Belgium) - 7-point scale of never (1) to always (7)	
Frequency and place of purchasing local food: Farm producer (3.99), supermarket (3.48), and regional producer (3.47)	General frequency of purchasing local food - frequently (4 out of 7)
Local food categories most frequently bought: Vegetables (4.73), bread (4.61), and fruit (4.32)	Effort to purchase local food - frequently (4 out of 7)

Responsible for grocery shopping - almost always (6 out of 7)	

Table 7: Additional information local food consumption West-Flanders. (Please refer to appendix 7.2 for more insights into the local food consumption of West-Flanders.)

Wesermarsch District (Germany) - 7-point scale of never (1) to always (7)	
Frequency and place of purchasing local food: Local bakery (5.10), supermarket (4.82), and local greengrocer (3.72)	General frequency of purchasing local food - occasionally (3 out of 7)
Local food categories most frequently bought: Eggs (5.18), bread (4.98), and vegetables (4.60)	Effort to purchase local food - occasionally (3 out of 7)
Responsible for grocery shopping - Always (7 out of 7)	

Table 8: Additional information local food consumption Wesermarsch District. (Please refer to appendix 7.3 for more insights into the local food consumption of Wesermarsch District.)

Denmark - 7-point scale of never (1) to always (7)	
Frequency and place of purchasing local food: Supermarket (4.33), local bakery (3.62), and farm shops (3.15)	General frequency of purchasing local food - occasionally (3 out of 7)
Local food categories most frequently bought: Vegetables (3.95), eggs (3.92), and fruit (3.76)	Effort to purchase local food - occasionally (3 out of 7)
Responsible for grocery shopping - almost always (6 out of 7)	

Table 9: Additional information local food consumption Denmark. (Please refer to appendix 7.4 for more insights into the local food consumption of Denmark.)

Northern Netherlands - 7-point scale of never (1) to always (7)	
Frequency and place of purchasing local food: Supermarket (4.89), local market (3.90), and local bakery (3.60)	
Local food categories most frequently bought: Vegetables (3.95), fruit (3.92), and bread (3.76)	

#### Effort to purchase local food - occasionally (3 out of 7)

Table 10: Additional information local food consumption Northern Netherlands. (Please refer to appendix 7.5 for more insights into the local food consumption in the Northern Netherlands.)

#### 4.2.2 Comparing Regions/Countries on the Collected Additional Information

From the additional information collected, it can be seen that most respondents in all regions do their local food purchases at the supermarket. Furthermore, the most frequently locally purchased food category is vegetables and is in the top three food categories for all regions except Västra Götaland, Sweden. The other food categories in the top three of all regions except Västra Götaland are eggs, fruit, and bread. In Västra Götaland the food categories meat and dairy are in the top three of local food purchases. These do not appear in the other regions.

## 4.3 Multiple Regression Analysis

Now that Cronbach's Alpha (Appendix 8), correlation matrix (Appendix 9), and test for normality (Appendix 10) has been determined for the various regions, the next step is the multiple regression analysis. For each of the REFRAME partner regions, one or two multiple regression analyses are discussed. The first regression analysis relates to health consciousness, concern for the environment, concern for the local economy, perceived quality, food safety, consumer's knowledge, information seeking, context, subjective norm, and perceived behavioural control on the attitude towards local food. The second regression analysis is the subjective norm, attitude towards local food, and perceived behavioural control on the intention to purchase local food. For Västra Götaland the regression on attitude was not possible, therefore an alternative was carried out. (see Appendix 11.1 for reasoning why this regression was not possible). Also, it should be noted that not all variables will be in all regression analysis, as explained in the subsequent sections.

The multiple regression analysis has been carried out and can be seen in section 4.4. From these the set out hypotheses have either been supported, not supported, or excluded. An overview of this per REFRAME region can be seen in Appendix 14. Moreover, the figures in the next section are a visual representation of the hypothesis and consequently, an updated conceptual framework for the five different REFRAME regions. If the variable and the H box in the figures contained in the next section are bold it means that they influence the variable at the end of the arrow. The percentage in the figure means how much of that variable can be explained by the bold variables at the opposite side of the arrow. Furthermore, the numbering by the arrow indicates which is most important and then in descending order (Please refer to Appendix 11.11 for the multiple regression models with additional information).

# 4.4 Västra Götaland, Sweden - Discussing the Multiple Regression Analysis 4.4.1 Multiple Regression Analysis (Intention)

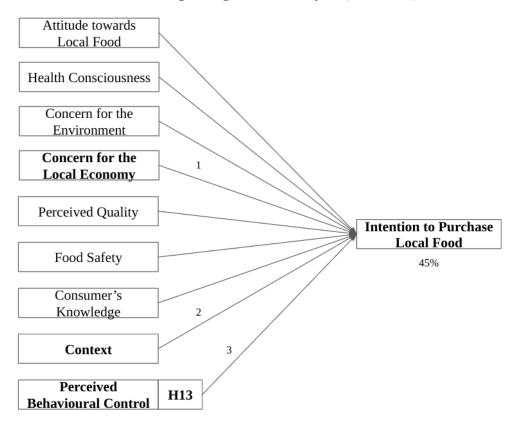


Figure 9: Updated conceptual framework Västra Götaland (Sweden) - Intention on all predictor variables.

## Intention regressed on concern for the local economy, context, and perceived behavioural control

The updated conceptual framework, figure 9, gives a good prediction as 45% of the intention to purchase local food can be explained by the concern for the local economy, context, and perceived behavioural control. The concern for the local economy causes the most change in the intention to purchase local food. So, the higher the concern for the local economy, the higher the intention to purchase local food. This is in line with the literature review that consumers have linked purchasing local food products with directly benefiting the local economy, such as farmers and communities (Zepeda & Leviten-Reid, 2004, Feldmann & Hamm, 2015).

Besides concern for the local economy, the context and perceived behavioural control were also significant and provided some interesting insights. First, the regression reveals the more favourable the context in terms of "availability, price, complexity, and inconvenience" (Feldmann & Hamm, 2015), the higher the intention to purchase

local food products. Secondly, the importance of perceived behavioural control is shown. So, the easier the people in Västra Götaland perceive local food purchasing, the higher the intention to purchase local food.

# 4.5 West-Flanders, Belgium - Discussing the Multiple Regression Analysis 4.5.1 Multiple Regression Analysis (Attitude and Intention)

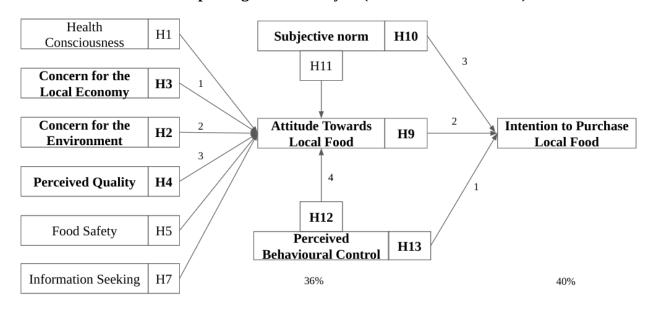


Figure 10: Updated conceptual framework West-Flanders (Belgium) - Attitude and intention regressed on predictor variables.

## Attitude regressed on concern for the local economy, concern for the environment, perceived quality, and perceived behavioural control

The updated conceptual framework, figure 10, gives a good prediction as 36% of the attitude towards local food is caused by the concern for the local economy, concern for the environment, perceived quality, and perceived behavioural control. Moreover, they can positively and significantly predict the attitude towards local food among the consumers in West-Flanders, Belgium.

The predictor variable concern for the local economy causes the most change in the attitude towards local food. Therefore, the consumer links purchasing local food to supporting local farmers and companies. From the literature review, it was discovered that supporting farmers is one of the main reasons for consumers to purchase local food (Cranfield, Henson, & Blandon, 2012). This research into West-Flanders further confirms it to be one of the main reasons and that the well-established predictor variable has a positive and significant effect on the attitude towards local food (Zepeda & Leviten-Reid, 2004, Feldmann & Hamm, 2015).

After the concern for the local economy the variable concern for the environment also positively and significantly predicts attitude towards local food. Going back to the literature, according to Zepeda et al. (2009) two things motivate local food shoppers which are environmental and community concerns. This is also seen in the outcomes of West-Flanders. The respondents strongly feel that the current approach to the environment is destroying it and that actions need to be taken to combat this.

The perceived quality also positively and significantly predicts the attitude towards local food; this further closes the literature gap identified by Kumar et al. (2018). As the perceived quality of local food in West-Flanders increases, the attitude towards local food increases.

## Intention regressed on subjective norm, attitude towards local food, and perceived behavioural control

The second multiple regression analysis looks at the intention to purchase local food products regressed on the attitude towards local food, perceived behavioural control, and subjective norm. The updated conceptual framework, figure 10, shows that all predictor variables can strongly and significantly influence the intention to purchase local food. The model gives a good prediction as 40% of the intention to purchase local food is explained by subjective norm, attitude towards local food, and perceived behavioural control.

This research mainly explored the attitude towards local food, although the variable causing the most change in the intention to purchase local food is the perceived behavioural control. Therefore, the increase in the perceived ease of purchasing local food products, the higher the intention to purchase local food products. The attitude towards local food followed behind with a positive and significant influence on the intention to purchase local food. This finding is in line with previous research, whereby the relation between attitude and intention is strong and well established (Kumar & Smith, 2018). Lastly, the subjective norm was also positively and significantly regressed on the intention to purchase local food. Therefore, the utilization of social influence to increase the intention to purchase local food products is of interest and something which will be further touched upon in the conclusions chapter (Kumar & Smith, 2018).

The perceived behavioural control came forth as the most significant change maker in the intention to purchase local food. Previous research has shown that perceived behavioural control has a significant effect on the intention to purchase local food products (Ajzen, 2015). This research further confirms this, and for that reason, it is recommended to carry out further research into the role of perceived behavioural control in West-Flanders.

# 4.6 Wesermarsch District, Germany - Discussing the Multiple Regression Analysis

#### 4.6.1 Multiple Regression Analysis (Attitude and Intention)

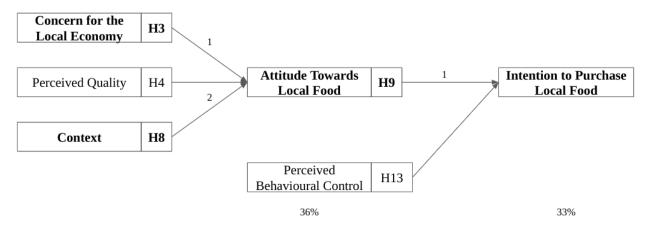


Figure 11: Updated conceptual framework Wesermarsch District (Germany) - Intention and attitude regressed on predictor variables. (It should be noted that the outcomes for the Wesermarsch District are only indicative because of the number of respondents acquired, which has implications on the representativeness and generalizability (See Appendix 5.6.3 for additional justification))

#### Attitude regressed on concern for the local economy and perceived behavioural control

The quantitative analysis first investigated the attitude towards local food being regressed upon the predictor variables. As you can see from the conceptual framework, figure 11 shows three predictor variables included in the updated conceptual framework forthcoming from the multiple regression analysis.

The updated conceptual framework gives a good prediction as 36% of the attitude towards local food is explained by the concern for the local economy and perceived behavioural control. With that being said the updated conceptual framework showed that the concern for the local economy and context can positively and significantly predict the attitude towards local food among the consumers in Wesermarsch District, Germany.

The concern for the local economy causes the most change in the attitude towards local food. Therefore, the consumer links purchasing local food to supporting local farmers and companies. From the literature review, it was discovered that supporting farmers is one of the main reasons consumers purchase local food (Cranfield, Henson, & Blandon, 2012). This research into Wesermarsch District further confirms it to be one of the main reasons and that the concern for the local economy has a positive and significant effect on the attitude towards local food (Zepeda & Leviten-Reid, 2004, Feldmann & Hamm, 2015).

The variable context also positively and significantly predicts attitude towards local food. Therefore, creating a favourable context around the purchasing of local food products means a higher attitude towards these products, and subsequently the intention to purchase the local food products.

#### Intention regressed on attitude towards local food and perceived behavioural control

The second multiple regression analysis looked at the intention to purchase local food products regressed on the predictor variables attitude towards local food and perceived behavioural control. The updated conceptual frameworks, figure 11, shows that the predictor variable attitude towards local food can strongly and significantly influence the intention to purchase local food. The model gives a good prediction as 33% of the intention to purchase local food products is explained by the attitude towards local food and perceived behavioural control.

This research investigates the relationship between attitude towards local food and the intention to purchase set local food. This relationship has been found in the Wesermarsch District. Already firmly confirmed by previous research in this relationship (Kumar & Smith, 2018) Moreover, the increasing consumer attitudes towards local foods is highly encouraged as it increases the intention. This could be achieved by focusing on the predictor variables discovered in the regression on the attitude towards local food, such as on the variable concern for the local economy. The variable subjective norm was not included; as previously mentioned, this construct was not internally reliable. It is recommended for future research to add additional statements to the measurement of subjective norm in the Wesermarsch District, Germany.

## 4.7 Denmark - Discussing the Multiple Regression Analysis

#### 4.7.1 Multiple Regression Analysis (Attitude and Intention)

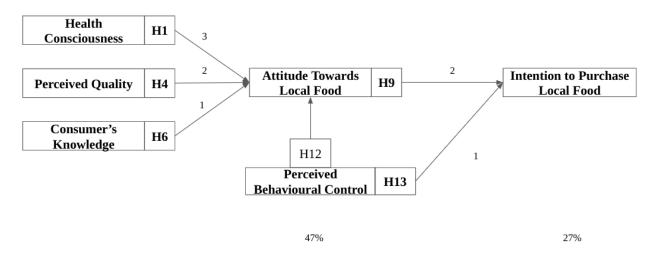


Figure 12: Updated conceptual framework Denmark - Intention and attitude regressed on predictor variables. (It should be noted that the outcomes for the Denmark are only indicative because of the number of respondents

acquired, which has implications on the representativeness and generalizability (See Appendix 5.6.3 for additional justification))

#### Attitude regressed on consumer's knowledge, perceived quality, and health consciousness

The conceptual framework for Denmark, figure 12, gives a good prediction as 47% of the attitude towards local food is explained by the consumer's knowledge, perceived quality, and health consciousness. With that being said, the updated conceptual framework showed that the predictor variables consumer's knowledge, perceived quality, health consciousness can positively and significantly predict the attitude towards local food among the consumers in Denmark.

The predictor variable consumer's knowledge causes the most change in the attitude towards local food. Therefore, as the consumer's knowledge increases with regards to local food, the attitude towards local food increases. For instance, as the consumer becomes more aware of local food's advantages, the attitude towards local food increases and subsequently also the intention to purchase local food products.

In addition, the perceived quality positively and significantly predicts the attitude towards local food and this further closes the literature gap identified by Kumar et al. (2018). As the perceived quality increases (For instance, freshness and taste) the attitude towards local food increases.

Finally, health consciousness also positively and significantly predicts attitude towards local food with a regression. As health consciousness increases the attitude towards local food increases. From the literature, it can be seen that health is one, if not the most mentioned factor. Previously conducted research shows that consumers tend to link local food products with healthy eating, thereby being health-conscious (European Parliament, 2016).

#### Intention regressed on attitude towards local food and perceived behavioural control

The second multiple regression analysis looked at the intention to purchase local food products regressed on the predictor variables attitude towards local food and perceived behavioural control. The updated conceptual framework, figure 12, shows that the predictor variable attitude towards local food and perceived behavioural control can strongly and significantly influence the intention to purchase local food. The model gives a good prediction as 27% of the intention to purchase local food products is explained by the attitude towards local food and perceived behavioural control.

This research mainly explored the attitude towards local food, although the variable causing the most change in the intention to purchase local food is the perceived behavioural control. Therefore, the increase in the perceived ease of purchasing local food products, the higher the intention to purchase local food products. The perceived behavioural

control came forth as the biggest change maker in the intention to purchase local food. Previous research has shown that perceived behavioural control has a significant effect on the intention to purchase local food products (Ajzen, 2015). This research confirms this, and for that reason, it is recommended to research the role of perceived behavioural control in Denmark.

The attitude towards local food followed behind with a positive and significant influence on the intention to purchase local food. This finding is in line with previous research, whereby the relation between attitude and intention is strong and well established (Kumar & Smith, 2018).

## 4.8 Northern Netherlands - Discussing the Multiple Regression Analysis

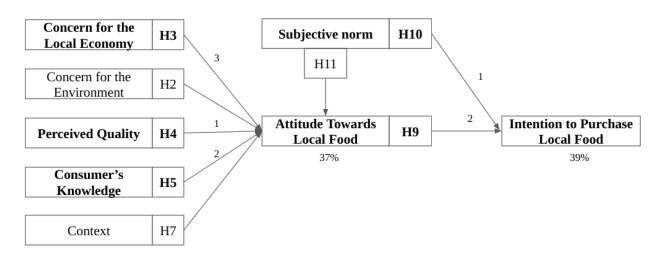


Figure 13: Updated conceptual framework Northern Netherlands - Intention and attitude regressed on predictor variables.

#### 4.8.1 Multiple Regression Analysis (Attitude and Intention)

## Attitude regressed on perceived quality, consumer's knowledge, and concern for the local economy

The quantitative analysis first looks at the attitude towards local food being regressed upon the predictor variables, figure 13. This shows that the perceived quality, consumer's knowledge, and concern for the local economy can positively and significantly predict the attitude towards local food among the consumers (mainly students in this research) in the Northern Netherlands. The updated conceptual framework gives a good prediction as 37% of the attitude towards local food is explained by perceived quality, consumer's knowledge, and concern for the local economy.

It can be seen that the predictor variable perceived quality causes the most change in the variable attitude towards local food. The variable perceived quality was a gap in the literature identified by Kumar et al. (2018) and is closed

through these findings. Similarly, the consumer's knowledge obtained from the Alphabet Theory was a gap in the literature in regards to the context of the Northern Netherlands. The concern for the local economy was well established from previous research to have a positive and significant effect on the attitude towards local food. These findings further confirm that effect in the context of the Northern Netherlands. Moreover, the results have implications for marketers chasing the highest consumption of local food as they could utilize these findings to positively increase the attitude towards local food products and thereby the intention to purchase the local food products.

#### Intention regressed on subjective norm and attitude towards local food

The second multiple regression analysis looks at the intention to purchase local food regressed on attitude towards local food and subjective norm. The updated conceptual framework, figure 13, shows that both predictor variables can strongly and significantly predict the intention to purchase local food. The model gives a good prediction as 39% of the intention to purchase for local food is explained by subjective norm and attitude towards local food.

Even though this research explored the relationship between the attitude towards local food and intention to purchase local food, the predictor variable causing the most change in intention to purchase local food is the subjective norm. The subjective norm has in previous research also shown its importance and states that marketers should utilize social influences to increase the purchasing of local food products (Kumar & Smith, 2018). The attitude towards local food follows closely behind subjective norm and is also of significant influence on the intention to purchase local food products. This is in line with previous research, whereby the relation between attitude and intention is strong and well established (Kumar & Smith, 2018).

# 5. Discussing Similarities and Difference & Critical Evaluation of Study

### 5.1 Similarities and Difference - First Multiple Regression Analysis

The first multiple regression analysis for all regions/countries show several similarities and differences that should be highlighted. First of all, the most prominent predictor variable is the concern for the local economy. This is in both West-Flanders and the Wesermarsch District the variable causing the most change in the attitude towards local food. The alternative regression for Västra Götaland showed that concern for the local economy had the biggest effect on the intention to purchase local food. This further illustrates the importance of the variable concern for the local economy among the different regions. The concern for the local economy is also positive and significant in the Northern Netherlands. Furthermore, the predictor variable perceived quality is also important and follows closely behind the variable concern for the local economy being positive and significant in three regions/countries. Another notable similarity is that the predictor variable consumer's knowledge for both Denmark and the Northern Netherlands. The variable context was also significant in both the Wesermarsch District and Västra Götaland (In Västra Götaland directly on the intention and in Wesermarsch District via the attitude towards local food). The differences are that several other predictor variables are of importance in the various regions and not found in the other regions. These include the variable concern for the environment and perceived behavioural control for West-Flanders on the attitude towards local food. For Denmark this is the variable health consciousness.

## 5.2 Similarities and Difference - Second Multiple Regression Analysis

The second multiple regression analysis shows several similarities and differences that should be noted. The most prominent predictor variable for nearly all regions is the perceived behavioural control except for in the Wesermarsch District and Northern Netherlands (Perceived behavioural control was also prominent in Västra Götaland but not the most on the intention to purchase local food). Although the perceived behavioural control causes the most change in intention to purchase local food, the predictor variable attitude towards local food was in all regions/countries positive and significant on the intention to purchase local food except Västra Götaland. The predictor variable's subjective norm was not internally reliable for many regions/countries and could not be included in the multiple regression analysis. Nevertheless, the subjective norm was present in West-Flanders and the Northern Netherlands as causing change in the intention to purchase local food.

## **5.3 Critical Evaluation of Study**

Overall, the study, including all regions/countries, has several limitations that should be considered when discussing the results. Due to the nature of this research in several countries simultaneously, only online distribution was employed. The sampling technique used was convenience sampling and snowball sampling. The number of

respondents acquired in Västra Götaland, West-Flanders, Northern Netherlands was successful because the minimum of 151 respondents were retrieved. Nevertheless, this is still the minimum, and more would have been better for generalization purposes. Moreover, for both the Wesermarsch District and Denmark, less than 100 respondents were retrieved. This has implications on the representativeness of the conclusions and implications, including the generalization of these outcomes. Also the Covid-19 pandemic could have implications on the outcomes of this research. Therefore, the results taking all this into account should be interpreted as such. (For additional information on the generalization implications please refer to Appendix 5.6.3) Although the minimum amount of respondents was acquired for the Northern Netherlands most of the respondents were students. This has consequences on the representativeness and generalizability of the result to the whole of the Northern Netherlands and should be taken into consideration when interpreting these.

Furthermore, the REFRAME partners were asked to spread the questionnaire under their own network and seek out and utilize other online channels and means to get the most representative sample possible. This hinders the representative of the study, as participants were not fully randomly selected. The questionnaire was originally in English and had to be translated to the respective languages of the participating countries. As the statements utilized for measuring the constructs were derived from English sources and worded carefully, translation errors could have occurred, thereby losing the essence of the statement. The translation was done by people that are native in that language so that these errors could be minimalized.

## 6. Conclusions

In conclusion, this research aimed to investigate the consumer attitudes towards local food products and the influence on the intention to purchase local food products in the five REFRAME regions and compare the similarities and differences between them. First, the literature was consulted on how the consumer attitude towards local food products are formed and the relation with the intention to purchase local food products. The conceptual framework was formed through the Theory of Planned Behaviour and Alphabet Theory. A gap in the literature is the utilization of the Theory of Planned Behaviour on a regional level. This has been successfully investigated due to the research conducted in the Northern-Netherlands. This study takes it to the next level by utilizing the Theory of Planned Behaviour in several regions spanning several countries.

Furthermore, this research also closes the gap in the literature with regards to the predictor variable perceived quality. Food safety, although measured, was not found to have an overall significant role in the attitude towards local food or intention to purchase local food for that matter. The conceptual framework is a visual representation of the main research question and the 13 hypotheses created to study the various relationships between the independent (predictor) and dependent (outcome) variables in the five REFRAME regions. The main research question is answered below for the various regions.

## 6.1 Västra Götaland (Sweden)

For Västra Götaland (Sweden) 159 usable questionnaire responses were retrieved via online means. The findings and analysis of this collected data showed that 1 out of the 13 hypotheses were supported. The reason being that the multiple regression analysis with regards to attitude towards local food was not possible. This because the variable attitude was not normally distributed, therefore the factors influencing attitude could not be identified. The multiple regression analysis carried out was an alternative to the first and second multiple regression analysis that could not be performed. All predictor variables were regressed on the intention to purchase local food. As can be seen from this regression, three predictor variables have a significant and positive effect on the intention to purchase local food. These three in descending order are the concern for the local economy, context, and perceived behavioural control. Even though the indirect influence of the predictor variables via the attitude variable could not be identified, their direct influence in the aforementioned variables was seen.

To encourage local food consumption in Västra Götaland (Sweden), this research's outcomes could be utilized. Marketers should utilize the fact that people are concerned for the local economy and that by purchasing local food products it could support the local farmers and businesses For instance, by communicating to consumers how the money spent on local farm products makes its way back to the local economy. Secondly, creating a favourable context for purchasing local food. For example, by clearly labelling local food so that it is easily recognizable, showing how the customer is receiving good value for money, and why the purchasing of local food products at a

premium price is worth it. Lastly, marketers of local food should play on the fact that the intention to purchase local food increases as the perceived ease to purchase local food increases. So, people in Västra Götaland purchase more local food when they experience a higher degree of self-efficacy or controllability. Therefore, the barriers and facilitators of purchasing local food should be investigated and mapped out so that marketers can utilize these insights to promote local food consumption.

# 6.2 West-Flanders (Belgium)

For West-Flanders in Belgium, 172 usable questionnaire responses were retrieved via online means. The findings and analysis of the collected data showed that 7 out of the 13 hypotheses were supported. The first regression analysis analysis revealed four predictor variables that have a significant and positive effect on the attitude towards local food. These four in descending order are concern for the local economy, concern for the environment, perceived quality, and perceived behavioural control. As can be seen, perceived quality has proven to be a predictor variable on the attitude towards local food, thereby lessening the literature gap. The second multiple regression analysis showed the predictor variables perceived behavioural control, attitude towards local food, and subjective norm all positively and significantly influence the intention to purchase local food products in descending order.

To encourage and motivate local food consumption in West-Flanders the outcomes of this research offers some avenues. Marketers should play on the fact that people are concerned for the local economy and that by purchasing local food products it could support the local farmers and businesses. For example, by letting consumers know how the money spent on local farm products makes its way back to the local economy. Also, the consumers are concerned for the environment, marketeers should utilize this fact by for instance visualizing what impact your purchase has on the environment, thereby becoming more aware of the consequences of their purchases. Furthermore, marketers should highlight the overall quality of local food, especially the freshness and taste. Marketers should in their marketing efforts to customers, include these insights into how consumers perceive local food products. Moreover, they should utilize the perceived behavioural control by seeing what barriers are faced by consumers and on the other side what are facilitators of local food purchase behaviour. The barriers faced include lack of availability and variety, inconvenience, high prices, and unclear or lacking information on origin of local food. The purchases of local food increases when consumers have a higher degree of self-efficacy and controllability. In addition, marketers should also highlight that besides the attitude aspects, the focus should be on subjective norms by creating social influence among people to consume local food products. These insights apply to any marketer wanting to change the food consumption behaviour in West-Flanders.

# **6.3 Wesermarsch District (Germany)**

For Wesermarsch District Germany, 87 usable questionnaire responses were retrieved via online means. The findings and analysis of theis collected data showed that 3 out of the 13 hypotheses were supported. The findings

from the first multiple regression analysis show that concern for the local economy and context significantly and positively influence the attitude towards local food. The attitude towards local food was found to have a significant and positive effect on the intention to purchase local food from the second multiple regression analysis.

The results of this study could be used by marketers in Wesermarsch District to stimulate local food consumption. First of all, marketers should play on the fact that people are concerned for the local economy and that it could support the local farmers and businesses by buying local food products. Namely, by communicating to consumers how the money spent on local farmers products makes its way back to the local economy. Secondly, a favourable context should be created around the purchasing of local food (e.g. easily available, clearly labelled local food so that it is easily recognizable, showing how the customer is receiving good value for money, and why the purchasing of local food products at a premium price is worthwhile). This will increase the attitude towards local food and thereby in turn the intention to purchase local food products. The attitude towards local food could be changed in a positive way by focusing on the discovered variables and creating marketing messages that highlight the benefits of local food.

#### 6.4 Denmark

For Denmark, 78 usable questionnaire responses were retrieved via online means. The findings and analysis of the collected data showed that 5 out of the 13 hypotheses were supported. The findings from the first multiple regression analysis show that consumer's knowledge, perceived quality, and health consciousness significantly and positively influence the attitude towards local food. The perceived behavioural control and attitude towards local food were found to have a significant and positive effect on the intention to purchase local food (according to the second multiple regression analysis).

To encourage the consumption of local food in Denmark, the outcomes of this research could be used by marketers. First of all, marketers should try to increase the consumers' overall knowledge regarding local food (e.g. seasonal food products, advantages of local food, the origin of local food, and how to distinguish between local and non-local food products). Secondly, local food qualities should be emphasized, for instance the freshness and taste of local food products. Thirdly, marketers should emphasize the importance of being aware of one's health and how local food contributes to the state of your health. For instance, marketers could highlight the benefits of eating local food by providing the connection between freshness and nutritional value, environment, and health. All these predictor variables will increase a positive attitude towards local food, which will mean a higher intention to purchase local food. It should also be pointed out that besides that, the attitude aspect marketers should focus on the perceived behavioural control. Therefore, the barriers and facilitators of purchasing local food should be mapped out so that marketers can utilize these insights to promote local food consumption.

#### **6.5 Northern Netherlands**

For the Northern Netherlands, 152 usable questionnaire responses were retrieved via online means. The findings and analysis of the collected data showed that 5 out of the 13 hypotheses were supported and which provide interesting insights into the Northern Netherlands consumer attitude on the intention to purchase local food. The findings show that perceived quality, consumer's knowledge, and concern for the local economy significantly and positively influences the attitude towards local food (First multiple regression analysis). The second multiple regression analysis showed that the attitude towards local food and subjective norm positively and significantly influences the intention to purchase local food products.

To encourage local food consumption in the Northern Netherlands marketers could utilize these predictor variables. For example, by highlighting to consumers the quality of local food (e.g. taste or freshness) and how purchasing a local food product provides benefits to the local economy (e.g. local farmers or businesses). Moreover, the overall consumer's knowledge on local food should be increased (e.g. on seasonal products, advantages of local food, local food origin, and how to distinguish between local and non-local food). This will result in an increase and a positive attitude towards local food which will mean a higher intention to purchase local food. In addition, marketers should be aware that besides the attitude aspects, the influence of family and friends (the subjective norm) is important for the intention to purchase local food among the students in the Northern Netherlands. Social media campaigns and peer to peer campaigns could be a way of increasing the intention to buy local products.

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# **Appendixes**

# **Appendix 1: Definitions of Local Food**

So, what can be understood by local food? According to Feldmann et al. (2015), there is not a universal definition for local food and enforcement through standardized labels is challenging to put into practice. Thus, identifying local food products is complex, and the labels representing local might not meet the expectations/criteria set by a person as meaning local. Nevertheless, several factors can be considered in the assessment of local such as "social embeddedness, distance, geographical boundaries, and even perceived product attributes" (Cranfield, Henson, & Blandon, 2012) and political boundaries (cities, provinces, and countries) (Zepeda & Leviten-Reid, 2004).

The most common factor in assessing local is the distance, which is sometimes also expressed in driving hours (Feldmann & Hamm, 2015). The distance that a person is willing to commute for local food is influenced by the context, such as "place of residence, time of residence in a place, type of product, and respective season" (Feldmann & Hamm, 2015, Cranfield, Henson, & Blandon, 2012). Contemplating the factor distance into a quantifiable number attached to the concept of local food is found in the term locavores. The word locavores describes those people that identify themselves as pure local consumers, and the earliest definition included a boundary of 100 miles (160.93km) as local (Thilmany, Bond, & Bond, 2008). In the context of this research among the five different European countries varying in size, this definition would cover a region too large to be considered local. A definition more suited for this area assessment of local is that proposed by the Joint Research Centre Scientific, and Policy Reports referred to by the European Parliament (2016) stating "a food system in which foods are produced, processed and retailed within a defined geographical area (depending on the sources, within a 20 to 100 km radius approximately)". This definition is based on geographic area and consists of a suitable radius in the five countries to identify local. Hence, the most convenient and accurate boundary would be that of a political boundary. So, 'local food' in the context of this research refers to the food produced and sold in the respective regions/countries, as mentioned in the introduction. This established definition is further altered and translated for the various regions in this study. Appendix 1.1, 1.2, 1.3, 1.4, and 1.5 shows the adaptation by the various regions of this definition and additional clarification if applicable.

# Appendix 1.1 Definition of Local Food in Västra Götaland, Sweden

The following definition is that for local food in Västra Götaland is the following: "Termen lokal mat som avses i enkäten är mat som producerats och sålts i Västra Götaland.". For a map of the specified region see figure 4, in the method section. Also, to see how the definition is used in the questionnaire, please refer to appendix 4.2.

## Appendix 1.2 Definition of Local Food in West-Flanders, Belgium

The definition for local food in West-Flanders in Belgium is the following: "De term "lokaal voedsel" in de context van deze vragenlijst verwijst naar het voedsel geproduceerd en verkocht in West-Vlaanderen." The allocated region in question can be seen outlined in figure 5, in the method section. Moreover, see appendix 4.3 to observe how the definition is incorporated into the questionnaire for West-Flanders.

## Appendix 1.3 Definition of Local Food in Wesermarsch District, Germany

The definition for local food in Wesermarsch District in Germany is the following: "Der Begriff "Lokale" im Kontext dieses Fragebogens bezieht sich auf die in der Wesermarsch hergestellten und verkauften Lebensmittel." The chosen region can be seen outlined in figure 6, in the method section. Furthermore, see appendix 4.4 to observe how the definition is woven into the questionnaire for Wesermarsch District.

## Appendix 1.4 Definition of Local Food in Denmark

The definition of local food identified through the literature has been altered based on contact with the Reframe partner, Laurids Christensen, in Denmark. The definition still adheres to the 20 to 100 km radius as found in the literature as the new definition is the "Begrebet "lokale fødevarer" i dette spørgeskema referer til danske fødevarer købt inden for en radius af 50 km" (See appendix 4.5, for the definition in the questionnaire). The whole country has been chosen for this study as the term 'local' in Denmark often refers to terroir qualities more than the distance to production (For a map of Denmark refer to figure 7). Moreover, the population density in Denmark is very much focused around the national capital city Copenhagen. So the definition local as was utilized in the research into the Northern Netherlands is not Applicable in Denmark. Additionally, the retail supermarket chains in Denmark, on the other hand, define 'local' as 'produced in Denmark'.

# Appendix 1.5 Definition of Local Food in Northern Netherlands

The definition for local food in the Northern Netherlands is the following: "De term "lokaal voedsel" in de context van deze vragenlijst verwijst naar het voedsel geproduceerd en verkocht in Noord-Nederland, dat wil zeggen: de provincies Groningen, Friesland en Drenthe" The allocated region in question can be seen outlined in figure 8, in the method section. Moreover, see appendix 4.6 to observe how the definition is incorporated into the questionnaire for the Northern Netherlands.

# **Appendix 2: Literature Review Elaborated**

This Appendix provides additional reasoning and justification to the variables and theories included in the literature review.

## **Appendix 2.1 Health Consciousness**

The literature shows that health is one of the most mentioned factors which influences someone's attitude towards local food. Consumers regard local food systems to be directly benefiting one's health and that of the surrounding community as consumers tend to link local food products with healthy eating (European Parliament, 2016). Additionally, the concept of local food systems is often perceived as healthier compared to global food systems (Cranfield, Henson, & Blandon, 2012). These perceptions are fueled by the fact that the global food system is built upon industrialization and trade, which are reportedly the cause of negative implications on consumers' diet and health (Cranfield, Henson, & Blandon, 2012). Sustain (2002) further observed that food nowadays travels effortlessly across the globe, but is dependent on fossil fuels resulting in pollution. Also, the requirement for packaging, preservation, and farming practices has adverse effects on the produce (freshness and nutritional value), environment, and health (Sustain, 2002).

This so-called 'health consciousness' has also been referred to several times in other studies investigating attitudes towards local food (Kumar & Smith, 2018, Garbacz, 2018). People are health conscious when they are "aware and concerned about their state of well-being and are motivated to improve and/or maintain their health and quality of life, as well as preventing ill health by engaging in healthy behaviours and being self-conscious regarding health" (Michaelidou & Hassan, 2008). Previously conducted research has shown and validated health consciousness as a significant predictor of attitude towards local food (Kumar & Smith, 2018, Garbacz, 2018). Kumar et al. (2018), also showed that respondents would be willing to pay more for locally farmed products because of the health benefits.

On the basis of this knowledge the next hypothesis can be introduced: 'There is a positive relationship between health consciousness and attitude towards local food'. For the measurement of this variable four statements have been taken from the literature such as "I reflect on my health a lot" and "I am aware of changes in my health" (Kumar & Smith, 2018, Michaelidou & Hassan, 2008). All statements with explanations can be seen in Appendix 3.2, table 12.

# **Appendix 2.2 Concern for the Environment**

The environment is another predictor of attitude towards local food. The consumer recognizes that the current food system is responsible for destruction of the environment, such as pollution and deforestation. At the same time, the consumer associates local food products with more environmentally-friendly production processes that emit a lower

carbon footprint and reduction of the distance (food kilometers) the food needs to travel (European Parliament, 2016, Cranfield, Henson, & Blandon, 2012, Feldmann & Hamm, 2015, Zepeda & Deal, 2009)

Research done by Kumar et al. (2018) and Garbacz (2018) also shows the concern for the environment as a factor that shapes the consumer attitude towards local food, giving input for the following hypothesis in this study: 'There is a positive relationship between concern for the environment and attitude towards local food'. The measurement of this variable is done according to three statements. An example statement for measuring this variable is "The current approach to the environment is destroying it" (Kumar & Smith, 2018, Garbacz (2018). Please refer to Appendix 3.3, table 13 for all the statements and further justification.

## Appendix 2.3 Concern for the Local Economy

The concept of local food is shaped by food being produced, handled, and sold in an area where physical and economic activities take place and provide economic benefits to the region (Sustain, 2002). The predictor 'concern for the local economy' is therefore of relevance as the consumer shares this concept of local food. Moreover, research has shown that consumers link purchasing local food products with directly benefiting the local economy, such as farmers and communities (Zepeda & Leviten-Reid, 2004, Feldmann & Hamm, 2015). Besides, supporting farmers has been mentioned as one of the main reasons consumers purchase local food products (Cranfield, Henson, & Blandon, 2012). The research done by Kumar et al. (2018) also shows that concern for the local economy is a significant predictor of attitude towards local food.

The concern for the local economy is incorporated into this study in the form of the following hypothesis: 'There is a positive relationship between concern for the local economy and attitude towards local food'. The hypothesis testing will be done through two statements found in the literature. One of such statements has been tested to be successful as that of Kumar et al. (2018) "the purchase of local food products supports local companies". The additional statements and their reasoning can be found in Appendix 3.4, table 14.

Apart from the above mentioned predictors, the study by Kumar et al. (2018) mentions other potential predictors of consumer attitudes to local food that are still a gap in the literature on this topic. The potential predictors included perceived quality and food safety. These were explored in the Northern-Netherlands and showed exciting results, warranting the addition to this transnational research.

# **Appendix 2.4 Perceived Quality**

Perceived quality can be defined and interpreted in two manners. First, the degree to which the item or service delivers on key customer requirements and how reliably these are provided (Yee & San, 2011). Secondly, the perceived quality is not referring to the product or such but more to the consumer's judgement of the overall

excellence or superiority of the entity or service (Yee & San, 2011). The perceived quality plays an essential role in the consumer decision making of purchasing a product.

Consumers will compare the quality of a product with others, in relation to the price of the product category (Yee & San, 2011). The relation between price and perceived quality is a complex one, often referred to as value for money (Cranfield, Henson, & Blandon, 2012). So, in general, for a given price, a product that someone considers of higher perceived quality is judged as superior. The judgement of a product's quality often happens on both intrinsic attributes such as product performance and extrinsic features like country of origin (Yee & San, 2011). Therefore, the perceived quality could affect the attitude towards local food. The following hypothesis has been designed to test this possible relationship: 'There is a positive relationship between perceived quality and attitude towards local food'. The statements for measuring this variable embody the various aspects of perceived quality mentioned above. For instance, one statement utilized is "Local food is of higher quality than conventional food products" (Feldmann & Hamm, 2015). Please refer to Appendix 3.5, table 15, for all statements.

## **Appendix 2.5 Food Safety**

Last of the potential predictors from the study by Kumar et al. (2018) is food safety. The literature shows that many studies have revealed that consumers consider/view local foods to be safer than non-local food products (Cranfield, Henson, & Blandon, 2012, Thilmany, Bond, & Bond, 2008, Feldmann & Hamm, 2015). People with higher food safety concerns were more likely to purchase local food products (Kumar & Smith, 2018). Moreover, consumers felt that buying local food allowed them to be more knowledgeable and reassured the safety and quality of the food.

These findings justify the following hypothesis for testing: 'There is a positive relationship between food safety and attitude towards local food'. The measurement is done through two statements derived and constructed through the literature. These statements include "locally produced food is safer to consume compared to conventional food products" and "knowing the origins of a food product makes it feel safer to consume". Please refer to appendix 3.6, table 16, for an explanation on the chosen statements.

# **Appendix 2.6 Theory of Planned Behaviour**

This appendix provides additional information and background to the Theory Of planned Behaviour and utilization within this research. The use of the Theory of Planned Behaviour in general food purchase behaviour by Ajzen (2015) and the local context by Kumar et al. (2018) and Garbacz (2018) has proven effective, with the utilization of hypotheses conducting quantitative research. Also, the research carried out by Garbacz (2018) on attitudes and behaviour with regards to local food suggests investigations applying the Theory of Planned Behaviour should be done on a regional instead of a national level. Therefore, including the proposed definition of local food, section 2.2,

and sample area is a seamlessly perfect fit between the theory and to be studied areas. Figure 14, below gives additional context to the different variables introduced in figure 1.

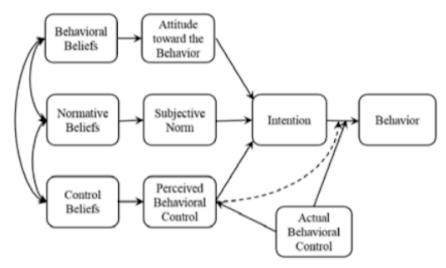


Figure 14: Theory of Planned Behaviour including behavioural beliefs, normative beliefs, control beliefs, and actual behavioural control (Ajzen, 2015).

From figure 14, it can be seen that "attitude, subjective norm, and perceived behavioural control are functions of salient beliefs that are behavioural, normative, and control beliefs, respectively (Shin, Hancer, & Song, 2016)".

## Appendix 2.6.1 Attitude toward the Behaviour

First, attitude toward the behaviour refers to the degree in which a person has a favourable or unfavourable evaluation of the behaviour being under consideration (Ajzen, 1991). The attitudes are based on the individual's behavioural beliefs, in essence, the perceived positive or negative outcomes of carrying out such behaviour and the importance of evaluations of the outcomes (Shin, Hancer, & Song, 2016). The consumer attitude has been discussed in section 2.3 and has resulted in this study's first hypothesis.

In this study, a thorough understanding of the consumer attitudes in the respective regions towards local food and the intention to purchase local food allows for insights into a potential relationship. This phenomenon can be morphed into a hypothesis for testing: 'Positive attitudes toward local food will have a positive impact on the intention to purchase local food'.

For the measurement of the variable consumer attitudes, several statements have been identified, and adapted for this study. The statements among others include "Local food tastes ..." and "Local food gives me a ... feeling".

These were chosen as they have often been utilized in research to assess someone's attitude towards food (Skallerud & Wien, 2019, Kumar & Smith, 2018). The statements are further elaborated on in appendix 3.1, table 11.

#### Appendix 2.6.2 Subjective Norm

Secondly, the subjective norm is a person's perception of a particular behaviour affected by referent people. These are people in one's immediate surroundings, such as parents and friends. These norms are founded in the person's normative beliefs, that is the perceived social pressure from others to carry out such behaviour (Ajzen, 1991, Shin, Hancer, & Song, 2016). Shin et al. (2016) research utilizing the Theory of Planned Behaviour attempted to show the relationship between the theory's varying components. Although the theory was proven statistically suitable in explaining sustainable food consumption behaviour, the hypothesis regarding the subjective norm on the intention to purchase sustainable food was not. However, it also mentioned that other researchers had discovered a relationship, and for that reason, it cannot be ignored. The inclusion of the subjective norm as a predictor variable is further supported by the research to consumer attitudes and intention to purchase local food products in the Northern Netherlands. In which the relationship between subjective norm and intention to purchase local food was strongly established (Kwant, 2020).

Thus, the next hypothesis formulated states: 'Subjective norm has a positive influence on the intention to purchase local food'. This variable is measured by utilizing two statements found in the literature. These statements include "most people I value would buy local food if available instead of conventional food" and "most people that are important to me think I should buy local food" (Kumar & Smith, 2008, Garbacz, 2018). The statements can also be seen in appendix 3.7, table 17, with a more in depth explanation of the chosen variables. Besides the relationship between subjective norm on intention, figure 1 or 19 also reveals that the subjective norm influences attitude. For that reason, the following hypothesis is constructed: 'There is a positive relationship between subjective norm and attitude' - providing insight into the role of subjective norm in the formation of attitudes towards local food in the five REFRAME regions of study.

#### Appendix 2.6.3 Perceived Behavioural Control

Next, the component of perceived behavioural control is the person's perceived ease or difficulty of carrying out a behaviour. The perceived control is dictated through control beliefs. These are the person's perceived beliefs about the existence of opportunities or hindrances for supporting or hampering the behaviour (Ajzen, 1991, Shin, Hancer, & Song, 2016). Some perceived hindrances with regards to purchasing local food include lack of variety and availability, high prices, inconvenience, and unclear origin of local food (Shin, Hancer, & Song, 2016). As can be seen from figure 14, perceived behavioural control directly influences intention and indirectly behaviour, through actual behavioural control.

Therefore, the potential relationship between perceived behavioural control and intention can be tested via the following hypothesis: 'perceived behavioural control will have a positive influence on the intention to purchase local food'. Similarly to the subjective norm the perceived behavioural control, see figure 1 or 14, has a (potential) underlying influence on the attitude towards local food. This sparks another hypothesis: 'There is a positive relationship between perceived behavioural control and attitude'. This variable is measured through the use of four statements that encompasses controllability and self-efficacy, derived from the literature (Shin, Hancer, & Song, 2016). An example statement is "I find buying local food easy" that measures the perceived ease or difficulty of performing the behaviour, in this case purchasing local food. For an overview of all the statements please refer to appendix 3.8, table 18.

#### **Appendix 2.6.4 Intention**

The intention in the Theory of Planned Behaviour is the willingness of a person to carry out a particular behaviour, and is presumably the best predictor of behaviour (Shin, Hancer, & Song, 2016). Therefore, the predecessor of the Theory of Planned Behaviour, namely the Theory of Reasoned Action was not viable as it does not consider "behaviors over which people have incomplete volitional control (Ajzen, 1991)". The variable intention will be measured with the use of three statements, such as the statement "I expect to purchase local food in the next month" adapted from the literature and altered on the basis of the questionnaire feedback of the research on consumer attitudes in the Northern-Netherlands. For the other statements with corresponding justifications, please see appendix 3.9, table 19.

# **Appendix 2.7 Alphabet Theory**

The Alphabet Theory functions only when a commonly agreed definition of the term local food has been identified. This further confirms the literature as elaborated upon in section 2.2 which explores the integral importance of a definition for local food to understand the research. The definition of local food will be taken into consideration when collecting data.

The 'Attitudes' in the Alphabet theory combines three components with a causal link to one another: values, beliefs, and norms that form the VBN Theory. The VBN Theory was developed by Stern et al. (1999) and "includes altruistic considerations as measures of predicting pro-environmental behavior" (Feldmann & Hamm, 2015).

It achieves this through the theory being constructed out of three other theories, namely value theory, the new ecological paradigm, and norm activation theory. First, the value theory encompasses, in essence, the values that underlie one's actions. This relates to this research as the underlying values to the consumer attitudes towards local food are explored through the predictor variables mentioned previously. These variables and their accompanying statements for measurement manifest these values. Second, is the new ecological paradigm that consists of a 12

point scale of environmental questions that measures the degree to which someone agrees the need to limit growth and be in balance with nature. The concept of the new ecological paradigm provides additional information on how attitudes are formulated. These are further incorporated in the statements of the predictor variables that are tested in how they influence the shaping of consumer attitudes. Lastly, the norm-activation theory, when looking at environmentalism, implies that moral norms are activated when a person becomes aware of the loss to themselves and others and accepts that their actions can negate these consequences.

So the VBN theory essentially predicates that values directly determine beliefs, which then affect norms, and in turn, intention and behaviour. The VBN theory is, therefore, a framework to predict the formation of attitudes. The ABC theory is based on the principle that the consumer acts in line with the gain they can expect from performing the given behaviour. This theory is mainly included in the Alphabet Theory because of the factor 'context', further explained in Appendix 2.7.4. Combining these two theories allows for the exploration of the attitude towards local food by utilizing the Alphabet Theory, which can be observed in figure 2. The hypothesis that takes this into consideration, the attitudes toward local food, has been previously formulated in section 2.7.

#### **Appendix 2.7.1 Demographics**

Among the Alphabet theory's various aspects in figure 2 is the factor 'demographics' on the attitude formation towards local food. This factor has been presented in previous research to have varying influences on the attitudes towards local food and behaviour. As described by Feldmann et al. (2015), this was used to show how personal characteristics could influence attitudes and behaviour. Furthermore, as stated by Ajzen et al. (2015) about demographic variables, they "are considered background factors in the theory of planned behaviour; they are expected to influence intentions and behaviour only indirectly by their effects on behavioural, normative, and control belief". Therefore, this factor will be taken into consideration in the research but will not be construed into a hypothesis. The demographic variables to be employed in this research include gender, age, household size, location, employment status, and income. These variables have been decided on through literature and the reasoning for choosing these can be observed in Appendix 3.13.

#### Appendix 2.7.2 Consumer's Knowledge

Also, the predictor variables 'Knowledge' and 'Information seeking' have shown a significant influence on the formation of attitudes (Zepeda & Deal, 2009). The first variable, knowledge, infers the comprehension of the subject, local food, in question. This would fortify the existing values of a person, which affect the beliefs and norms, resulting in an attitude towards local food purchase behaviour that is favourable or not. This facet of the Alphabet Theory is of importance and will, therefore, be studied in this research through the following hypothesis: 'There is a positive relationship between consumer's knowledge and attitude towards local food.' The testing of the hypothesis is done according to four statements extracted from the literature. Statements such as "I know where the

food I consume originates from" are used in the measurement. The other statements as well as further explanation and justification regarding the choice of statements can be found in appendix 3.10, table 20.

#### **Appendix 2.7.3 Information Seeking**

Next to consumer's knowledge is the predictor variable information seeking. Information seeking is that of how consumers collect information in this case on alternative food production methods. A consumer who investigates more into food production methods and general information around the behaviour will strengthen their knowledge and attitudes, which influences the subsequent purchase behaviour (Feldmann & Hamm, 2015). The following hypothesis that will contribute to the picture of the consumer attitudes formation is: 'There is a positive relationship between information seeking and attitude towards local food.' The measurement of information seeking required statements that embody actively searching for information. This can be seen in the statement, "I actively try to find out the origin of the food I am consuming". This statement is one of the three for measuring the variable information seeking, and the others can be found in appendix 3.11, table 21.

#### **Appendix 2.7.4 Context**

Lastly, the predictor variable 'context' relates to the formation of attitudes and the behaviour in question (Feldmann & Hamm, 2015). The ABC-theory is responsible for incorporating context and is essentially the constraints or incentives to purchase local food. The contextual factors that come up most frequently are "availability, convenience, price, seasonal variety, and the influence of specific product types associated with local food" (Feldmann & Hamm, 2015). These influences can have a positive or negative effect on the relationship between attitude and behaviour. These have to be taken into consideration when analyzing consumer attitudes on the intention to purchase local food. The diving into the consumer attitudes should occur on a broad level, as stated by Cranfield et al. (2012) "to begin to understand the appeal of local foods and how these attitudes must be changed if the consumption of such products is to be promoted". This reiterates the importance of exploring consumer attitudes on a broad level if local food products' consumption is to be encouraged. Moreover, looking at context, this results in the last hypothesis related to the influence on the construct attitude: 'There is a positive relationship between context and attitude towards local food'. The measurement of the variable context is according to four statements obtained from the literature. Please refer to appendix 3.12, table 22 for the statements with justification.

Additionally, the Alphabet Theory is relatively new, therefore is recommended by Feldmann et al. (2015) to focus future studies on "different socio-cultural background and other context-related national framework conditions influence attitudes and behavior differently". The utilizing of this study in five different countries and regions, would lessen this research gap. (Feldmann & Hamm, 2015, Kwant, 2020).

# **Appendix 3: Statements Measuring Variables**

This appendix is an addition to the literature review and method chapter, whereby this appendix looks into how the variables identified are to be measured. To get a full picture of the predictor variables below they should be read in conjunction with the literature review's corresponding section. Furthermore, see appendix 4 for how these variables are incorporated into the questionnaire.

## **Appendix 3.1 Measurement Attitude Towards Local Food**

The attitude towards local food will be measured utilizing four statements on a 7-point semantic differential scale. The number of statements is decided according to (Francis et al., 2004) as it specifies that four is the ideal for the measurement to attitude. The use of the semantic differential scale has been justified in Appendix 5.1. The four statements used to measure attitude towards local food can be seen in table 11.

Statements (Items)	Semantic Differential Scale (1-7)
Eating local food is	Very Unwise - Very Wise
Local food gives me a feeling	Very Unpleasant - Very Pleasant
When I eat local food I feel	Very Unsatisfied - Very Satisfied
Local food tastes	Very Bad - Very Good

Table 11: Measuring attitude towards local food.

The four statements in question were chosen based on the fact they are often used in research to assess someone's attitudes towards food objects or behaviour (Skallerud & Wien, 2019, Kumar & Smith, 2018). The statements evaluate attitude and the preference towards local food, which is essential in the consumption of set products.

# **Appendix 3.2 Measurement Health Consciousness**

From the literature review, it can be seen that there is a growing awareness of health-related concern that is making customers question the origin of food and the transparency of the food chain (Skallerud & Wien, 2019). These health-related concerns can be worded as health consciousness, a potential predictor of attitude towards local food. As described in section 2.4.1, the literature further shows that health consciousness is a significant predictor of attitude towards local food. Four statements from the literature were extrapolated to measure this predictor variable, with corresponding Likert scale for measurement (See table 12). The first and second statement were adapted from Kumar et al., (2018) as they had in previous research been proven to be successful in the purpose of measuring health consciousness. The next two statements were taken from the literature as they had shown success in similar research, namely on organic food (Hong, 2009, Michaelidou & Hassan, 2008).

Statements (Items)	Likert Scale - Strongly Disagree (1) to Strongly Agree (7)
I reflect on my health a lot	Consider the grown Diseases Consider the grown
I am aware of changes in my health	Strongly disagree - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree -
I am very self-conscious about my health	Strongly Agree
I take responsibility for the state of my health	

Table 12: Measuring health consciousness.

## **Appendix 3.3 Measurement Concern for the Environment**

The measurement of the predictor variable concern for the environment is warranted as it has been discovered to be a significant predictor of attitude towards local food. The statements were picked and construed consulting the literature. The statements were adapted from the research conducted by Kumar et al. (2018) and Garbacz (2018). The statements combine the general concern for the environment as well a statement relating this to environmentally friendly food products, as are local food products (Feldmann & Hamm, 2015). See table 13 for an overview of the statement for the measuring of concern for the environment.

Statements (Items)	Likert Scale - Strongly Disagree (1) to Strongly Agree (7)
The current approach to the environment is destroying it	Strongly diagram Diagram Comey that diagram
Unless actions are taken, the environmental damage is permanent	Strongly disagree - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree
When buying food, I choose environmentally friendly products	

Table 13: Measuring concern for the environment.

# **Appendix 3.4 Measurement Concern for the Local Economy**

The measurement of the predictor variable Concern for the Local Economy is done through the following three statements that can be seen in table 14. Research into the concern for the local economy has been conducted successfully by Kumar et al., (2018), as also pointed out in the literature review. This allowed for the adaptation of the statements for utilization in this research. The statements are in line with previous research conducting this predictor variable and encompass the strengthening of the local economy through supporting the local businesses and agriculture sector (Feldmann & Hamm, 2015).

Statements (Items)	Likert Scale - Strongly Disagree (1) to Strongly Agree (7)
The purchase of local food products supports local companies.	Strongly disagree - Disagree - Somewhat disagree -
The purchasing of local good products supports local farming.	Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree

Table 14: Measuring concern for the local economy.

# **Appendix 3.5 Measurement Perceived Quality**

The next predictor variable under investigation is the perceived quality. As portrayed in the literature review discussion, the overall message perceived quality is the perception of the quality of a product compared to others. Furthermore, according to Cranfield et al. (2012), the consumer often considered local food to be of better quality than alternatives. This is encapsulated in the first statement in table 15. The two other statements, keeping in line with the comparison to other options, look at the "consumers' judgment about an entity's or a service's overall excellence or superiority" (Yee & San, 2011). The literature on local food and particularly product quality describes the taste and freshness as most frequently mentioned (Feldmann & Hamm, 2015). These have been adapted into the statements below, table 15.

Statements (Items)	Likert Scale - Strongly Disagree (1) to Strongly Agree (7)
Local food is of higher quality than conventional food products	Strongly disagree - Disagree - Somewhat disagree -
Local food is tastier than conventional food products	Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree
Local food is fresher than conventional food products	

Table 15: Measuring perceived quality.

# **Appendix 3.6 Measurement Food Safety**

The measurement of the predictor variable Food Safety is done through the following two statements that can be seen in table 16. The literature states that consumers consider local food safer to consume compared to alternatives (Cranfield, Henson, & Blandon, 2012). Moreover, Cranfield et al. (2012) mention that consumers find local food products safer to consume than from afar, so knowing the origins of set food is essential in the perception of safe food. Only two statements are utilized, even though the research revealed this is not internally reliable. The decision to this was with regards to the questionnaire's length. This in hindsight showed no issue in the internal reliability for

the regions under study in this transnational research. These are what formed the basis for the statements as in table 16.

Statements (Items)	Likert Scale - Strongly Disagree (1) to Strongly Agree (7)
Locally produced food is safer to consume compared to conventional food products	Strongly disagree - Disagree - Somewhat disagree -
Knowing the origins of a food product makes it feel safer to consume	Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree

Table 16 Measuring food safety.

## **Appendix 3.7 Measurement Subjective Norm**

The predictor variable subjective norm is taken from the theory of planned behaviour. For the measuring of this variable, the previous research was consulted to see what statements had been used. The most commonly used statements in research for this variable can be seen in table 17, and are, therefore, those chosen to be used in this research looking at the Northern Netherlands. Moreover, these are validated through the use by Kumar et al. (2018) and Garbacz (2018) in their respective research into the same topics.

Statements (Items)	Likert Scale - Strongly Disagree (1) to Strongly Agree (7)
Most people I value would buy local food if available instead of conventional food	Strongly disagree - Disagree - Somewhat disagree -
Most people that are important to me think I should buy local food	Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree

Table 17: Measuring subjective norm.

# **Appendix 3.8 Measurement Perceived Behavioural Control**

The perceived behavioural control originates from the Theory of Planned Behaviour similarly to Subjective norm. This variable has been investigated previously, which therefore brings forth some validated statements. The first two statements in table 18 have been adapted from Kumar et al. (2018) and Garbacz et al. (2018). The other two statements have been added through Shin et al. 2016.

Statements (Items)	Likert Scale - Strongly Disagree (1) to Strongly Agree (7)
--------------------	---

I find buying local food easy	
If I want to, I could purchase local food products instead of conventional products	Strongly disagree - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree -
Whether I purchase local food is entirely up to me	Strongly Agree
The decision to purchase local food is not beyond my control	

Table 18: Measuring perceived behavioural control.

## **Appendix 3.9 Measurement Intention**

The measuring of the variable intention is of great importance as it is one of the two crucial variables together with attitude in answering the main research question. To measure the variable intention, the literature was consulted to observe how previous research had measured this variable. The theory of planned behaviour measurement through a questionnaire has been thoroughly researched and presents various statements (Francis et al., 2004, Garbacz, 2018). These statements can be seen in table 19 and have been adapted to suit this research. For instance, "in the next month" was initially "in the near future"; however, based on the testing of the questionnaire, these were adapted to consist of a time span.

Statements (Items)	Likert Scale - Strongly Disagree (1) to Strongly Agree (7)
I expect to purchase local food in the next month	Consider l'agree D'agree Consider l'agree
I want to purchase local food in the next month	Strongly disagree - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree -
I intend to purchase local food in the next month	Strongly Agree

Table 19: Measuring intention.

# Appendix 3.10 Measurement Consumer's Knowledge

The predictor variable consumer's knowledge is derived from Alphabet Theory. The central aspect of local food is that it originates from a particular place, as can be seen in the definition of local food in the literature review. The awareness of this by the consumer is only possible if they have the knowledge about where the food products they consume come from (Zepeda & Deal, 2009). This results in the first statement, as seen in table 20. Furthermore, the consumer should be aware of the advantages of local food and the importance of them to develop an intention to purchase (Feldmann & Hamm, 2015). This is worded into the second statement.

Furthermore, the literature frequently makes a comparison between local and non-local food (Feldmann & Hamm, 2015). A consumer's ability to distinguish between local and non-local food is an indication of their knowledge, which is encapsulated statement three. Moreover, the season of the year from the literature has an influence on the perception by people of local food. Furthermore, "products that were known to have been grown during the season positively mediated the interaction between attitudes and local food consumption" (Feldmann & Hamm, 2015). The consumers know the seasonality of food products, essential for local food products, and adapts their consumption accordingly. Therefore, this is condensed into the last statement in table 20.

Statements (Items)	Likert Scale - Strongly Disagree (1) to Strongly Agree (7)
I know where the food I consume originates from	
I am aware of all the advantages of local food compared to conventional food products	Strongly disagree - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree -
I can distinguish between local and non-local food	Strongly Agree
I adapt my food purchase choices based on seasonal food products	

Table 20: Measuring consumer's knowledge.

# **Appendix 3.11 Measurement Information Seeking**

The predictor variable information seeking is also derived from the Alphabet Theory. Information seeking is something that in the Alphabet Theory both influences the attitude towards local food as well as the consumers' knowledge. The statements used for this variable, as seen in table 21, were derived from Garbacz (2018) and Kumar et al. (2018). The statements were worded in a manner to represent the actively seeking of information Feldmann & Hamm, 2015).

Statements (Items)	Likert Scale - Strongly Disagree (1) to Strongly Agree (7)
I actively try to find out the origin of the food I am consuming	Strongly disagree - Disagree - Somewhat disagree -
I search for information on the way food was produced	Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree
I read food labels to find out more about the food product	

Table 21: Measuring information seeking.

## **Appendix 3.12 Measurement Context**

The last predictor variable under measurement is context. Looking at the first statement, table 22, it relates to context as the availability of local food is an essential influence on the possibility to purchase set food (Feldmann & Hamm, 2015). Moreover, context encompasses things such as "availability, price, complexity, and inconvenience" (Feldmann & Hamm, 2015). The second statement includes the availability, complexity, and inconvenience of purchasing local food and is therefore suited in measuring the variable context. The two subsequent statements come from "Local food is not perceived as expensive. Nevertheless, consumers are willing to pay a premium for local food" (Feldmann & Hamm, 2015).

Statements (Items)	Likert Scale - Strongly Disagree (1) to Strongly Agree (7)
Local food is available for purchasing	Strongly disagree - Disagree - Somewhat disagree -
I would buy more locally grown foods if they were labelled as local	Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree
Local food product are not too expensive	
I would pay a premium for local food products	

Table 22: Measuring context.

## **Appendix 3.13 Measurement Demographics**

The demographic variables in this research are considered background factors. Nonetheless, this information will provide information on the study areas' consumer profile and observe similarities and differences. The most frequently mentioned demographic variables in research covering local food include age, gender, income, education, and location (Francis et al., 2004, TJH Research and Strategy, 2011, Hughes, Camden, & Yangchen, 2016, Dukeshire, Garbes, Kennedy, Boudreau, & Osborne, 2011). These are to be included as well as the variable employment status and size of the household (Garbacz, 2018).

# Appendix 3.14 Measurement Main Categories of Food Consumption & Place of Purchase

From the definition of local food articulated in section 2.2, it can be seen that the 'type of product' is part of the classification of local. The main food consumption categories, according to Kumar et al. (2018), include: meat/poultry/fish, eggs/dairy, and fruits/vegetables. A combination of these with the categories utilized in the research into the Northern Netherlands results in the following food groups dairy, eggs, vegetables, fruit, bread,

meat, poultry, and fish. This list will be incorporated into the research tool and can be seen in Appendix 4, as it provides context to the consumer attitudes and subsequent intention on purchase behaviour.

Furthermore, the place of purchase gives insight into the context of what is being researched concerning the formation of the attitude on the purchase behaviour (Garbacz, 2018). The places of purchase include local bakeries, local butcher, local greengrocers, local market, supermarket, internet, and box-schemes (Geurts, van Bakel, van Rossum, C. T. M., de Boer, & Ocké, 2016, Garbacz, 2018). These have been altered per REFRAME region, based on the conversation between the researcher and the REFRAME partner. Please see the questionnaires in Appendix 4 on what places of purchase were included.

## Appendix 3.15 Background to variables in study

Research has shown that local food buyers put more effort into shopping for their food products (Feldmann & Hamm, 2015). This is important as it provides information on how their attitudes are formed and if these same attitudes lead to putting in more effort to shop for local food products. For this reason, the following questions were formulated and added to the questionnaire 'Do you make an effort to buy local food?', 'Do you ever buy local food?', and 'How often are you responsible for grocery shopping?' (Ajzen, 2015, Garbacz, 2018). To see how these are incorporated into the questionnaire, see appendix 4.

# **Appendix 4: Questionnaire Outline**

# Appendix 4.1 Questionnaire Outline (English) Questionnaire about Food ... (REFRAME Region)

Dear participant from the ... (REFRAME Region),

Thank you very much for participating in this questionnaire. My name is Jesper Kwant and this study was commissioned by the REFRAME project to find out more about consumers and their attitude towards local food in (REFRAME Region). Completing this questionnaire takes about 8-10 minutes, and your answers will be kept anonymous.

Your input is highly appreciated.

The term "local food" in the context of this questionnaire refers to the food produced and sold in ...

- Do you ever buy local food?Yes
- ☐ No (Skip question two)

Sometimes

2. Do you do your best to buy local food?

Never, Almost never, Occasionally, Frequently, Usually, Almost always, Always

3. Please indicate to what extent you agree with the following statements:

Eating local food is	Very Unwise - Very Wise
Local food gives me a feeling	Very Unpleasant - Very Pleasant
When I eat local food I feel	Very Unsatisfied - Very Satisfied
Local food tastes	Very Bad - Very Good

4. Please indicate to what extent you agree with the following statements:

I reflect on my health a lot	Carron alle disagnes Disagnes Companhet disagnes
I am aware of changes in my health	Strongly disagree - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree -
I am very self-conscious about my health	Strongly Agree
I take responsibility for the state of my health	

#### 5. Please indicate to what extent you agree with the following statements:

The current approach to the environment is destroying it	
Unless actions are taken, the environmental damage is permanent	Strongly disagree - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree
When buying food, I choose environmentally friendly products	

### 6. Please indicate to what extent you agree with the following statements:

The purchase of local food products supports local companies.	Strongly disagree - Disagree - Somewhat disagree -
The purchasing of local food products supports local farming.	Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree

#### 7. Please indicate to what extent you agree with the following statements:

Local food is of higher quality than non-local food products	Strongly disagree - Disagree - Somewhat disagree -
Local food is tastier than non-local food products	Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree
Local food is fresher than non-local food products	

#### 8. Please indicate to what extent you agree with the following statements:

Locally produced food is safer to consume compared to non-local food products	Strongly disagree - Disagree - Somewhat disagree -
Knowing the origins of a food product makes it feel safer to consume	Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree

### 9. Please indicate to what extent you agree with the following statements:

Most people I value would buy local food if available instead of non-local food	Strongly disagree - Disagree - Somewhat disagree -
Most people that are important to me think I should buy local food	Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree

### 10. Please indicate to what extent you agree with the following statements:

I find buying local food easy	Consider the grown Disease Consider the grown
If I want to, I could purchase local food products instead of non-local products	Strongly disagree - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree
Whether I purchase local food is entirely up to me	

The decision to purchase local food is not beyond my control	
11. Please indicate to what extent you agree with the	following statements:
I expect to purchase local food in the next month	Changle l'agree D'agree Canada let l'agree
I want to purchase local food in the next month	Strongly disagree - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree -
I intend to purchase local food in the next month	Strongly Agree
12. Please indicate to what extent you agree with the	following statements:
I know where the food I consume originates from	
I am aware of all the advantages of local food compared to non-local food products	Strongly disagree - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree
I can distinguish between local and non-local food	
I adapt my food purchase choices based on seasonal food products	
13. Please indicate to what extent you agree with the	following statements:
I actively try to find out the origin of the food I am consuming	Strongly disagree - Disagree - Somewhat disagree -
I search for information on the way food was produced	Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree
I read food labels to find out more about the food product	
14. Please indicate to what extent you agree with the	following statements:
Local food is available for purchasing	Changle l'agree D'agree Canada la l'agree
I would buy more locally grown foods if they were labelled as local	Strongly disagree - Disagree - Somewhat disagree - Neither agree nor disagree - Somewhat agree - Agree - Strongly Agree
Local food product are not too expensive	
I would pay a premium for local food products	
<ul><li>15. What is your gender?</li><li>□ Male</li><li>□ Female</li><li>□ Prefer not to say</li></ul>	

	Other
16.	What age category are you in?  15 - 24  25 - 34  35 - 44  45 - 64  65 - 74  75+
	How many people live in your household? (Including yourself)  1  2
0	3 4 or more
0	In which do you live?
	How often are you responsible for grocery shopping? Almost never, Occasionally, Frequently, Usually, Almost always, Always
	How often do you normally buy local food? (Only answer the following three questions if you are a buyer of local food)
Never, A	Almost never, Occasionally, Frequently, Usually, Almost always, Always
Local bu	Where and how often do you normally buy local food products? utcher, Local bakery, Local greengrocer, Local market, Supermarket, Internet, Box-scheme, Farm shops Almost never, Occasionally, Frequently, Usually, Almost always, Always
	How often do you buy local food products from the following food groups  //egetables, Fruit, Bread, Meat, Eggs, Poultry, Fish
-	Almost never, Occasionally, Frequently, Usually, Almost always, Always
23. 	What is your employment status? Full-time employed Part-time employed Self-employed

	Student (not employed)
	Retired
	Unemployed
	Other
24.	What is the highest level of education you have attained?
	Primary education
	Secondary education (High school diploma)
	Vocational education and training
	University of Applied Sciences
	University
25.	In what monthly household income category do you find yourself? (Net monthly income)
	Less than 2000 euro
	2000 to 2499 euro
	2500 to 2999 euro
	3000 to 3999 euro
	4000 to 4999 euro
	5000 to 5999 euro
	6000 to 6999 euro
	7000 to 7999 euro
	8000 to 8999 euro
	9000 to 9999 euro
	10000
_	10000 euro +

Thank you very much for participating in the study.

# Appendix 4.2 Questionnaire Outline - Västra Götaland (Swedish) Enkät om livsmedel Västra Götaland

Till dig som bor i Västra Götaland

Vi vill undersöka hur du som konsument ser på lokal mat i Västra Götaland. Syftet är att inom ramen för EU-projektet REFRAME lära oss mer om konsumenters attityd till lokal mat i Västra Götaland. Det tar maximum 10 minuter att fylla i svar på alla frågor. Tack för att du tar dig tid att svara på denna enkät.

Din feedback är värdefull för projektet!

Termen lokal mat som avses i enkäten är mat som producerats och sålts i Västra Götaland.

#### 1. Handlar du lokal mat?

Ja
Ibland
Nej

2. Anstränger du dig för att handla lokal mat?

Aldrig, Nästan aldrig, Ibland, Frekvent, Vanligtvis, Nästan alltid, Alltid

### 3. I vilken utsträckning håller du med om följande påståenden:

Att äta lokal mat är	Oklokt - Klokt
Lokal mat ger en känsla som är	Mycket otrevlig - Mycket Trevlig
När jag äter lokal mat känner jag mig	Mycket otillfredsställd – Mycket tillfredsställd
Lokal mat smakar	Mycket illa – Mycket gott

#### 4. I vilken utsträckning håller du med om följande påståenden:

Jag reflekterar ofta över min hälsa	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Jag är medveten om egna hälsoförändringar	Håller verkligen inte med – Håller inte med – Håller till viss del inte med – Håller varken med eller inte med –
Jag är mycket medveten om mitt hälsotillstånd	Håller med till viss del – Håller med - Håller verkligen med
Jag tar ansvar för mitt hälsotillstånd	

### 5. I vilken utsträckning håller du med om följande påståenden:

Nuvarande inställning till miljöläget är förödande	77011 11 1 77011 1 77011
Om vi inte vidtar åtgärder kommer miljöskadorna bli permanenta	Håller verkligen inte med – Håller inte med – Håller till viss del inte med – Håller varken med eller inte med – Håller med - Håller
När jag handlar mat väljer jag miljövänliga produkter	verkligen med

## 6. $\,$ I vilken utsträckning håller du med om följande påståenden:

Handel med lokal mat stöttar lokala företag	
	Håller verkligen inte med – Håller inte med – Håller till
Handel med lokala bra produkter stöttar lokalt lantbruk	viss del inte med – Håller varken med eller inte med – Håller med till viss del – Håller med - Håller verkligen med

#### 7. I vilken utsträckning håller du med om följande påståenden:

Lokal mat håller högre kvalitet än andra alternativ	Håller verkligen inte med – Håller inte med – Håller till
Lokal mat smakar bättre än andra alteranativ	viss del inte med – Håller varken med eller inte med – Håller med till viss del – Håller med - Håller verkligen
Lokal mat är mer färsk än andra alterantiv	med

### 8. I vilken utsträckning håller du med om följande påståenden:

Lokalt producerad mat är mer livsmedelssäker jämfört med andra alternativ	Håller verkligen inte med – Håller inte med – Håller till
Att känna till matens ursprung känns mer livsmedelssäkert	viss del inte med – Håller varken med eller inte med – Håller med till viss del – Håller med - Håller verkligen med

### 9. I vilken utsträckning håller du med om följande påståenden:

Mina vänner skulle välja lokal mat framför andra alterantiv om det fanns tillgängligt	Håller verkligen inte med – Håller inte med – Håller till viss del inte med – Håller varken med eller inte med –
De flesta av mina vänner förväntar sig att jag handlar	Håller med till viss del – Håller med - Håller verkligen
lokal mat	med

## 10. I vilken utsträckning håller du med om följande påståenden:

Jag tycker det är enkelt att handla lokal mat	
Om jag önskar kan jag välja lokal mat framför andra alternativ	Håller verkligen inte med – Håller inte med – Håller till viss del inte med – Håller varken med eller inte med – Håller med till viss del – Håller med - Håller verkligen med
Det är min ensak om jag handlar lokal mat eller inte	
Beslutet att välja att handla lokal mat är inte utanför min kontroll	

### 11. I vilken utsträckning håller du med om följande påståenden:

Jag kommer att handla lokal mat nästa månad	77011 11: 1 77011 1 77011 .:1
Jag vill handla lokal mat nästa månad	Håller verkligen inte med – Håller inte med – Håller till viss del inte med – Håller varken med eller inte med –
Jag har för avsikt att handla lokal mat nästa månad	Håller med till viss del – Håller med - Håller verkligen med

### 12. I vilken utsträckning håller du med om följande påståenden:

Jag vet varifrån maten jag äter kommer  Jag är medveten om alla fördelar med lokal mat jämfört  med alternativen	Håller verkligen inte med – Håller inte med – Håller till viss del inte med – Håller varken med eller inte med – Håller med till viss del – Håller med - Håller verkligen
Jag kan skilja på vad som är lokal mat eller inte	med
Jag anpassar min matinköp efter säsong	
13. I vilken utsträckning håller du med om följande	påståenden:
Jag försöker aktivt ta reda på ursprung på maten jag äter	Håller verkligen inte med – Håller inte med – Håller till viss del inte med – Håller varken med eller inte med –
Jag söker information om hur maten är producucerad	Håller med till viss del – Håller med - Håller verkligen med
Jag läser livsmedelsinformation på etiketten för att lära mig mer om produkten	
14. I vilken utsträckning håller du med om följande	påståenden:
Lokal mat är lättillgängligt för mig	Håller verkligen inte med – Håller inte med – Håller till viss del inte med – Håller varken med eller inte med –
Jag skulle köpa mer odlad lokal mat om de var märkta som lokal produkt	Håller med till viss del – Håller med - Håller verkligen med
Lokal mat är inte för dyr	
Jag är beredd att betala mer för lokal mat	
15. Vilket kön tillhör du?	
☐ Man	
☐ Kvinna	
<ul><li>□ Vill inte uppge</li><li>□ Annat</li></ul>	
16. Vilken ålderskategori tillhör du?	
□ 15 - 24 □ 25 - 34	
☐ 35 - 44	
☐ 45 - 64	
<b>□</b> 65 - 74	

□ 75+

17	. Hur många är ni i ert hushåll? (inklusive dig själv)
	1
	2
_	3
_	
	4 eller fler
18	. Vilken delregion bor du i?
	Sjuhärad
	Skaraborg
	Fyrbodal
	Göteborgsområdet med insjöriket
19	. Hur ofta är det du som handlar mat i ditt hushåll?
	drig, Nästan aldrig, Ibland, Frekvent, Vanligtvis, Nästan alltid, Alltid
Ai	urig, ivastan alurig, ibranu, Frekvent, vannigtvis, ivastan anuu, Antiu
20	
	. Hur ofta handlar du lokal mat?
Al	drig, Nästan aldrig, Ibland, Frekvent, Vanligtvis, Nästan alltid, Alltid
21	. Var och hur ofta handlar du ofta lokalt när det gäller:
Köttde	taljist, Bageri, Grönsakshandel, lokal matmarknad, Supermarket, Internet, Gårdsbutiker
Al	drig, Nästan aldrig, Ibland, Frekvent, Vanligtvis, Nästan alltid, Alltid
22	. Hur ofta handlar du lokala produkter inom dessa livsmedelskategorier:
	Grönsaker, Frukt, Bröd. Kött. Ägg, Fågel, Fisk
	drig, Nästan aldrig, Ibland, Frekvent, Vanligtvis, Nästan alltid, Alltid
711	urig, rustan arang, mana, rickvent, vanngtvis, rustan anda, rinta
23	. Vilken sysselsättningsgrad har du?
	Anställd heltid
	Anställd deltid
	Egenföretagare
	Student
	Pensionär
	Arbetslös
	Annat
7/	
4	Vilken är din uthildningsnivå?
	. Vilken är din utbildningsnivå? Grundskola
<u> </u>	. Vilken är din utbildningsnivå? Grundskola Gymnasieexamen

25.	Vilken ar ditt hushalls nettoinkomst per manad:
	Mindre än 20 695
	20 695 – 25 859
	25 859 – 31 032
	31 043 – 41 380
	41 391 – 51 728
	51 738 – 62 075
	62 086 – 72 423
	72 433 – 82 771
	82 781 – 93 118
	93 129 – 103 466
	103 476 +
	Jag avböjer att svara
	00000000000

## Appendix 4.3 Questionnaire Outline - West-Vlaanderen (Flemish) Vragenlijst over voeding in West-Vlaanderen

Beste deelnemer uit West-Vlaanderen,

Bedankt voor uw deelname aan deze vragenlijst. Mijn naam is Jesper Kwant en deze studie wordt uitgevoerd in opdracht van het Farmer Business+ om meer te weten te komen over consumenten en hun houding ten opzichte van lokale voeding in West-Vlaanderen. Het invullen van deze vragenlijst duurt ongeveer 8-10 minuten en uw antwoorden zijn anoniem.

Uw inbreng wordt zeer op prijs gesteld.

De term "lokaal voedsel" in de context van deze vragenlijst verwijst naar het voedsel geproduceerd en verkocht in West-Vlaanderen.













- 1. Koopt u lokaal eten?
- ☐ Ja
- Soms
- Nee
- 2. Doet u een inspanning om lokaal eten te kopen?

Nooit - Bijna nooit - Af en toe - Vaak - Meestal - Bijna altijd - Altijd

Het eten van lokaal voedsel is	Erg onverstandig - Erg verstandig
Lokaal voedsel geeft mij een gevoel	Erg onaangenaam- Erg aangenaam
Als ik lokaal voedsel eet, voel ik me	Erg ontevreden - Erg tevreden
Lokaal voedsel smaakt	Heel slecht - Heel goed

#### 4. Geef aan in hoeverre u het eens bent met de volgende stellingen:

Ik denk veel na over mijn gezondheid	Halamaal maa anaana Onaana Enigariaa maa anaana
Ik ben me bewust van veranderingen in mijn gezondheid	Helemaal mee oneens - Oneens - Enigszins mee oneens - Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens
Ik ben erg zelfbewust over mijn gezondheid	
Ik neem verantwoordelijkheid voor de toestand van mijn gezondheid	

#### 5. Geef aan in hoeverre u het eens bent met de volgende stellingen:

De huidige manier waarop er wordt omgegaan met het milieu is destructief	Helemaal mee oneens - Oneens - Enigszins mee
Tenzij er actie wordt ondernomen, is de milieuschade blijvend	oneens - Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens
Bij het kopen van voedsel kies ik voor milieuvriendelijke producten	

#### 6. Geef aan in hoeverre u het eens bent met de volgende stellingen:

De aankoop van lokale voedingsproducten ondersteunt lokale bedrijven	Helemaal mee oneens - Oneens - Enigszins mee oneens
De aankoop van lokale voedselproducten ondersteunt	- Niet eens, niet oneens - Enigszins mee eens - Eens -
de lokale landbouw	Helemaal mee eens

#### 7. Geef aan in hoeverre u het eens bent met de volgende stellingen:

Lokaal voedsel is van hogere kwaliteit dan niet-lokale voedselproducten	Helemaal mee oneens - Oneens - Enigszins mee oneens
Lokaal voedsel is lekkerder dan niet-lokale voedselproducten	- Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens

|--|

Lokaal geproduceerd voedsel is veiliger om te consumeren in vergelijking met niet-lokale voedselproducten	Helemaal mee oneens - Oneens - Enigszins mee oneens - Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens
Als u de oorsprong van een voedingsmiddel kent, voelt het veiliger om te consumeren	

#### 9. Geef aan in hoeverre u het eens bent met de volgende stellingen:

De meeste mensen die ik wa voedsel indien beschikbaar in voedsel	plaats van niet-lokale	Helemaal mee oneens - Oneens - Enigszins mee oneen - Niet eens, niet oneens - Enigszins mee eens - Eens -
De meeste mensen die belangr dat ik lokaal voedse	5	Helemaal mee eens

#### 10. Geef aan in hoeverre u het eens bent met de volgende stellingen:

Ik vind het gemakkelijk om lokaal voedsel te kopen	Halamaal maa anaan Onaana Enigariaa maa anaan
Als ik wil, kan ik lokale voedselproducten kopen in plaats van niet-lokale producten	Helemaal mee oneens - Oneens - Enigszins mee oneens - Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens
Ik beslis zelf of ik lokaal eten koop	
De beslissing om lokaal voedsel te kopen, ligt binnen mijn macht	

#### 11. Geef aan in hoeverre u het eens bent met de volgende stellingen:

Ik verwacht in de komende maand lokaal voedsel te kopen	Helemaal mee oneens - Oneens - Enigszins mee oneens
Ik wil in de komende maand lokaal voedsel kopen	- Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens
Ik ben van plan in de komende maand lokaal voedsel te kopen	

#### 12. Geef aan in hoeverre u het eens bent met de volgende stellingen:

Ik weet waar het voedsel dat ik consumeer vandaan komt	Helemaal mee oneens - Oneens - Enigszins mee oneens
Ik ben me bewust van alle voordelen van lokaal voedsel in vergelijking met niet-lokale voedselproducten	- Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens

Ik kan onderscheid maken tussen lokaal en niet-lokaal voedsel	
Ik pas mijn keuzes voor voedsel aankoop aan op basis van seizoensgebonden voedingsproducten	
13. Geef aan in hoeverre u het eens bent met de volg	ende stellingen:
Ik probeer actief de oorsprong te achterhalen van het voedsel dat ik eet	Helemaal mee oneens - Oneens - Enigszins mee oneens - Niet eens, niet oneens - Enigszins mee eens - Eens -
Ik zoek informatie over de manier waarop voedsel is geproduceerd	Helemaal mee eens
Ik lees voedseletiketten om meer te weten te komen over het voedingsproduct	
14. Geef aan in hoeverre u het eens bent met de volg	ende stellingen:
Lokaal voedsel is beschikbaar om te kopen	
Ik zou meer lokaal geteeld voedsel kopen als ze als lokaal werden bestempeld	Helemaal mee oneens - Oneens - Enigszins mee oneens - Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens
Lokale voedselproducten zijn niet te duur	
Ik zou extra betalen voor lokale voedselproducten	
15. Wat is uw geslacht?	
☐ Man	
☐ Vrouw	
☐ Zeg ik liever niet	
Other (Ander)	
16. In welke leeftijdscategorie valt u?	
□ 15 - 24	
□ 25 - 34 □ 25 - 44	
□ 35 - 44 □ 45 - 64	
□ 45 - 64 □ 65 - 74	
☐ 75+	
17. Hoeveel mensen wonen er in uw huishouden?	
<b>□</b> 1	
<b>□</b> 2	
□ 3	

0	4 of meer
18.	Wat is uw postcode?
Invul ba	alk
19.	Woon je in een stad of op het platteland?
	Stad
	Platteland
20.	Hoe vaak bent u verantwoordelijk voor boodschappen doen?
Nooit -	Bijna nooit - Af en toe - Vaak - Meestal - Bijna altijd - Altijd
21.	Hoe vaak koopt u normaal gesproken lokaal voedsel? (Alleen beantwoorden als u "Ja" of "Soms" op de eerste vraag van de vragenlijst hebt geantwoord)
Nooit -	Bijna nooit - Af en toe - Vaak - Meestal - Bijna altijd - Altijd
22.	Waar en hoe vaak koopt u normaalgesproken uw lokale voedselproducten (Alleen beantwoorden als u "Ja' of "Soms" op de eerste vraag van de vragenlijst hebt geantwoord)
Hoevep	oroduct, Streekproducent, Lokaal Afdeling Supermarkt, Internet, Boederijmarkten
Nooit -	Bijna nooit - Af en toe - Vaak - Meestal - Bijna altijd - Altijd
23.	Hoe vaak koop je lokale voedselproducten van de volgende voedselgroepen? (Alleen beantwoorden als u "Ja" of "Soms" op de eerste vraag van de vragenlijst hebt geantwoord)
Zuivel,	Groenten, Fruit, Brood, Vlees, Eieren, Gevogelte, Vis
Nooit -	Bijna nooit - Af en toe - Vaak - Meestal - Bijna altijd - Altijd
24.	Wat is uw arbeidsstatus? Fulltime werkzaam Parttime werkzaam Zelfstandig Student (niet in dienst) Gepensioneerd Werkloos Other (Ander)
25. 	Wat is het hoogste opleidingsniveau dat u heeft behaald? Basisonderwijs Secundair onderwijs

0	Professioneel Bachelor Master
26. •	In welke maandelijkse categorie van het gezinsinkomen bevindt u zich? (Netto maandinkomen) Minder dan 2000 euro 2000 tot 2499 euro
0	2500 tot 2999 euro 3000 tot 3999 euro 4000 tot 4999 euro
_ _ _	5000 tot 5999 euro 6000 tot 6999 euro 7000 tot 7999 euro 8000 tot 8999 euro
0	9000 tot 9999 euro 10000 euro + Zeg ik liever niet
Heel erg	s bedankt voor uw deelname aan het onderzoek!
A	ppendix 4.4 Questionnaire Outline - Wesermarsch District (German) Fragebogen zum Thema Lebensmittel in der Wesermarsch
Sehr gee	ehrte Teilnehmerinnen und Teilnehmer,
vom EU	Dank für Ihre Teilnahme an dieser Umfrage. Mein Name ist Jesper Kwant und diese Untersuchung wurde J-Interreg Projekt REFRAME in Auftrag gegeben, um mehr über Verbraucher und deren Einstellungen zu en Lebensmitteln herauszufinden. Das Ausfüllen dieses Fragebogens dauert ca. 8-10 Minuten und Ihre ten bleiben anonym. Mit Ihrer Teilnahme leisten Sie einen wertvollen Beitrag zum REFRAME-Projekt.
Der Beg	griff "Lokale" im Kontext dieses Fragebogens bezieht sich auf die in der Wesermarsch hergestellten und

1. Kaufen Sie lokale Lebensmittel?

☐ Ja

Manchmal

verkauften Lebensmittel.

→ Nein

2. Geben Sie sich Mühe, um Ihre lokalen Lebensmittel zu kaufen?

Niemals, fast nie, gelegentlich, oft, normalerweise, fast immer, immer

3. Bitte geben Sie an, inwieweit Sie den folgenden Aussagen zustimmen:

Lokale Lebensmittel zu verzehren ist	Sehr unvernünftig - Sehr vernünftig
Lokale Lebensmittel geben mir ein Gefühl	Sehr unangenehmes - Sehr angenehmes
Wenn ich lokale Lebensmittel esse, fühle ich mich	Sehr unzufrieden - Sehr zufrieden
Lokale Lebensmittel schmecken	Sehr schlecht - Sehr gut

#### 4. Bitte geben Sie an, inwieweit Sie den folgenden Aussagen zustimmen:

Ich denke viel über meine Gesundheit nach	
Ich bin mir über Veränderungen meiner Gesundheit bewusst	Stimme gar nicht zu - Stimme nicht zu - Stimme eher nicht zu - Weder noch - Stimme eher zu - Stimme zu - Stimme stark zu
Ich bin sehr reflektiert in Bezug auf meine Gesundheit	
Ich übernehme die Verantwortung für meine Gesundheit	

#### 5. Bitte geben Sie an, inwieweit Sie den folgenden Aussagen zustimmen:

Der derzeitige Umgang mit der Natur führt zu ihrer Zerstörung	Stimme gar nicht zu - Stimme nicht zu - Stimme eher nicht zu - Weder noch - Stimme eher zu - Stimme zu - Stimme stark zu
Wenn keine Maßnahmen ergriffen werden, ist der Umweltschaden dauerhaft	
Beim Kauf von Lebensmitteln wähle ich umweltfreundliche Produkte	

#### 6. Bitte geben Sie an, inwieweit Sie den folgenden Aussagen zustimmen:

Der Kauf lokaler Lebensmittel unterstützt lokale Unternehmen	Stimme gar nicht zu - Stimme nicht zu - Stimme eher
Der Kauf hochwertiger lokaler Lebensmittel unterstützt	nicht zu - Weder noch - Stimme eher zu - Stimme zu -
die lokale Landwirtschaft	Stimme stark zu

#### 7. Bitte geben Sie an, inwieweit Sie den folgenden Aussagen zustimmen:

Lokale Lebensmittel sind von höherer Qualität als nicht lokale Lebensmittel	Stimme gar nicht zu - Stimme nicht zu - Stimme eher nicht zu - Weder noch - Stimme eher zu - Stimme zu -
Lokale Lebensmittel sind schmackhafter als nicht lokale Lebensmittel	Stimme stark zu
Lokale Lebensmittel sind frischer als nicht lokale Lebensmittel	

#### 8. Bitte geben Sie an, inwieweit Sie den folgenden Aussagen zustimmen:

Lokal produzierte Lebensmittel sind sicherer zu konsumieren als nicht lokale Lebensmittel	Stimme gar nicht zu - Stimme nicht zu - Stimme eher
Das Wissen über die Produktherkunft erhöht das Sicherheitsgefühl für den Verzehr	nicht zu - Weder noch - Stimme eher zu - Stimme zu - Stimme stark zu

#### 9. Bitte geben Sie an, inwieweit Sie den folgenden Aussagen zustimmen:

Ich schätze, dass die meisten Menschen lokale statt überregionale Lebensmittel kaufen würden, wenn sie verfügbar wären	Stimme gar nicht zu - Stimme nicht zu - Stimme eher nicht zu - Weder noch - Stimme eher zu - Stimme zu -
Die meisten mir nahestehenden Leute denken, dass ich lokale Lebensmittel kaufen sollte	Stimme stark zu

#### 10. Bitte geben Sie an, inwieweit Sie den folgenden Aussagen zustimmen:

Ich finde es einfach, lokale Lebensmittel zu kaufen	Cairmana gan ni aha an Cairmana ni aha an Cairmana ah an
Wenn ich möchte, könnte ich lokale Lebensmittel anstelle von überregionalen Produkten kaufen	Stimme gar nicht zu - Stimme nicht zu - Stimme eher nicht zu - Weder noch - Stimme eher zu - Stimme zu - Stimme stark zu
Ob ich lokale Lebensmittel kaufe, liegt ganz bei mir	
Die Entscheidung, lokale Lebensmittel zu kaufen, liegt nicht außerhalb meiner Kontrolle	

#### 11. Bitte geben Sie an, inwieweit Sie den folgenden Aussagen zustimmen:

Ich werde im nächsten Monat auf jeden Fall lokale Lebensmittel kaufen	Stimme gar nicht zu - Stimme nicht zu - Stimme eher
Ich will im nächsten Monat lokale Lebensmittel kaufen	nicht zu - Weder noch - Stimme eher zu - Stimme zu - Stimme stark zu
Ich versuche im nächsten Monat lokale Lebensmittel zu kaufen.	

#### 12. Bitte geben Sie an, inwieweit Sie den folgenden Aussagen zustimmen:

Ich weiß, woher meine Lebensmittel stammen	Cairmana gan ni aha an Cairmana ni aha an Cairmana ah an
Ich bin mir aller Vorteile lokaler Lebensmittel gegenüber nicht lokalen Lebensmitteln bewusst	Stimme gar nicht zu - Stimme nicht zu - Stimme eher nicht zu - Weder noch - Stimme eher zu - Stimme zu - Stimme stark zu
Ich kann zwischen lokalem und nicht lokalem Essen unterscheiden	
Ich passe meine Kaufentscheidungen für Lebensmittel auf saisonalen Verfügbarkeiten an	

l3.	Bitte geben	Sie an,	inwieweit S	Sie den	folgenden	Aussagen z	ustimmen:

□ Berne

13. Ditte geben sie an, inwieweit sie den folgenden i	russagen zustimmen.
Ich versuche aktiv, die Herkunft der Lebensmittel zu ermitteln, die ich verbrauche	Stimme gar nicht zu - Stimme nicht zu - Stimme eher
Ich suche nach Informationen, wie die Lebensmittel hergestellt wurden.	nicht zu - Weder noch - Stimme eher zu - Stimme zu - Stimme stark zu
Ich lese Artikelbeschreibungen, um mehr über das Lebensmittel zu erfahren	
14. Bitte geben Sie an, inwieweit Sie den folgenden	Aussagen zustimmen:
Lokale Lebensmittel sind im Handel verfügbar	
Ich würde mehr lokal angebaute Lebensmittel kaufen, wenn sie als lokal gekennzeichnet wären	Stimme gar nicht zu - Stimme nicht zu - Stimme eher nicht zu - Weder noch - Stimme eher zu - Stimme zu - Stimme stark zu
Lokale Lebensmittel sind nicht zu teuer	
Ich würde einen höheren Preis für lokale Lebensmittel bezahlen	
<ul> <li>15. Was ist Ihr Geschlecht?</li> <li>Mann</li> <li>Frau</li> <li>Keine Angabe</li> <li>Other</li> <li>16. In welcher Alterskategorie sind Sie?</li> <li>15 - 24</li> <li>25 - 34</li> <li>35 - 44</li> <li>45 - 64</li> <li>65 - 74</li> <li>75+</li> <li>17. Wie viele Menschen leben in Ihrem Haushalt? (Decomposed)</li> <li>1</li> <li>2</li> <li>3</li> <li>4 oder mehr</li> <li>18. In welcher Stadt oder Gemeinde leben Sie?</li> </ul>	Dich eingeschlossen)

	Butjadingen
	Jade
	Lemwerder
	Ovelgönne
	Stadland
	Brake
	Elsfleth
	Nordenham
19.	Wie oft sind Sie für den Einkauf von Lebensmitteln verantwortlich?
Niemals	s, Fast nie, Gelegentlich, Häufig, Normalerweise, Fast immer, Immer
20.	Wie oft kaufen Sie normalerweise lokale Lebensmittel? (Beantworten Sie die folgenden drei Fragen nur,
	wenn Sie einheimische Lebensmittel kaufen)
Niemals	s, fast nie, gelegentlich, häufig, normalerweise, fast immer, immer
21.	Wo und wie oft kaufen Sie normalerweise lokale Lebensmittel?
Lokaler	Metzger, lokale Bäckerei, lokaler Gemüsehändler, lokaler Markt, Supermarkt, Internet, Box-Schema,
Hofläde	n
Niemals	s, Fast nie, Gelegentlich, Häufig, Normalerweise, Fast immer, Immer
22.	Wie oft kaufen Sie lokale Lebensmittel aus den folgenden Lebensmittelgruppen?
Milchpr	odukte, Gemüse, Obst, Brot, Fleisch, Eier, Fisch
Niemals	s, Fast nie, Gelegentlich, Häufig, Normalerweise, Fast immer, Immer
2.5	
23.	Was ist Ihr Beschäftigungsstatus? Vollzeitbeschäftigt
	Teilzeitbeschäftigt
	Selbstständiger
	Student (nicht angestellt)
	Im Ruhestand
	Arbeitslos
	Other
24.	Was ist das höchste Bildungsniveau, das Sie erreicht haben?
	Grundschulbildung
	Sekundarstufe (Abitur)
	Berufsbildung
	Fachhochschule
	Universität

25. In welcher monatlichen Haushaltseinkommer  □ Weniger als 2000 euro  □ 2000 bis 2499 euro  □ 2500 bis 2999 euro  □ 3000 bis 3999 euro  □ 4000 bis 4999 euro  □ 5000 bis 5999 euro  □ 6000 bis 6999 euro  □ 7000 bis 7999 euro  □ 8000 bis 8999 euro  □ 9000 bis 9999 euro  □ 10000 euro +  □ Ich antworte lieber nicht	as kategorie befinden Sie sich? (Netto Monatseinkommen)
Vielen Dank für Ihre Teilnahme an der Studie.	
	ire Outline - Denmark (Danish) 1 fødevarer i Danmark
Kære deltager i Danmark,	
	Mit navn er Jesper Kwant, og dette studium er en aktivitet i e og forbrugeres holdning til lokale fødevarer i Danmark. A svar vil forblive anonymt.
Vi værdsætter dit bidrag.	
Begrebet "lokale fødevarer" i dette spørgeskema refere	er til danske fødevarer købt inden for en radius af 50 km.
1. Køber du lokale fødevarer?	
☐ Ja	
☐ En gang imellem	
□ Nej	
2. Gør du meget for at købe lokale fødevarer? Aldrig, Næsten aldrig, En gang imellem, Ofte, Regelm	æssigt, Næsten altid, Altid
3. Angiv i hvilket omfang, du er enig i følgende	udsagn:
At spise lokale fødevarer er	Meget uhensigtsmæssigt – Meget hensigtsmæssigt
Lokale fødevarer giver mig en følelse af	Ubehag - velvære

Når jeg spiser lokale fødevarer føler jeg mig	Meget utilfreds – Meget tilfreds
Lokale fødevarer smager	Meget dårligt – Meget godt

#### 4. Angiv i hvilket omfang, du er enig i følgende udsagn:

Jeg interesserer mig meget for mit helbred	Magatuania Hania Inagan gyad yania Hyaykan
Jeg er opmærksom på ændringer i mit helbred	Meget uenig - Uenig - I nogen grad uenig - Hverken enig eller uenig - I nogen grad enig - Enig - Meget enig
Jeg er meget bevidst om mit helbred	
Jeg tager ansvar for mit helbred	

### 5. Angiv i hvilket omfang, du er enig i følgende udsagn:

Den nuværende holdning til miljøet ødelægger det	Maria de Harris de la compansión de la c
Med mindre, der bliver handlet, vil miljøødelæggelserne være permanente	Meget uenig - Uenig - I nogen grad uenig - Hverken enig eller uenig - I nogen grad enig - Enig - Meget enig
Når jeg køber fødevarer, vælger jeg miljøvenlige fødevarer	

#### 6. Angiv i hvilket omfang, du er enig i følgende udsagn:

Køb af lokale fødevarer støtter lokale virksomheder.	Mark to Harte To a control to Hart
Køb af lokale fødevarer støtter lokale landbrug.	Meget uenig - Uenig - I nogen grad uenig - Hverken enig eller uenig - I nogen grad enig - Enig - Meget enig

#### 7. Angiv i hvilket omfang, du er enig i følgende udsagn:

Lokale fødevarer har højere kvalitet end ikke-lokale fødevarer	Meget uenig - Uenig - I nogen grad uenig - Hverken
Lokale fødevarer smager bedre end ikke-lokale fødevarer	enig eller uenig - I nogen grad enig - Enig - Meget enig
Lokale fødevarer er mere friske end ikke-lokale fødevarer	

### 8. Angiv i hvilket omfang, du er enig i følgende udsagn:

Lokalt producerede fødevarer er mere sikre at spise end ikke-lokalt producerede fødevarer	Meget uenig - Uenig - I nogen grad uenig - Hverken
At kende en fødevares oprindelse betyder, at det føles mere sikkert at spise	enig eller uenig - I nogen grad enig - Enig - Meget enig

#### 9. Angiv i hvilket omfang, du er enig i følgende udsagn:

De fleste mennesker i min omgangskreds ville købe
lokale fødevarer, hvis de er tilgængelige, fremfor
ikke-lokale fødevarer

Meget uenig - Uenig - I nogen grad uenig - Hverken enig eller uenig - I nogen grad enig - Enig - Meget enig

De fleste mennesker, som betyder noget for mig, synes, jeg skulle købe lokale fødevarer

10. Angiv i hvilket omfang, du er enig i følgende udsagn:

Iog finder	det nemt at	kaha l	ملدنام	fødovarer
Jeg Illider	uet nemt at	Købe i	Okare	iøuevarer

Hvis jeg ønskede det, kunne jeg købe lokale fødevarer frem for ikke-lokale fødevarer

Om jeg køber lokale fødevarer er helt min beslutning

Jeg har ingen indflydelse på beslutning om køb af lokale fødevarer Meget uenig - Uenig - I nogen grad uenig - Hverken enig eller uenig - I nogen grad enig - Enig - Meget enig

11. Angiv i hvilket omfang, du er enig i følgende udsagn:

Jeg forventer at købe lokale fødevarer inden for den
næste måned

Jeg ønsker at købe lokale fødevarer inden for den næste måned

Jeg har til hensigt at købe lokale fødevarer inden for den næste måned

Meget uenig - Uenig - I nogen grad uenig - Hverken enig eller uenig - I nogen grad enig - Enig - Meget enig

#### 12. Angiv i hvilket omfang, du er enig i følgende udsagn:

Taw d	h	f	kommer fra
Jeg ved	nvor mine	tønevarer	kommer fra

Jeg er klar over alle fordelene ved lokale fødevarer sammenlignet med ikke-lokale fødevarer

Meget uenig - Uenig - I nogen grad uenig - Hverken enig eller uenig - I nogen grad enig - Enig - Meget enig

Jeg kan skelne imellem lokale og ikke-lokale fødevarer

Jeg tilpasser mine indkøb af fødevarer efter årstidernes fødevarer

#### 13. Angiv i hvilket omfang, du er enig i følgende udsagn:

Jeg prøver aktivt at finde ud af fødevarernes oprindelse
--

Jeg søger information om måden, hvorpå fødevaren er fremstillet Meget uenig - Uenig - I nogen grad uenig - Hverken enig eller uenig - I nogen grad enig - Enig - Meget enig

Jeg læser etiketten for at vide mere om fødevaren

14. Angiv i hvilket omfang, du er enig i følgende udsagn:

Lo	okale fødevarer er let tilgængelige for mig	Mark to Hart Land I to Hall
Jeg v	rille købe flere lokale fødevarer, hvis de blev mærket lokale	Meget uenig - Uenig - I nogen grad uenig - Hverken enig eller uenig - I nogen grad enig - Enig - Meget enig
	Lokale fødevarer er ikke for dyre	
Jeg e	r villig til at betale ekstra for lokale fødevarer	
15.	Hvilket køn er du?	
	Mand	
	Kvinde	
	Ønsker ikke at oplyse	
	Andet	
16.	Din alder?	
	15 - 24	
	25 - 34	
	35 - 44 45 - 64	
	65 - 74	
ō	75+	
17.	Hvor mange er der i din husholdning? (Inklusiv	re dig selv)
	1	
	2	
	3	
	4 eller flere	
18.	I hvilken region bor du?	
	Hovedstaden (When this answer is pressed go to	o question "Bor du i København?")
	Sjælland	
	Syddanmark	
	Midtjylland	
	Nordjylland	
19.	Bor du i København?	
	Ja	
	Nej	

Aldrig,	Næsten aldrig, En gang imellem, Ofte, Regelmæssigt, Næsten altid, Altid
21.	Hvor ofte køber du normalt lokale fødevarer? (Svar kun på de følgende tre spørgsmål, hvis du køber lokal mad)
Aldrig,	Næsten aldrig, En gang imellem, Ofte, Regelmæssigt, Næsten altid, Altid
22.	Hvor og hvor ofte køber du normalt lokale fødevarer? (Et valg per række)
Lokale	slagter, Lokale bager, Lokale grønthandler, Lokale marked, Supermarked, Internet, Abonnementskasser,
Gårdbu	tikker
Aldrig,	Næsten aldrig, En gang imellem, Ofte, Regelmæssigt, Næsten altid, Altid
23.	Hvor ofte køber du lokale fødevarer fra følgende kategorier? (Et valg per række)
Mejeriv	rarer, Grøntsager, Frugt, Brød, Kød, Æg, Fjerkræ, Fisk
Aldrig,	Næsten aldrig, En gang imellem, Ofte, Regelmæssigt, Næsten altid, Altid
24.	Hvad er din jobsituation? Fuldtidsansat Deltidsansat Selvstændig Student (ikke ansat) Pensionist Arbejdsløs Andet
25.	Hvad er din højeste uddannelsesgrad? Folkeskole Videregående uddannelse (Eksamen fra højskole el. lign.) Erhvervsuddannelse og praktik Professionsbachelor (sygeplejerske, lærer, laborant, osv.) Universitet
26.	Indkomstniveau? (Netto månedlig indkomst før skat) Mindre end 15.000 kr 15.000 til 18.500 kr 18.500 til 22.500 kr 22.500 til 30.000 kr 30.000 til 37.500 kr 37.500 til 45.000 kr 45.000 til 52.500 kr

20. Hvor ofte er du ansvarlig for indkøb af dagligvarer?

<ul> <li>□ 52.500 til 60.000 kr</li> <li>□ 60.000 til 67.500 kr</li> <li>□ 67.500 til 75.000 kr</li> <li>□ 75.000 kr +</li> <li>□ Jeg ønsker ikke at svare</li> </ul>	
Tak fordi du deltog i dette studium.	
Appendix 4.6 Questionnaire	Outline - Northern Netherlands
	Is might differ from the other regions. The research in the
	rch. The insights obtained from the research in the Northern
-	zation of the statements for this research.)
Vragenlijst over voed	ing in Noord-Nederland
Beste deelnemer uit Noord-Nederland,	8
master Interdisciplinaire Business Professional aan de Foodracht van het bedrijf Snackbar van de Toekomst vragenlijst is bedoeld om meer te weten te komen over	nlijst. Mijn naam is Jesper Kwant en ik doe momenteel de Hanzehogeschool Groningen. Dit onderzoek is uitgevoerd ir (An organization in the network of REFRAME) en deze er de consumenten en hun houding ten opzichte van lokale genlijst duurt ongeveer 8-10 minuten en uw antwoorden zijr
Uw inbreng wordt zeer op prijs gesteld.	
De term "lokaal voedsel" in de context van deze vrager Noord-Nederland, dat wil zeggen: de provincies Groning	nlijst verwijst naar het voedsel geproduceerd en verkocht ir gen, Friesland en Drenthe.
1. Koopt u weleens lokaal eten?	
☐ Ja	
□ Soms	
□ Nee	
2. Doet u uw best om lokaal voedsel te kopen? Nooit - Bijna nooit - Af en toe - Vaak - Meestal - Bijna a	ltijd - Altijd
3. Geef aan in hoeverre u het eens bent met de vol	gende stellingen:
Het eten van lokaal voedsel is	Erg onverstandig - Erg verstandig

Lokaal voedsel geeft mij een gevoel	Erg onaangenaam- Erg aangenaam
Als ik lokaal voedsel eet, voel ik me	Erg ontevreden - Erg tevreden
Lokaal voedsel smaakt	Heel slecht - Heel goed

Ik denk veel na over mijn gezondheid	
Ik ben me bewust van veranderingen in mijn gezondheid	Helemaal mee oneens - Oneens - Enigszins mee oneens - Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens
Gezond voedsel kopen is voor mij van groot belang	

#### 5. Geef aan in hoeverre u het eens bent met de volgende stellingen:

Het huidige manier waarop er word milieu is destructi	0 0	Helemaal mee oneens - Oneens - Enigszins mee
Tenzij er actie wordt ondernomen, blijvend	is de milieuschade	oneens - Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens
Bij het kopen van voedsel l milieuvriendelijke pro		

#### 6. Geef aan in hoeverre u het eens bent met de volgende stellingen:

De aankoop van lokale voedingsproducten ondersteunt lokale bedrijven	Helemaal mee oneens - Oneens - Enigszins mee
De aankoop van lokale voedselproducten ondersteunt	oneens - Niet eens, niet oneens - Enigszins mee eens -
de lokale landbouw	Eens - Helemaal mee eens

#### 7. Geef aan in hoeverre u het eens bent met de volgende stellingen:

Lokaal voedsel is van hogere kwaliteit dan conventionele voedselproducten	Helemaal mee oneens - Oneens - Enigszins mee onee
Lokaal voedsel is lekkerder dan conventionele voedselproducten	- Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens
Lokaal eten is verser dan conventionele voedselproducten	

#### 8. Geef aan in hoeverre u het eens bent met de volgende stellingen:

Lokaal geproduceerd vo	edsel is veiliger om te	
consumeren in vergelijki	ing met conventionele	Helemaal mee oneens - Oneens - Enigszins mee oneens

voedselproducten	- Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens	
Als u de oorsprong van een voedingsmiddel kent, voelt het veiliger om te consumeren	Helenidai illee eelis	
9. Geef aan in hoeverre u het eens bent met de volg	gende stellingen:	
De meeste mensen die ik waardeer, kopen lokaal voedsel indien beschikbaar in plaats van conventioneel voedsel	Helemaal mee oneens - Oneens - Enigszins mee oneens - Niet eens, niet oneens - Enigszins mee eens - Eens -	
De meeste mensen die belangrijk voor me zijn, vinden dat ik lokaal voedsel moet kopen	Helemaal mee eens	
10. Geef aan in hoeverre u het eens bent met de volg	gende stellingen:	
Ik vind het gemakkelijk om lokaal voedsel te kopen		
Als ik wil, kan ik lokale voedselproducten kopen in plaats van conventionele producten	Helemaal mee oneens - Oneens - Enigszins mee onee - Niet eens, niet oneens - Enigszins mee eens - Eens Helemaal mee eens	
11. Geef aan in hoeverre u het eens bent met de vol	gende stellingen:	
Ik verwacht in de komende maand lokaal voedsel te kopen	Helemaal mee oneens - Oneens - Enigszins mee oneens - Niet eens, niet oneens - Enigszins mee eens - Eens -	
Ik wil in de komende maand lokaal voedsel kopen	Helemaal mee eens	
Ik ben van plan in de komende maand lokaal voedsel te kopen		
12. Geef aan in hoeverre u het eens bent met de vol	gende stellingen:	
Ik weet waar het voedsel dat ik consumeer vandaan komt	Helemaal mee oneens - Oneens - Enigszins mee oneens	
Ik ben me bewust van alle voordelen van lokaal voedsel in vergelijking met conventionele voedselproducten	- Niet eens, niet oneens - Enigszins mee eens - Eens - Helemaal mee eens	
Ik kan onderscheid maken tussen lokaal en niet-lokaal voedsel		

Ik pas mijn keuzes voor voedsel aankoop aan op basis van seizoensgebonden voedingsproducten

|--|

consumeer	Helemaal mee oneens - Oneens - Enigszins mee oneens	
Ik ben geïnteresseerd in de manier waarop het voedsel is geproduceerd	- Niet eens, niet oneens - Enigszins mee eens - Eens Helemaal mee eens	
Ik wil graag meer informatie over de voordelen van lokaal eten		

Lokaal voedsel is voor mij gemakkelijk toegankelijk	Halamaal maa anaana Onaana Eniganina maa anaana		
Ik zou meer lokaal geteeld voedsel kopen als ze als lokaal werden bestempeld	Helemaal mee oneens - Oneens - Enigszins mee oneen - Niet eens, niet oneens - Enigszins mee eens - Eens Helemaal mee eens		
Lokale voedselproducten zijn niet te duur			
Ik zou een premie betalen voor lokale voedselproducten			

15.	Wat is uw geslacht?
	Man
	Vrouw
	Zeg ik liever niet
	Other (Ander)
16	In violity looftiide entergovie violt v2
10.	In welke leeftijdscategorie valt u? 15 - 24
_	25 - 34
	35 - 44
	45 - 64
	65 - 74
	75+
17.	Hoeveel mensen wonen er in uw huishouden?
	1
	2
	3
	4 of meer
18.	In welke provincie woont u?
	Groningen
	Friesland

	Drenthe
19.	Doet u uw eigen boodschappen?
	Ja
	Nee
20.	Hoe vaak koopt u normaal gesproken lokaal voedsel?
Nooit -	Bijna nooit - Af en toe - Vaak - Meestal - Bijna altijd - Altijd
21.	Waar en hoe vaak koopt u normaal gesproken uw lokale voedselproducten? (Één keuze per rij)
Lokale s	slager, Lokale bakkerij, Lokale groenteboer, Lokale markt, Supermarkt, Internet, Box-regeling
Nooit -	Bijna nooit - Af en toe - Vaak - Meestal - Bijna altijd - Altijd
22.	Hoe vaak koop je lokale voedselproducten van de volgende voedselgroepen? (Één keuze per rij)
Zuivel,	Groenten, Fruit, Brood, Vlees, Eieren, Gevogelte, Vis
Nooit -	Bijna nooit - Af en toe - Vaak - Meestal - Bijna altijd - Altijd
23.	Wat is uw arbeidsstatus?
	Fulltime werkzaam
	Parttime werkzaam Zelfstandig
	Student (niet in dienst)
ū	Gepensioneerd
	Werkloos
	Other (Ander)
_	Wat is het hoogste opleidingsniveau dat u heeft behaald? Basisonderwijs
	Voortgezet onderwijs
ū	Mbo
	НВО
	Universiteit
25.	In welke maandelijkse categorie van het gezinsinkomen bevindt u zich? (Netto maandinkomen)
	Minder dan 2000 euro
	2000 tot 2499 euro
	2500 tot 2999 euro
	3000 tot 3999 euro
	4000 tot 4999 euro
	5000 tot 5999 euro 6000 tot 6999 euro
	7000 tot 7999 euro
_	

8000 tot 8999 euro
9000 tot 9999 euro
10000 euro +

☐ Zeg ik liever niet

Heel erg bedankt voor uw deelname aan het onderzoek!

## **Appendix 5: Collection and Analysis of Data Elaborated**

#### **5.1 The Survey Elaborated**

The survey was created through the program Google Forms as it contained the necessary features. The survey for the research in the Northern Netherlands was created through the program Microsoft Forms. The survey had been divided up into three sections containing particular question types.

First of all, the variable consumer attitude was measured through the utilization of statements from the literature. The respondents were asked to identify their attitude through a semantic differential scale (Ajzen, 1991). This scale was opted for instead of the Likert scale as the participant should respond based on their feelings and attitude towards local food. Thereby not be influenced by outside factors such as the researcher. For instance, the statement 'local food tastes very good' already has an opinion attached of how local food should taste. So, then asking if the respondent agrees or disagrees would provide a biased answer. The semantic differential scale provides polar opposite as can be observed in appendix 3. This allows the participant to assign a value between two opposites to the statement and in due course the variable under exploration and give an unbiased answer.

Next, the section that is geared towards the predictor variables of attitude towards local food and intention to purchase local food. These were measured through a 7-point Liker scale ranging from strongly disagree to strongly agree. The various statements measuring these variables, shown in appendix 3, had been randomized around in the questionnaire and computer-administered so that careful responding was encouraged (Garbacz, 2018, Ajzen, 1991). Moreover, the statements that make up a variable were chosen for a variety of reasons. Firstly, previous research exploring similar topics had proven these statements to be internally reliable. Secondly, when conducting multiple regression analysis multicollinearity needs addressing. Therefore, having more than two statements allowed for some leeway in the sense that one could be deleted if proven problematic. Finally, as the number of variables incorporated in this research is considerable, the number of statements would affect the length of the questionnaire. The third and final section of the questionnaire included demographic and background factor questions. The purpose of these questions is to obtain a clearer image of the consumer in relation to the topic being researched in the REFRAME regions of study.

## 5.2 Cronbach's Alpha

The reliability test was conducted through Cronbach's Alpha. This test is the most common test to measure an instrument's internal consistency and carried out in previous research of similar nature. Cronbach's Alpha value's value would have to be 0.6 or more for the variables to be considered internally reliable (Yang, Al-Shaaban, & Nguyen, 2014, Garbacz, 2018, Gliem & Gliem, 2003). The results were individually judged on the internal reliability and would have consequences on whether the variables were included in subsequent analysis.

#### 5.3 Correlation Matrix

Following the reliability test, a correlation matrix was conducted to assure that no multicollinearity exists and thereby test the discriminant validity of the different variables in the conceptual framework (Garbacz, 2018, Kumar & Smith, 2018). Because if multicollinearity were to exist, it would mean that it skews the multiple regression analysis results, so two predictor variables would be highly correlated and undermine the predictor's variable significance.

## 5.4 Test for Normality

The main analysis of the data to check the hypotheses was conducted through various multiple regression analysis (Ajzen, 2015). However, before the multiple regression analysis results could be interpreted, the test of normality was performed. The dependent variables' residual data, attitude towards local food, and intention to purchase local food were subjected to the Kolmogorov-Smirnov test to check for normality (Yee & San, 2011). The data would be considered normally distributed if the P-value of the Kolmogorov-Smirnov test was greater than 0.05 (Yee & San, 2011). The normality of the data will assure valid hypothesis testing and in answering the main research question.

## 5.5 Multiple Regression Analysis

For the analysis of the conceptual framework and hypothesis, two multiple regression analyses were performed in PSPP/SPSS per area of study, 10 regressions in total (Ajzen, 2015). The method utilized to perform the multiple regression analysis is known as the "Enter" method. This method of inputting the variables was decided based on Collis et al. (2014). Because when variables have been chosen based on theoretical reasons, the default "Enter" method should be utilized. The predictor variables were then removed from the model individually, starting from the highest p-value. The purpose of this was to see if these insignificant variables were clashing with other predictor variables. The multiple regression analyses were carried out accordingly.

The first multiple regression analysis was whereby the variable attitude was regressed on the remaining predictor variables after the Cronbach Alpha and correlation matrix were performed. The second multiple regression took the variable intention to purchase local food and was regressed against the variables attitude towards local food, subjective norm, and perceived behavioural control. The multiple regression analysis could only be performed if the tests such as correlation matrix, Cronbach's Alpha, and test of normality do not cause problems. Initially two multiple regression analyses were to be performed per region of study, making the total 10. This was altered to nine multiple regression analyses due to an encountered issue. This was the case for Västra Götaland whereby the dependent variable (attitude towards local food), essential for the carrying out of multiple regression analysis, was not normally distributed. In this case, the literature was consulted, and the following solution was found. An multiple regression analysis whereby the intention is regressed on all predictor variables (Garbacz, 2018). Thereby

still observing which variables eventually influence the intention and allowing for similarities and differences between the regions to be discussed.

# 5.6 Reliability, Validity, and Generalizability 5.6.1 Reliability

The reliability was already touched upon previously in the analysis data section, and this section will further depict why the Cronbach Alpha was chosen. First of all, the reliability of research refers "to the consistency of the measure" (Heale & Twycross, 2015), that contains three elements, namely homogeneity, stability, and equivalence, respectively. Out of these three, one the most suitable as the others are time-consuming and challenging to carry out. The element in question was homogeneity, also known as the internal consistency and is measured using the Cronbach Alpha, the most well-known test. The Cronbach Alpha is often utilized when a question has more than two answers, and as the semantic differential and Likert scale are used, this was the most optimum tool. As mentioned previously, the reliability was ensured when the Cronbach Value was above 0.6. (Kwant, 2020)

#### 5.6.2 Validity

The validity of a study is the extent to which the concept in question is measured accurately. Validity consists of three parts; in other words, content validity, construct validity, and criterion validity. The content validity refers to the instrument, in this case, the questionnaire, and if it is designed and contains the correct content to measure the variables (those in the conceptual framework figure 3). This was secured through the use of reputable literature sources and previous research as the basis for the formation of the questionnaire. The construct validity and criterion validity is regarding the instrument, questionnaire, in measuring the variables of the conceptual framework. This was handled by asking the participant more than one question derived from the discovered literature to measure a single variable. Although the questionnaire was translated from English to the countries' respective language in this study, translation errors and misinterpretations might have occurred. This was to be avoided at all costs by conducting pilot-testing, yet it can't be excluded completely. (Kwant, 2020)

Furthermore, pilot testing took place to see if the variables were correctly measured. The intention was to have pilot testing in all regions whereby five pilot tests would take place. This was not feasible for all regions. Nevertheless feedback on the questionnaire was retrieved and adapted as well as the survey optimized. This warranted some questions to be worded differently. The questionnaire was constructed by examining previous tools found in the literature that were proven successful in investigating the local food purchase behaviour (Heale & Twycross, 2015).

#### 5.6.3 Generalizability

The generalizability of the data has to do with a sample size that is representative of the population. Previously it was mentioned that a sample of 151 was needed. This is correct when a margin of error of 8% is considered instead of the usual 5% whereby a sample of 385 is required. The final number of usable observations acquired were 159 for Västra Götaland (Sweden), 172 for West-Flanders (Belgium), 87 for Westermarsch District (Germany), 78 for Denmark, and 152 for the Northern Netherlands. The minimum amount of respondents for three of the five regions was achieved. The findings' generalizability was a limitation of this research as the margin of error to accompany Westermarsch district (11%) and Denmark (12%). Therefore, the eventual conclusion was not generalizable for the two regions to the entire population of the study areas. Consequently, the results at best give an indication of the predictor variables important on the attitude towards local food and subsequent intention to purchase local food products. Furthermore, another limitation of this study was the method of sampling as it might not be representative of the entire population. Convenience sampling might cause bias, and therefore, the sample might not be representative of the whole population under study. This was to be avoided by asking the respondents to pass the survey along to create a snowball effect and distribute the questionnaire on as many online platforms (Kwant, 2020).

#### 5.7 Consideration of Ethical Issues

The questionnaire's aim and nature were made clear to the participant so that informed consent is assured when taking part in the survey. Moreover, the questionnaire was conducted in Swedish, Danish, German, Flemisch, and Dutch. The researcher is from the Netherlands, and this will be taken into account when reporting the results from these various countries/regions. (Kwant, 2020)

# **Appendix 6: Demographics Information (Data Visually Presented)**

## Appendix 6.1 Demographics Information Västra Götaland (Sweden)

Gender								
Value Missing Kvinna Man Vill inte uppge Total								
Frequency 1 98 59 1 159								

Table 23: Gender of respondents Västra Götaland.

				Age				
Value	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65 - 74	75+	Total
Frequency	5	12	40	49	34	18	1	159

Table 24: Age of respondents Västra Götaland.

Household size									
Value 1 2 3 4 eller fler Total									
Frequency	Frequency 11 63 35 50 159								

Table 25: Household size of respondents Västra Götaland.

Region							
Göteborgsområ det med  Value Missing Fyrbodal insjöriket Sjuhärad Skaraborg Total							
value	iviissiiig	Tyrbodai	ilisjoliket	Sjullarau	Skaraborg	Total	
Frequency	2	12	28	14	103	159	

Table 26: Region of respondents Västra Götaland.

	Employment Status													
						Egenföre								
						tagare								
						och								
		Anställd	Anställd	Arbetslö	Egenföre	deltidsan	Pensionä	Sjukskri						
Value	Missing	deltid	heltid	S	tagare	ställd	r	ven	Student	Total				
Frequenc														
у	1	4	87	2	45	1	12	1	6	159				

Table 27: Employment status of respondents Västra Götaland.

# Education Level Achieved

			Gymnasieexame	Universitetsexam	
Value	Missing	Grundskola	n	en	Total
Frequency	1	4	65	89	159

Table 28: Education level achieved of respondents Västra Götaland.

	Income													
	Jag	Mindr	20	25	31	41	51	62	72	82	93			
	avböjer	e än	695 –	859 –	043 –	391 –	738 –	086 –	433 –	781 –	129 –			
	att	20	25	31	41	51	62	72	82	93	103	103	Missi	
Value	svara	695	859	032	380	728	075	423	771	118	466	476 +	ng	Total
Frequ														
ency	17	9	9	6	19	27	27	15	10	7	3	8	2	159

Table 29: Income of respondents Västra Götaland.

# **Appendix 6.2 Demographics Information West-Flanders (Belgium)**

	Gender								
Value	Value Missing Man Vrouw Zeg ik liever niet Total								
Frequency	3	67	101	1	172				

Table 30: Gender of respondents West-Flanders.

	Age									
Value	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65 - 74	75+	Total		
Frequency	10	32	63	28	21	16	2	172		

Table 31: Age of respondents West-Flanders.

	Household Size									
Value	1	2	3	4 of meer	Total					
Frequency	Frequency 13 51 25 83 172									

Table 32: Household Size of respondents West-Flanders.

	Postcode										
Value	Frequency	Value	Frequency	Value	Frequency						
3000	1	8560	3	8870	3						
8000	4	8580	1	8880	2						
8200	22	8587	1	8900	13						

8211	1	8600	3	8902	2
8300	1	8610	1	8904	1
8310	6	8630	1	8906	3
8380	1	8670	1	8908	3
8400	13	8690	1	8920	2
8420	1	8700	3	8940	3
8450	2	8720	1	8950	1
8470	2	8730	1	8951	1
8480	2	8750	1	8954	2
8490	1	8770	1	8956	1
8500	4	8790	5	8970	16
8501	3	8792	2	8979	1
8520	1	8800	11	8980	2
8540	1	8840	1	9031	1
8550	5	8850	3	Missing	3
				Total	172

Table 33: Postcode of respondents West-Flanders.

	City or country side								
Value Platteland Stad Total									
Frequency	69	103	172						

Table 34: City or countryside of respondents West-Flanders.

	Employment Status											
					Parttime							
	Fulltime			Parttime	werkzaa	Student						
	werkzaa	Gepensio	Huismoe	werkzaa	m +	(niet in		Zelfstand				
Value	m	neerd	der	m	student	dienst)	Werkloos	ig	other	Total		
Frequenc												
y	112	26	1	11	1	4	1	15	1	172		

Table 35: Employment status of respondents West-Flanders.

	Education											
						Professio						
			Basisonde			neel	Secundair					
Value	Missing	Arts	rwijs	Hbo5	Master	bachelor	onderwijs	Doctoraat	Total			

Frequenc									
y	1	1	2	1	74	62	30	1	172

Table 36: Education level of respondents West-Flanders.

	Income											
	Zeg ik	Minder	2000 tot	2500 tot	3000 tot	4000 tot	5000 tot	6000 tot	7000 tot			
	liever	dan 2000	2499	2999	3999	4999	5999	6999	7999			
Value	niet	euro	Total									
Frequenc												
у	15	17	29	21	32	34	20	2	2	172		

Table 37: Income of respondents West-Flanders.

# Appendix 6.3 Demographics Information Wesermarsch District (Germany)

Gender								
Value	Keine Angabe	Frau	Mann	Total				
Frequency	2	65	20	87				

Table 38: Gender of respondents Wesermarsch District.

	Age										
Value         15 - 24         25 - 34         35 - 44         45 - 54         55 - 64         65 - 74         Total											
Frequency	12	23	14	20	17	1	87				

Table 39: Age of respondents Wesermarsch District.

	Household Size										
Value	Value   1   2   3   4   Missing   Total										
Frequency	Frequency 13 39 17 17 1 87										

Table 40: Household size of respondents Wesermarsch District.

	Place of Residence													
Value	Missing	Berne	Brake	Butjadin gen	Elsfleth	Jade	Lemwer der	Norden ham	Ovelgön ne	Stadlan d	Total			
Frequen cy	1	7	24	7	8	3	3	12	14	8	87			

Table 41: Place of residence of respondents Wesermarsch District.

	Employment Status													
	Studen													
			Auszu			Im	In	Selbsts	t (nicht	Teilzei	Vollzei			
	Missin	Arbeit	bilden	Elternz	Hausfr	Ruhest	Elternz	tändig	angest	tbesch	tbesch			
Value	g	slos	de	eit	au	and	eit	er	ell	äftigt	äftigt	Total		
Freque														
ncy	2	5	1	1	2	2	1	4	4	14	51	87		

Table 42: Employment status of respondents Wesermarsch District.

	Education											
	(Fach-)Abitu Berufsbildun Fachhochsch Hauptschula Mittlere											
Value	Value r g ule bschluss Reife Universität Total											
Frequency 8 25 20 2 21 11 87												

Table 43: Education of respondents Wesermarsch District.

	Income										
Value	Keine Angabe	Weniger als 2000 Euro	2000 bis 2499 Euro	2500 bis 2999 Euro	3000 bis 3999 Euro	4000 bis 4999 Euro	5000 bis 5999 Euro	Total			
Frequency	10	17	18	14	10	13	5	87			

Table 44: Income of respondents Wesermarsch District.

# **Appendix 6.4 Demographics Information Denmark**

Gender								
Value Kvinde Mand Total								
Frequency 59 19 78								

Table 45: Gender of respondents Denmark.

	Age										
Value	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65 -74	75+	Total			
Frequency	55	23	13	5	23	7	2	78			

Table 46: Age of respondents Denmark.

Household Size										
Value 1 2 3 4 Total										
Frequency 12 39 15 12 78										

Table 47: Household Size of respondents Denmark.

	Region										
Value	Hovedstaden	Midtjylland	Nordjylland	Sjælland	Syddanmark	Total					
Frequency	19	29	18	8	4	78					

Table 48: Region of respondents Denmark.

	Employment Status												
	Arbejd		Deltids	Eftersk	Fleksjo	Fuldtid	Pensio	Selvstæ	Student (ikke	Sygem			
Value	sløs	Barsel	ansat	oleelev.	b	sansat	nist	ndig	ansa	eldt	Rentier	Total	
Freque ncy	2	1	8	1	1	36	7	12	8	1	1	78	

Table 49: Employment Status of respondents Denmark.

	Education											
	"Professionsba	Erhvervsuddan nelse og			Videregående uddannelse (Eksamen fra højskole el.							
Value	(sygeplejerske	praktik	Folkeskole	Universitet	lign.)	Total						
Frequency	21	8	3	37	9	78						

Table 50: Education of respondents Denmark.

	Income													
	Jeg	Mindre	15.000	18.500	22.500	30.000	37.500	45.000	52.500					
	ønsker	end	til											
	ikke at	15.000	18.500	22.500	30.000	37.500	45.000	52.500	60.000	75.000				
Value	svare	kr	kr +	Total										
Frequen														
cy	11	13	3	5	9	15	9	4	7	2	78			

Table 51: Income of respondents Denmark.

	Copenhagen										
Value	Missing	Ja	Nej	Total							
Frequency	57	14	7	78							

Table 52: Copenhagen of respondents Denmark.

## **Appendix 6.5 Demographics Information Northern Netherlands**

	Gender										
Value	Value Missing Man Vrouw Zeg ik liever niet Total										
Frequency 0 64 88 0 152											

Table 53: Gender of respondents Northern Netherlands.

	Age											
Value	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65 - 74	75+	Total				
Frequency	77	49	4	17	0	1	4	152				

Table 54: Age of respondents Northern Netherlands.

Household Size											
Value	Value 1 2 3 4 of meer Total										
Frequency	Frequency 38 51 20 43 152										

Table 55: Household Size of respondents Northern Netherlands.

In which province do you live?										
Value	Drenthe	Friesland	Groningen	Total						
Frequency	Frequency 14 23 115 152									

Table 56: Household Size of respondents Northern Netherlands.

	Employment Status												
							Student (Part-tim						
	Fulltime	Niet	Part-time			Student	е						
	werkzaa	werkzaa	werkzaa	Gepensio	Zelfstand	(niet in	werkzaa						
Value	m	m	m	neerd	ig	dienst)	m)	other	Total				
Frequenc													
у	23	3	21	7	7	84	3	4	152				

Table 57: Employment status of respondents Northern Netherlands.

	Education											
		Voortgeze										
Basisonde t Universite												
Value	rwijs	onderwijs	Mbo	HBO	it	Total						
Frequenc	2	16	8	76	50	152						

y			
•			

Table 58: Education level of respondents Northern Netherlands.

	Income												
	Zeg ik liever	Minder dan 2000	2000 tot 2499	2500 tot 2999	3000 tot 3999	4000 tot 4999	5000 tot 5999	6000 tot 6999	7000 tot 7999				
Value	niet	euro	euro	euro	euro	euro	euro	euro	euro	Total			
Frequenc y	18	88	17	10	9	5	3	1	1	152			

Table 59: Income of respondents Northern Netherlands.

# **Appendix 7: Additional Information on Local Food Consumption**

# Appendix 7.1 Additional Information on Local Food Consumption in Västra Götaland (Sweden)

	Place and frequency of purchasing local								
	Köttdetaljis t (Local Butcher)	Bageri (Local Bakery)	Grönsaksha ndel (Local Greengroce r)	Lokal matmarkna d (Local Market)	Supermark et	Internet	Gårdsbutik er(Farm shops)		
Number of responses (out of 159)	145	143	141	142	147	136	148		
Mean out of 7	4.01	4.06	4.09	3.49	4.47	1.88	3.34		

Table 60: Var och hur ofta handlar du ofta lokalt när det gäller? (Where and how often do you normally buy local food products?)

		Frequency of purchasing local food from following food categories								
	Mejeri (Dairy)	Grönsaker( Vegetables)	Frukt (Fruit)	Bröd (Bread)	Kött (Meat)	Ägg (Eggs)	Fågel (Poultry)	Fisk (Fish)		
Number of responses (out of 159)	152	152	153	151	150	151	149	148		
Mean out of 7	4.49	4.42	3.46	3.99	4.84	5.40	3.63	3.05		

Table 61: Hur ofta handlar du lokala produkter inom dessa livsmedelskategorier? (How often do you buy local food products from the following food groups?)

Responsible for grocery shopping (Frequency out of 159)							
Aldrig (Never)	Nästan aldrig (Almost never)	Ibland (Occasionally)	Frekvent (Frequently)	Vanligtvis (Usually)	Nästan alltid (Almost always)	Alltid (Always)	
0	2	14	36	37	48	22	

Table 62: Hur ofta är det du som handlar mat i ditt hushåll? (How often are you responsible for grocery shopping?)

Frequency of purchasing local food (Frequency out of 155)							
Aldrig (Never)	Nästan aldrig (Almost never)	Ibland (Occasionally)	Frekvent (Frequently)	Vanligtvis (Usually)	Nästan alltid (Almost always)	Alltid (Always)	
0	3	30	44	37	37	4	

Table 63: Hur ofta handlar du lokal mat? (How often do you normally buy local food?)

Effort to purchase local food (Frequency out of 158)							
Aldrig (Never)							
1	9	47	29	29	32	11	

Table 64: Anstränger du dig för att handla lokal mat? (Do you do your best to buy local food?)

# Appendix 7.2 Additional Information on Local Food Consumption in West-Flanders (Belgium)

	Place and frequency of purchasing local								
	Hoeveproducent (Farm producer)	Streekproducent (Regional producer)	Lokaal afdeling supermarkt (Local supermarket department)	Internet	Boederijmarkten (Farm shops)				
Number of responses (out of 172)	162	156	152	148	154				
Mean out of 7	3.99	3.47	3.48	1.57	2.65				

Table 65: Waar en hoe vaak koopt u normaalgesproken uw lokale voedselproducten? (Where and how often do you normally buy local food products?)

	Frequency of purchasing local food from following categories								
	Zuivel (Dairy)	Groenten (Vegetables)	Fruit	Brood (Bread)	Vlees (Meat)	Eieren (Eggs)	Gevogelt e (Poultry)	Vis (Fish)	
Number of	167	168	168	163	167	163	163	164	

responses (out of 172)								
Mean out of 7	3.56	4.73	4.32	4.61	3.90	4.01	3.28	2.96

Table 66: Hoe vaak koop je lokale voedselproducten van de volgende voedselgroepen? (How often do you buy local food products from the following food groups?)

Responsible for grocery shopping (Frequency out of 172)							
Nooit (Never)							
0	0 9 15 35 23 49 41						

Table 67: Hoe vaak bent u verantwoordelijk voor boodschappen doen? (How often are you responsible for grocery shopping?)

Frequency of purchasing local food (Frequency out of 167)								
Nooit (Never)	Bijna nooit (Almost never)	Af en toe (Occasionally)	Vaak (Frequently)	Meestal (Usually)	Bijna altijd (Almost always)	Altijd (Always)		
0	7	47	64	32	15	2		

Table 68: Hoe vaak koopt u normaal gesproken lokaal voedsel? (How often do you normally buy local food?)

Effort to purchase local food (Frequency out of 170)							
Nooit (Never)	Bijna nooit (Almost never)	Af en toe (Occasionally)	Vaak (Frequently)	Meestal (Usually)	Bijna altijd (Almost always)	Altijd (Always)	
1	10	49	55	28	20	7	

Table 69: Doet u een inspanning om lokaal eten te kopen? (Do you do your best to buy local food?)

#### Als u het niet gemakkelijk vindt om lokaal voedsel te kopen, waarom niet?

Niet makkelijk beschikbaar. Tijdsgebrek om meerdere plaatsen te doen.

Mocht er een systeem bestaan in de dichte omgeving (ongeveer 10km) van waar ik woon, waarbij je zoals bij Collect & Go al het lokaal lekkers uit de buurt online en op 1 website kan bestellen (zoals bij KoKet) en op een gekozen moment kan afhalen dan zou ik dit sterk overwegen.

Onvoldoende aanbod in de supermarkten, en vaak geen tijd om speciaal naar de markt/hoevewinkel te gaan Het ontbreekt me aan tijd Boerderij winkels zijn niet altijd makkelijk bereikbaar + het is een drempel omdat bepaalde hoevewinkels niet overzichtelijk zijn Wanneer je in de winkel (bv. Colruyt, Delhaize...) wandelt, is het heel moeilijk om de lokale producten te onderscheiden. Oorsprong onduidelijk Ik weet niet waar ik allemaal lokaal voedsel kan vinden. Het is gemakkelijk in een supermarkt. vaak een 'nichemarkt' Grote supermarkt biedt alles aan met veel keuzemogelijkheden. Lokaal kopen is vaak meerdere stops doen wat met drie kinderen niet altijd ideaal is Niet alles is te verkrijgen op fietsafstand dus niet zo lokaal Niet alles op fietsafstand te verkrijgen. tijdskader, indien geen automaat moeilijk Niet alles in 1 winkel te vinden. (1x week alle of toch zoveel mogelijk boodschappen samen) In lokale winkels verkopen ze meestal heel specifieke voeding. In supermarkten wordt alles te koop aangeboden. Bereikbaarheid Ik laat me verleiden door goedkope prijzen van andere producten en doe mijn boodschappen meestal in een supermarkt waar weinig aanbod is. Openingsuren hoevewinkel beperkter, dus moeilijkere combinatie met werk Veel verschillende winkels Tijdsgebrek, snel alles kopen in supermarkt niet altijd beschikbaar, extra verplaatsing, verder dan supermarkt Is niet zo vlakbij als de supermarkt. Wisselende beschikbaarheid en je kan vaak niet al je boodschappen ineens kopen. stedelijke context ik koop oa appelen lokaal en moet daar speciaal om rijden afstand, bewust met opzet naar de hoevewinkel gaan is soms een belemmering Vlees bestellen op voorhand, weinig keuze ter plaatse. Groenten wel makkelijk aanbod beperkt. Vaak niet geweten waar men terecht kan. beschikbaarheid, kennis van beschikbaarheid Wegens tijdsgesprek raak ik niet op verschillende plaatsen voor de aankoop van lokale voeding. Prijs en niet altijd in het aanbod in supermarkt Je moet er extra moeite voor doen, want in de doorsnee supermarkt (wat comfortabel winkelen is, alles op 1 plaats) komt alles meestal van ver.

Omdat het niet altijd duidelijk is op de verpakking in de supermarkt Labeling waar voedsel vandaan komt soms echt heel moeilijk Omdat ik zin heb in bv. exotisch fruit:) Ik koop vaak alles in de supermarkt. Daar probeert ik zo veel mogelijk belgisch te kopen. Maar niet alle producten komen uit west vlaanderen. Aanbod bestaat veelal uit geimporteerd voedsel (groente, fruit in supermarkt) Niet van toepassing Duur Ik vind dit makkelijk Niet altijd duidelijk hoe en waar te vinden te duur Het is vaak lang zoeken op internet tot je kleine boeren en hun lokale producten kan vinden. Online bestellen ( zo zijn er een aantal mogelijkheden in WVL) vind ik persoonlijk maar niets. Ik heb graag het echte contact (coronaproof;)). De boerin waar ik nu ga vertelt me graag over de soorten appels, welke groenten je nu moet eten, Aanbod niet altijd dichtbij te vinden Te weinig lokale shops Je moet er moeite voor doen en ik heb nu eenmaal te weinig tijd Weinig Aanbod in warenhuizen, je moet er voor naar lokale markten. Dit moeilijker te organiseren Te weinig aanbod, graag slechts één winkel om boodschappen te doen Niet weten waar te kopen Openingsuren te beperkt (bv. van boerderijwinkel), niet alles is lokaal te vinden (bv sinaasappel) winkelen wordt wegens timemanagement liever beperkt tot één winkel/warenhuis. Aanbod is er meestal niet zo groot of minder vindbaar. Niet georganiseerd --> boeren verkopen apart wat ze hebben. Pooling op een markt zou handig zijn In plaats van 1 winkel te bezoeken, moet je naar de slager, bakker, groenten- en fruitwinkel... Het neemt dus meer tijd in beslag. Het is te makkelijk om alles van het grootwarenhuis mee te brengen in 1 keer Tijdstippen qua ophalen zijn niet evident. Levering aan huis zou ideaal zijn. Weinig aanbod, onduidelijke of ontbrekende etikettering Teveel tijdverlies om op verschillende plaatsen te winkelen. Concept van boerenmarkt of afhaalboxen meestal beperkt in tijd. Soms zijn producten ook duur. Ik wil wel een eerlijke prijs betalen maar ook niet teveel ... Wij werken fulltime en hebben drie kinderen dus Tijd is erg belangrijk Niet altijd duidelijk wat de oorsprong van het voedsel is (op markt of in lokale groentenwinkel) Niet genoeg initiatieven en/of publiciteit erover. Niet gebruiksvriendelijk genoeg (bestellen op voorhand etc)

Verplaatsen, aanbod
Er mag nog meer ingezet worden op transparantie, dus duidelijke vermelding van waar een product exact komt.
moeilijk beschikbaar
Soms verspreid over verschillende locaties: tijd nodig om er te geraken.
aanbod
In de supermarkt moet je zelf etiketten uitpluizen
Ik hou van bananen, Zuid-Afrikaanse wijn, chocolade,
Ik koop het liefst bio zonder dierlijke meststoffen. Dat is niet makkelijk te vinden.
niet dichtbij, openingsuren
tijdsgebrek
Partner kiest veelal voor het goedkoopste product en het aanbod lokaal voedsel is nog beperkt tenzij je op verschillende plaatsen gaat winkelen.
Als je iets lokaal nodig hebt, rij je te veel rond om al je inkopen te moeten doen
Ik moet daarvoor heel wat extra km's en tijd investeren

Table 70: Als u het niet gemakkelijk vindt om lokaal voedsel te kopen, waarom niet?

# Appendix 7.3 Additional Information on Local Food Consumption in Wesermarsch District (Germany)

		Place and frequency of purchasing local								
	Lokaler Metzger (Local Butcher)	Lokale Bäckerei (Local Bakery)	Lokaler Gemüseh ändler (Local Greengro cer)	Wochenm arkt (Local Market)	Supermar ket	Internet	Abobox (Subscript ion-box)	Hofläden (Farmsho ps)		
Number of responses (out of 87)	77	80	78	82	80	77	77	80		
Mean out of 7	3.69	5.10	3.72	3.54	4.82	1.54	1.60	3.05		

Table 71: Wo und wie oft kaufen Sie normalerweise lokale Lebensmittel? (Where and how often do you normally buy local food products?)

Frequency of purchasing local food from following categories	
--	--

	Milchprodu kte (Dairy)	Gemüse (Vegetables)	Obst (Fruit)	Brot (Bread)	Fleisch (Meat)	Eier (Eggs)	Fisch (Fish)
Number of responses (out of 87)	82	81	82	82	82	82	80
Mean out of 7	4.19	4.60	4.41	4.98	4.28	5.18	3.59

Table 72: Wie oft kaufen Sie lokale Lebensmittel aus den folgenden Lebensmittelgruppen? (How often do you buy local food products from the following food groups?)

Responsible for grocery shopping (Frequency out of 87)							
Niemals (Never)	Fast nie (Almost never)	Gelegentlich (Occasionally)	Oft (Frequently)	Normalerwei se (Usually)	Fast immer (Almost always)	Immer (Always)	
0	1	6	9	10	24	34	

Table 73: Wie oft sind Sie für den Einkauf von Lebensmitteln verantwortlich? (How often are you responsible for grocery shopping?)

	Frequency of purchasing local food (Frequency out of 83)								
Niemals (Never)	Fast nie (Almost never)	Gelegentlich (Occasionally)	Oft (Frequently)	Normalerwei se (Usually)	Fast immer (Almost always)	Immer (Always)			
1	9	29	23	12	7	2			

Table 74: Wie oft kaufen Sie normalerweise lokale Lebensmittel? (How often do you normally buy local food?)

Effort to purchase local food (Frequency out of 81)								
Niemals (Never)	Fast nie (Almost never)	Gelegentlich (Occasionally)	Oft (Frequently)	Normalerwei se (Usually)	Fast immer (Almost always)	Immer (Always)		
0	9	28	12	14	18	0		

Table 75: Geben Sie sich Mühe, um Ihre lokalen Lebensmittel zu kaufen? (Do you do your best to buy local food?)

# Appendix 7.4 Additional Information on Local Food Consumption in Denmark

		Place and frequency of purchasing local									
	Lokale slagter (Butcher)	Lokale bager (Bakery)	Lokale grønthand ler (Greengro cer)	Lokale marked (Local Market)	Supermar ked (Superma rket)	Internet	Abonnem entskasser (Subscript ion box)	Gårdbutik ker (Farm shops)			
Number of responses (out of 79)	65	64	65	62	69	60	63	67			
Mean out of 7	3.03	3.62	3.15	2.87	4.33	2.14	1.95	3.15			

Table 76: Hvor og hvor ofte køber du normalt lokale fødevarer? (Where and how often do you normally buy local food products?)

	F	Frequency of purchasing local food from following categories (Mean out of 7)								
	Mejerivar er (Dairy)	Grøntsager (Vegetables)	Frugt (Fruit)	Brød (Bread)	Kød (Meat)	Æg (Eggs)	Fjerkræ (Poultry)	Fisk (Fish)		
Number of responses (out of 79)	66	68	65	67	65	66	65	67		
Mean out of 7	3.11	3.95	3.76	3.63	3.57	3.92	3.21	3.28		

Table 77: Hvor ofte køber du lokale fødevarer fra følgende kategorier? (How often do you buy local food products from the following food groups?)

Responsible for grocery shopping (Frequency out of 76)							
Aldrig (Never)	Næsten aldrig (Almost never)	En gang imellem (Occasionally)	Ofte (Frequently)	Regelmæssigt (Usually)	Næsten altid (Almost always)	Altid (Always)	
0	0	8	10	15	22	21	

Table 78: Hvor ofte er du ansvarlig for indkøb af dagligvarer? (How often are you responsible for grocery shopping?)

	Frequency of purchasing local food (Frequency out of 71)								
Aldrig (Never)	Næsten aldrig (Almost never)	En gang imellem (Occasionally)	Ofte (Frequently)	Regelmæssigt (Usually)	Næsten altid (Almost always)	Altid (Always)			
1	7	28	10	20	15	0			

Table 79: Hvor ofte køber du normalt lokale fødevarer? (How often do you normally buy local food?)

	Effort to purchase local food (Frequency out of 71)								
Aldrig (Never)	Næsten aldrig (Almost never)	En gang imellem (Occasionally)	Ofte (Frequently)	Regelmæssigt (Usually)	Næsten altid (Almost always)	Altid (Always)			
3	9	33	15	6	5	0			

Table 80: Gør du meget for at købe lokale fødevarer? (Do you do your best to buy local food?)

# Appendix 7.5 Additional Information on Local Food Consumption in Northern Netherlands

	Place and frequency of purchasing local						
	Lokale Slager (Local Butcher)	Lokale Bakkerij (Local Bakery)	Lokale Groenteboe r (Local Greengroce r)	Lokale Markt (Local Market)	Supermarkt	Internet	Box- Regeling (Subscripti on-box)
Number of responses (out of 152)	148	148	149	149	149	149	150
Mean out of 7	2.61	3.60	3.19	3.90	4.89	1.96	1.35

Table 81: Waar en hoe vaak koopt u normaal gesproken uw lokale voedselproducten? (Where and how often do you normally buy local food products?)

Frequency of purchasing local food from following categories							
Zuivel	Groenten	Fruit	Brood	Vlees	Eieren	Gevogelt	Vis (Fish)

	(Dairy)	(Vegetables)	(Fruit)	(Bread)	(Meat)	(Eggs)	e (Poultry)	
Number of responses (out of 152)	151	151	149	150	149	148	148	149
Mean out of 7	2.96	4.38	4.31	4.22	3.26	3.36	2.62	2.76

Table 82: Hoe vaak koop je lokale voedselproducten van de volgende voedselgroepen? (How often do you buy local food products from the following food groups?)

Own Grocery Shopping (Frequency out of 151)				
Ja (Yes)	Nee (No)			
140	11			

Table 83: Doet u uw eigen boodschappen? (Do you do your own grocery shopping)

Frequency of purchasing local food (Frequency out of 152)						
Nooit (Never)	Bijna nooit (Almost never)	Af en toe (Occasionally)	Vaak (Frequently)	Meestal (Usually)	Bijna altijd (Almost always)	Altijd (Always)
5	32	40	33	28	10	4

Table 84: Hoe vaak koopt u normaal gesproken lokaal voedsel? (How often do you normally buy local food?)

	Effort to purchase local food (Frequency out of 121)					
Nooit (Never)	Bijna nooit (Almost never)	Af en toe (Occasionally)	Vaak (Frequently)	Meestal (Usually)	Bijna altijd (Almost always)	Altijd (Always)
5	18	30	26	24	17	1

Table 85: Doet u uw best om lokaal voedsel te kopen? (Do you do your best to buy local food?

## Appendix 8: Cronbach's Alpha - Internal Reliability

To measure the internal reliability of the variables each was separated individually, and Cronbach's Alpha calculated. As previously stated in Appendix 5.1, for the variables to be reliable, a Cronbach's Alpha value of 0.6 or higher is acceptable.

Appendix 8.1 Cronbach's Alpha - Internal Reliability in Västra Götaland (Sweden)

Variable	Numbers of Items Used in Questionnaire	Cronbach's Alpha Value
Intention	3	.87
Attitude	4	.89
Health Consciousness	4	.85
Subjective Norm	2	.23
Perceived Behavioural Control	3 (One Item Deleted)	.62
Concern for the Environment	3	.67
Concern for the Local Economy	2	.69
Perceived Quality	3	.84
Food Safety	2	.76
Consumer's Knowledge	4	.70
Information Seeking	3	.81
Context	3 (One Item Deleted)	.61

Table 86 Cronbach's alpha value of variables Västra Götaland.

As can be seen from table 86, one of the predictor variables, subjective norm, does not conform to the criteria of having a Cronbach's Alpha value above 0.6. Therefore, it can't be included in the multiple regression analysis. This can be avoided in future research by adding additional items to measure the construct subjective norm. Furthermore, the variable perceived behavioural control and context did not adhere to the criteria, and for that reason, one item was deleted so that the criteria set forth was met.

Appendix 8.2 Cronbach's Alpha - Internal Reliability in West-Flanders (Belgium)

Variable	Numbers of Items Used in Questionnaire	Cronbach's Alpha Value
Intention	3	.88
Attitude	4	.82
Health Consciousness	4	.77
Subjective Norm	2	.78
Perceived Behavioural Control	4	.75
Concern for the Environment	3	.72
Concern for the Local Economy	2	.77
Perceived Quality	3	.72
Food Safety	2	.80
Consumer's Knowledge	4	.75
Information Seeking	3	.83
Context	4	.53

Table 87: Cronbach's alpha value of variables West-Flanders.

From table 87, it can be seen that all variables excluding the variable context adhere to the criteria of a Cronbach's Alpha above 0.6. There was no opportunity to make the context variable reliable by deleting one of the items measuring this construct.

Appendix 8.3 Cronbach's Alpha - Internal Reliability in Wesermarsch District (Germany)

Variable	Numbers of Items Used in Questionnaire	Cronbach's Alpha Value
Intention	3	.92
Attitude	4	.82
Health Consciousness	4	80

Subjective Norm	2	.26
Perceived Behavioural Control	4	.75
Concern for the Environment	3	.56
Concern for the Local Economy	2	.70
Perceived Quality	3	.61
Food Safety	2	.80
Consumer's Knowledge	4	.68
Information Seeking	3	.88
Context	4	.60

Table 88: Cronbach's alpha value of variables Wesermarsch District.

As can be observed from table 88, several predictor variables do not meet the criteria of having a Cronbach's Alpha Value above 0.6. These include subjective norm and concern for the environment and could not be altered to become reliable.

Appendix 8.4 Cronbach's Alpha - Internal Reliability in Denmark

Variable	Numbers of Items Used in Questionnaire	Cronbach's Alpha Value
Intention	3	.93
Attitude	4	.78
Health Consciousness	4	.84
Subjective Norm	2	.49
Perceived Behavioural Control	3 (One Item Deleted)	.63
Concern for the Environment	3	.45
Concern for the Local Economy	2	.73
Perceived Quality	3	.81
Food Safety	2	.66
Consumer's Knowledge	4	.83
Information Seeking	3	.87

Context	4	.49

Table 89: Cronbach's Alpha Value of Variables.

As can be observed from table 89, several predictor variables do not meet the criteria of having a Cronbach's Alpha Value above 0.6. These include subjective norm, perceived behavioural control, concern for the environment, and context. The perceived behavioural control could be made internally reliable by deleting one of the items. The other variables could not be made internally reliable.

Appendix 8.5 Cronbach's Alpha - Internal Reliability in the Northern

Netherlands

Variable	Numbers of Items Used in Questionnaire	Cronbach's Alpha Value		
Intention	3	.94		
Attitude	4	.90		
Health Consciousness	3	.63		
Subjective Norm	2	.68		
Perceived Behavioural Control	2	.55		
Concern for the Environment	3	.68		
Concern for the Local Economy	2	.70		
Perceived Quality	3	.73		
Food Safety	2	.57		
Consumer's Knowledge	4 (One Item Added)	.58 became .61		
Information Seeking	3	.71		
Context	4 (One Item Added)	.50 became .61		

Table 90: Cronbach's Alpha Value of Variables

As can be observed from table 90, several predictor variables do not meet the criteria of having a Cronbach's Alpha Value above 0.6. These include perceived behavioural control, perceived value, food safety, consumer's knowledge, and context. To see if this could be resolved somehow, the items were investigated to see if they also measure other variables. Two of the variables, consumer's knowledge and context, could be salvaged to be internally reliable and to be utilized further.

## **Appendix 9: Correlation Matrix**

The correlation matrix shows the correlation coefficients between all variables to check for multicollinearity. Multicollinearity is to be avoided as it means a high correlation between two or more variables, and the separate effects of them can't be identified. According to Collis et al. (2014) and Garbacz (2018), the cut-off point is when the correlation coefficient is 0.7 or higher.

Appendix 9.1 Correlation Matrix Västra Götaland (Sweden)

	Foo d Saf ety	Attit ude	Intenti on	Health Consci ousnes s	Subjec tive Norm	Concer n for the Enviro nment	Conce rn for the Local Econo my	Percei ved Qualit y	Cons umer 's Kno wled ge	Informati on Seek ing	Co nte xt	Percei ved Behav ioural Contr ol
Food Safety	1.0 0	.18	.24	.64	.10	.21	.18	.41	.32	.26	.27	.25
Attitude	.18	1.00	.28	.11	.20	.19	.29	.40	.22	.23	.41	.17
Intention	.24	.28	1.00	.24	.49	.33	.49	.33	.44	.55	.54	.52
Health Conscious ness	.64	.11	.24	1.00	.10	.27	.21	.21	.31	.21	.21	.28
Subjective Norm	.10	.20	.49	.10	1.00	.21	.23	.19	.39	.32	.39	.30
Concern for the Environm ent	.21	.19	.33	.27	.21	1.00	.20	.30	.44	.41	.34	.22
Concern for the Local Economy	.18	.29	.49	.21	.23	.20	1.00	.27	.34	.26	.32	.41
Perceived Quality	.41	.40	.33	.21	.29	.30	.27	1.00	.38	.40	.48	.28
Consumer 's Knowledg e	.32	.22	.44	.31	.39	.44	.34	.38	1.00	.71	.48	.41
Informatio n Seeking	.26	.23	.55	.21	.32	.41	.26	.40	.71	1.00	.53	.34

Context	.27	.41	.54	.21	.39	.34	.32	.48	.48	.53	1.0 0	.34
Perceived Behaviour al Control	.25	.17	.52	.28	.30	.22	.41	.28	.41	.34	.34	1.00

Table 91: Correlation Matrix to Test for Multicollinearity Västra Götaland (Sweden).

## **Appendix 9.2 Correlation Matrix West-Flanders (Belgium)**

	Foo d Saf ety	Attit ude	Intenti on	Health Consci ousnes s	Subjec tive Norm	Concer n for the Enviro nment	Conce rn for the Local Econo my	Percei ved Qualit y	Cons umer 's Kno wled ge	Infor mati on Seek ing	Cont	Perc eive d Beh avio ural Cont rol
Food Safety	1.0 0	.22	.33	.26	.42	.12	.22	.60	.35	.35	.42	.45
Attitude	.22	1.00	.44	.19	.22	.32	.50	.36	.28	.14	.40	.28
Intention	.33	.44	1.00	.29	.40	.23	.42	.31	.40	.29	.53	.54
Health Conscious ness	.26	.19	.29	1.00	.40	.35	.12	.20	.36	.47	.31	.29
Subjective Norm	.42	.22	.40	.40	1.00	.22	.12	.41	.41	.41	.50	.38
Concern for the Environm ent	.12	.32	.23	.35	.22	1.00	.14	.08	.25	.45	.25	.06
Concern for the Local Economy	.22	.50	.42	.12	.12	.14	1.00	.26	.20	.03	.32	.28
Perceived Quality	.60	.36	.31	.20	.41	.08	.26	1.00	.49	.23	.44	.28
Consumer 's Knowledg e	.35	.28	.40	.36	.41	.25	.20	.49	1.00	.62	.56	.51

Informatio n Seeking	.35	.14	.29	.47	.41	.45	.03	.23	.62	1.00	.45	.35
Context	.42	.40	.53	.31	.50	.25	.32	.44	.56	.45	1.00	.66
Perceived Behaviour al Control	.45	.28	.54	.29	.38	.06	.28	.28	.51	.35	.66	1.00

Table 92: Correlation Matrix to Test for Multicollinearity West-Flanders (Belgium).

## **Appendix 9.3 Correlation Matrix Wesermarsch District (Germany)**

	Foo d Saf ety	Atti tud e	Inten tion	Healt h Consc iousne ss	Subject ive Norm	Concer n for the Enviro nment	Concer n for the Local Econo my	Percei ved Qualit y	Cons umer' s Know ledge	Infor matio n Seeki ng	Co nte xt	Per cei ved Beh avi our al Co ntro
Food Safety	1	0.27	0.52	0.4	0.19	0.49	0.29	0.7	0.57	0.48	0.32	0.37
Attitude	0.27	1	0.56	0.37	0.27	0.25	0.54	0.37	0.34	0.37	0.42	0.22
Intention	0.52	0.56	1	0.21	0.35	0.48	0.49	0.45	0.55	0.6	0.47	0.28
Health Conscious ness	0.4	0.37	0.21	1	0.23	0.32	0.29	0.35	0.32	0.3	0. 34	0.42
Subjective Norm	0.19	0.27	0.35	0.23	1	0.31	0.14	0.25	0.31	0.33	0.38	0.23
Concern for the Environm ent	0.49	0.25	0.48	0.32	0.31	1	0.32	0.42	0.53	0.62	0.46	0.08
Concern for the Local Economy	0.29	0.54	0.49	0.29	0.14	0.32	1	0.27	0.24	0.29	0.33	0.2
Perceived Quality	0.7	0.37	0.45	0.35	0.25	0.42	0.27	1	0.44	0.41	0.39	0.23
Consumer	0.57	0.34	0.55	0.32	0.31	0.53	0.24	0.44	1	0.71	0.51	0.26

's Knowledg e												
Informatio n Seeking	0.48	0.37	0.6	0.3	0.33	0.62	0.29	0.41	0.71	1	0.43	0.1
Context	0.32	0.42	0.47	0.34	0.38	0.46	0.33	0.39	0.51	0.43	1	0.39
Perceived Behaviour al Control	0.37	0.22	0.28	0.42	0.23	0.08	0.2	0.23	0.26	0.1	0.39	1

Table 93: Correlation Matrix to Test for Multicollinearity Wesermarsch District (Germany).

# **Appendix 9.4 Correlation Matrix Denmark**

	Foo d Saf ety	Atti tud e	Inten tion	Healt h Consc iousne ss	Subject ive Norm	Concer n for the Enviro nment	Concer n for the Local Econo my	Percei ved Qualit y	Cons umer' s Know ledge	Infor matio n Seeki ng	Co nte xt	Per cei ved Beh avi our al Co ntro
Food Safety	1	0.12	0.23	0.41	0.03	0.16	0.22	0.09	0.14	0.35	0.18	-0.02
Attitude	0.12	1	0.37	0.09	0.35	0.43	0.4	0.55	0.6	0.32	0.51	0.16
Intention	0.23	0.37	1	0.22	0.32	0.43	0.87	0.27	0.56	0.63	0.56	0.44
Health Conscious ness	0.41	0.09	0.22	1	-0.12	0.19	0.15	-0.19	-0.11	0.14	0.21	0.24
Subjective Norm	0.03	0.35	0.32	-0.12	1	0.52	0.32	0.55	0.58	0.6	0.41	0.26
Concern for the Environm ent	0.16	0.43	0.43	0.19	0.52	1	0.42	0.43	0.52	0.63	0.43	0.22
Concern for the Local Economy	0.22	0.4	0.87	0.15	0.32	0.42	1	0.24	0.59	0.62	0.53	0.34

Perceived Quality	0.09	0.55	0.27	-0.19	0.55	0.43	0.24	1	0.53	0.35	0.36	0.29
Consumer 's Knowledg e	0.14	0.6	0.56	-0.11	0.58	0.52	0.59	0.53	1	0.71	0.56	0.33
Informatio n Seeking	0.35	0.32	0.63	0.14	0.6	0.63	0.62	0.35	0.71	1	0.62	0.34
Context	0.18	0.51	0.56	0.21	0.41	0.43	0.53	0.36	0.56	0.62	1	0.32
Perceived Behaviour al Control	-0.02	0.16	0.44	0.24	0.26	0.22	0.34	0.29	0.33	0.34	0.32	1

Table 94: Correlation Matrix to Test for Multicollinearity Denmark.

## **Appendix 9.5 Correlation Matrix Northern Netherlands**

	Attit ude	Intenti on	Health Consci ousnes s	Subjecti ve Norm	Concern for the Environ ment	Concern for the Local Econom y	Perceiv ed Quality	Consu mer's Knowl edge	Informa tion Seeking	Cont ext
Attitude	1	.44	.38	.25	.36	.37	.55	.45	.41	.37
Intention	.44	1	.27	.54	.34	.35	.43	.61	.46	.61
Health Consciousn ess	.38	.27	1	.21	.42	.49	.31	.34	.51	.30
Subjective Norm	.25	.54	.21	1	.20	.10	.40	.50	.43	.61
Concern for the Environmen t	.36	.34	.42	.20	1	.43	.31	.29	.50	.39
Concern for the Local Economy	.37	.35	.49	0.10	.43	1	0.25	.30	.34	.31
Perceived Quality	.55	.43	.31	.40	.31	.25	1	.51	.41	.53
Consumer's Knowledge	.46	.61	.34	.55	.30	.30	.51	1	.56	.61

Information Seeking	.41	.46	.51	.43	.50	.34	.41	.56	1	.51
Context	.36	.61	.30	.61	.39	.31	.53	.61	.51	1

Table 95: Correlation Matrix to Test for Multicollinearity Northern Netherlands.

## **Appendix 10: Test for Normality**

The testing of normality was performed to see whether the residuals of the dependent (outcome) variables, the attitude towards local food and intention to purchase local food variables, were normally distributed. This is of importance as it will check if hypothesis testing can be carried out. To see this, the Kolmogorov-Smirnov was used. To satisfy the normality criteria, a p-value greater than 0.05 must occur for both attitude towards local food and intention to purchase local food. All the dependent variables for all regions were normally distributed except the attitude towards local food in Västra Götaland. The researcher explored multiple methods to see if normality of the residuals was possible, yet this was not. This has several implications on the analysis and is further discussed in Appendix 5.4 and 11.

## **Appendix 11: Multiple Regression Analysis Elaborated**

# 11.1 Attitude - Västra Götaland (Sweden) Multiple Regression on Predictor Variables

The first multiple regression analysis would be the variable attitude on the remaining predictor variables. However, because the variable attitude was not normally distributed multiple linear regression could not be performed for Västra Götaland. Thus, an alternative was discovered whereby the variable intention is regressed on all predictor variables (Garbacz, 2018).

To further elaborate, the questionnaire shows that the people of Västra Götaland have an extremely positive attitude towards local food with a mean of 6.26. The attitude towards local food is also interestingly distributed, very negatively skewed, in figure 15. This can be resolved next time by asking different questions to measure the variable in Västra Götaland and through collecting a more representative sample. Most respondents were retrieved through convenience sampling, and that mainly consisted of the network of the REFRAME-Partners. These already have a positive association with local food, which could have contributed to the skewed variable. Even though this was to be avoided by randomizing sampling where possible.

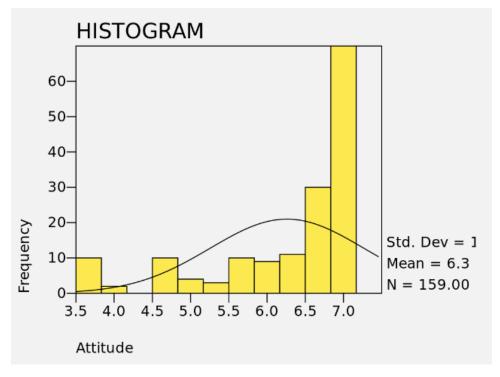


Figure 15: Attitude towards local food distribution histogram Västra Götaland.

As it was not possible to conduct the multiple regression analysis whereby the predictor variables are regressed on attitude towards local food an alternative is proposed. Namely, multiple regression through which the intention to

purchase local food is regressed on all the predictor variables. Garbacz et al. (2018) also utilized this in previous research when running into a similar problem. Furthermore, Michaelidou et al. (2008) already explored a direct relationship between antecedents and the intention to purchase local food. Therefore, the multiple regression on the intention to purchase local food is justified.

# 11.2 Intention - Västra Götaland (Sweden) Multiple Regression on Predictor Variables

#### **Intention Regressed on all Predictor Variables**

Since the other predictor variables first labelled as such for the attitude towards local food variables are now added towards the multiple regression for intention. This does not allow to see how the people's overall attitudes in Västra Götaland are constructed, but it will enable seeing which specific predictor variables that could make up attitudes have a positive relationship with the intention to purchase local food. The subjective norm was not included as it was not internally reliable according to Cronbach's Alpha. Moreover, the variable information seeking intertwined with the variable consumer's knowledge. Through careful examination of the items and the variables themselves, consumer knowledge was chosen as consumer's knowledge. The reason being that consumer's knowledge comes after the other. After this the multiple regression analysis was performed and the results can be seen in table 96.

#### **Coefficients (Testing each independent variable at alpha = .05)**

Predictor Variable	Unstandardized B	Significant or Not significant	Sig.
Food Safety	.00	Not significant	(p = .987)
Health Consciousness	.01	Not significant	(p = .930)
Consumer's Knowledge	.07	Not significant	(p = .404)
Perceived Quality	01	Not significant	(p = .898)
Concern for the Environment	.09	Not significant	(p = .184)
Perceived Behavioural Control	.24	Significant	(p < .001)
Concern for the Local Economy	.39	Significant	(p = .001)
Context	.33	Significant	(p < .001)
Attitude Towards Local Food	.01	Not significant	(p = .884)

Table 96: Coefficients of all predictor variables on the intention to purchase local food.

Whereas the model summary and anova (See Appendix 13.1) table look at the predictor variables collectively, the coefficient table examines each individually. Table 96 shows that three predictor variables namely concern for the local economy, context, and perceived behavioural control adhere to the p-value less than 0.05 criteria. This indicates that these variables are significantly predicting/explaining the intention to purchase local food. So the significant predictor variables as p < 0.05 it means that they explain an amount of unique variance in the intention to purchase local food. The regression coefficient (Unstandardized B) shows the relationship between the dependent/outcome variable and each independent/predictor variable (Yee & San, 2011). The higher the unstandardized B value, the stronger the relationship is. From table 96, it can be seen that concern for the local economy made the strongest contribution to the prediction of intention to purchase local food. Therefore, explaining most of the adjusted  $R^2$  (45% - from Appendix 13.1) and followed by context and perceived behavioural control.

# 11.3 Attitude - West-Flanders (Belgium) Multiple Regression on Predictor Variables

The first multiple regression analysis is that of the variable attitude on the remaining predictor variables. From PSPP, various things are of interest and will be used in the checking of the hypotheses. Before jumping into the PSPP output, it should be pointed out that the variable context has been excluded from the multiple regression analysis. The reason for exclusion is that the variable did not adhere to the Cronbach's Alpha criteria set (Please see Appendix 65.4). It should be noted that the other variables, not significant, have been taken away from the regression one by one from largest to smallest to see if they interacted with the other variables. From this process, the variable perceived behavioural control became significant. The output of PSPP after performing a multiple regression analysis is using first presenting the model summary, anova table, and coefficients table. The model summary and anova table can be seen in appendix 12.1. These are important for this research as they see if the predictor variables, when considered together, as a group, predict the dependent variable attitude towards local food. Below is the coefficients table from the PSPP output that allows for hypothesis testing.

Coefficients	(Testing	each inde	pendent	variable	at alj	pha =	.05)	)
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Predictor Variable	Unstandardized B	Significant or Not significant	Sig.
Food Safety	06	Not Significant	(p = .217)
Perceived Quality	.22	Significant	(p = .001)
Concern for the Environment	.23	Significant	(p < .001)

Information Seeking	06	Not significant	(p = .213)
Concern for the Local Economy	.39	Significant	(p < .001)
Perceived Behavioural Control	.14	Significant	(p = .043)
Subjective Norm	.01	Not significant	(p = .838)
Health Consciousness	.01	Not significant	(p = .844)

Table 97: Coefficients of predictor variables on attitude towards local food.

Whereas the model summary and anova table look at the independent variables collectively, the coefficient table examines each individually. Table 97 shows that four independent variables perceived quality, concern for the environment, concern for the local economy, and perceived behavioural control adhere to the p-value less than 0.05 criteria. This indicates that these variables are significantly predicting/explaining the attitude towards local food. So the significant predictor variables as p < 0.05 it means that they explain an amount of unique variance in the attitude towards local food. The regression coefficients (Unstandardized B) shows the relationship between the dependent/outcome variable and each independent/predictor variable (Yee & San, 2011). The higher the unstandardized B value, the stronger the relationship is. Table 97 shows that concern for the local economy made the strongest contribution to the prediction of attitude towards local food. Therefore, explaining most of the adjusted  $R^2$  (36% - from Appendix 12.1) and followed by concern for the environment, perceived quality, and perceived behavioural control.

# 11.4 Intention - West-Flanders (Belgium) Multiple Regression on Predictor Variables

#### **Intention on Predictor Variables**

The second multiple regression analysis for West-Flanders looks at the intention regressed on the predictor variables attitude towards local food, perceived behavioural control, and subjective norm from the conceptual framework. After performing the multiple regression analysis, the following predictor variables in table 98 remained.

#### Coefficients (Testing each independent variable at alpha = .05)

Predictor Variable	Unstandardized B	Significant or Not significant	Sig.
Attitude towards local food	.31	Significant	(p < .001)

Subjective Norm	.13	Significant	(p = .004)
Perceived Behavioural Control	.39	Significant	(p < .001)

Table 98: Coefficients of predictor variable attitude towards local food, subjective norm, and perceived behavioural control on the intention to purchase local food.

Whereas the model summary and anova table (Appendix 13.2) look at the independent variables collectively, the coefficient table examines each individually. Table 98 shows that all independent variables, attitude towards local food, subjective norm, and perceived behavioural control adhere to the p-value less than 0.05 criteria. This indicates that all independent variables are significantly predicting/explaining the intention to purchase local food. So the significant predictor variables as p < 0.05 it means that they explain an amount of unique variance in the intention to purchase local food. The regression coefficients (Unstandardized B) shows the relationship between the dependent/outcome variable and each independent variable (Yee & San, 2011). The higher the unstandardized B value, the stronger the relationship is. Table 98 shows that perceived behavioural control made the strongest contribution to the prediction of intention to purchase local food. Therefore, explaining most of the adjusted  $R^2$  (40% - from Appendix 13.2) and followed closely by attitude towards local food and subjective norm.

# 11.5 Attitude - Wesermarsch District (Germany) Multiple Regression on Predictor Variables

The first multiple regression analysis for Wesermarsch District is the variable attitude on the remaining predictor variables. From PSPP, various things are of interest and will be used in the checking of the hypotheses. Before jumping into the PSPP output, it should be pointed out that the variable subjective norm and concern for the environment have been excluded from the multiple regression analysis. The exclusion of these variables was because they did not adhere to the Cronbach's Alpha criteria set (Please see Appendix 5.4). Furthermore, the predictor variable information seeking was not included as it clashed with the predictor variable consumer's knowledge. It should be noted that the other variables, not significant, have been taken away from the regression one by one from largest to smallest to see if they interacted with the other variables. From this process, the variable perceived behavioural control became significant. The output of PSPP after performing a multiple regression analysis is using the enter method, among other things, first presenting the model summary, anova table, and coefficients table. The model summary and anova table can be seen in appendix 12.2. These are important for this research as they see if the predictor variables, when considered together, as a group, predict the dependent variable attitude towards local food. Below is the coefficients table from the PSPP output that allows for hypothesis testing.

#### Coefficients (Testing each independent variable at alpha = .05)

Predictor Variable	Unstandardized B	Significant or Not significant	Sig.
Perceived Quality	.14	Not significant	(p = .067)
Context	.19	Significant	(p = .028)
Concern for the Local Economy	.52	Significant	(p < .001)

Table 99: Coefficients of predictor variables on attitude towards local food.

Whereas the model summary and anova table look at the independent variables collectively, the coefficient table examines each individually. Table 99 shows that two independent variables namely concern for the economy and context, adhere to the p-value less than 0.05 criteria. This indicates that these variables are significantly predicting/explaining the attitude towards local food. So the significant predictor variables as p < 0.05 it means that they explain an amount of unique variance in the attitude towards local food. The regression coefficients (Unstandardized B) shows the relationship between the dependent/outcome variable and each independent variable (Yee & San, 2011). The higher the unstandardized b value, the stronger the relationship is. Table 99 shows that concern for the local economy made the strongest contribution to the prediction of intention to purchase local food with the variable attitude towards local food following close behind. Therefore, explaining most of the adjusted  $R^2$  (36% - from Appendix 12.2) and followed by context.

# 11.6 Intention - Wesermarsch District (Germany) Multiple Regression on Predictor Variables

#### **Intention on Predictor Variables**

The second multiple regression analysis for West-Flanders looks at the intention regressed on the predictor variables attitude towards local food, perceived behavioural control from the conceptual framework. As previously mentioned the variable subjective norm was not internally reliable and therefore not included. After performing the multiple regression analysis, the following predictor variables in table 100 remained.

#### **Coefficients (Testing each independent variable at alpha = .05)**

Predictor Variable	Unstandardized B	Significant or Not significant	Sig.
Attitude towards local food	.76	Significant	(p < .001)
Perceived Behavioural	.19	Not significant	(p = .068)

Control		

Table 100: Coefficients of predictor variable attitude towards local food and perceived behavioural control on the intention to purchase local food.

Whereas the model summary and anova table (Appendix 13.3) look at the independent variables collectively, the coefficient table examines each individually. Table 100 shows that the independent variables attitude towards local food and perceived behavioural control adhere to the p-value less than 0.05 criteria. This indicates that these independent variables are significantly predicting/explaining the intention to purchase local food. So the significant predictor variables as p < 0.05 it means that they explain an amount of unique variance in the intention to purchase local food. The regression coefficients (Unstandardized B) shows the relationship between the dependent/outcome variable and each independent variable (Yee & San, 2011). The higher the unstandardized B value, the stronger the relationship is. Table 100 shows that attitude towards local food made the strongest contribution to the prediction of intention to purchase local food. Therefore, explaining most of the adjusted  $R^2$  (33% - from Appendix 13.3) and followed by perceived behavioural control.

#### 11.7 Attitude - Denmark Multiple Regression on Predictor Variables

The first multiple regression analysis for Denmark is that of the variable attitude on the remaining predictor variables. From PSPP, various things are of interest and will be used in the checking of the hypotheses. Before jumping into the PSPP Output, it should be pointed out that the variable context, concern for the environment, and information seeking has been excluded from the multiple regression analysis. The reason being that this variable did not adhere to the Cronbach's Alpha criteria set (Please see Appendix 6.4) or clashed in the correlation matrix. It should be noted that the other variables, not significant, have been taken away from the regression one by one from largest to smallest to see if they interacted with the other variables. The output of PSPP after performing a multiple regression analysis is using the enter method, among other things, first presenting the model summary, anova table, and coefficients table. The model summary and anova table can be seen in appendix 12.3. These are important for this research as they see if the predictor variables, when considered together, as a group, predict the dependent variable attitude towards local food. Below is the coefficients table from the PSPP output that allows for hypothesis testing.

#### Coefficients (Testing each independent variable at alpha = .05)

Predictor Variable	Unstandardized B	Significant or Not significant	Sig.
Health Consciousness	.16	Significant	(p = .005)
Consumers's Knowledge	.38	Significant	(p < .001)

Perceived Quality	.32	Significant	(p < .001)
Perceived Behavioural Control	16	Not significant	(p = .077)

Table 101: Coefficients of predictor variables on attitude towards local food.

Whereas the model summary and anova table look at the independent variables collectively, the coefficient table examines each individually. Table 101 shows that four independent variables consumer's knowledge, perceived quality, and health consciousness adhere to the p-value less than 0.05 criteria. This indicates that these variables are significantly predicting/explaining the attitude towards local food. So the significant predictor variables as p < 0.05 it means that they explain an amount of unique variance in the attitude towards local food. The regression coefficients (Unstandardized B) shows the relationship between the dependent/outcome variable and each independent variable (Yee & San, 2011). The higher the unstandardized B value, the stronger the relationship is. Table 101 shows that consumer's knowledge made the strongest contribution to the prediction of intention to purchase local food. Therefore, explaining most of the adjusted  $R^2$  (47% - from Appendix 12.3) and followed by perceived quality and health consciousness.

# 11.8 Intention - Denmark Multiple Regression on Predictor Variables Intention on Predictor Variables

The second multiple regression analysis for Denmark looks at the intention regressed on the predictor variables attitude towards local food, perceived behavioural control from the conceptual framework. As previously stated the variable subjective norm was excluded due to not being internally reliable. After performing the multiple regression analysis the following predictor variables in table 102 remained, which were revealed to be significant.

#### Coefficients (Testing each independent variable at alpha = .05)

Predictor Variable	Unstandardized B	Significant or Not significant	Sig.
Attitude towards local food	.46	Significant	(p = .002)
Perceived Behavioural Control	.57	Significant	(p < .001)

Table 105: Coefficients of predictor variable attitude towards local food and perceived behavioural control on the intention to purchase local food.

Whereas the model summary and anova table (Appendix 13.4) look at the independent variables collectively, the coefficient table examines each individually. Table 105 shows that the independent variables, attitude towards local

food and perceived behavioural control adhere to the p-value less than 0.05 criteria. This indicates that these independent variables are significantly predicting/explaining the intention to purchase local food. So the significant predictor variables as p < 0.05 it means that they explain an amount of unique variance in the intention to purchase local food. The regression coefficients (unstandardized B) shows the relationship between the dependent/outcome variable and each independent variable (Yee & San, 2011). The higher the unstandardized B value, the stronger the relationship is. Table 102 shows that perceived behavioural control made the strongest contribution to the prediction of intention to purchase local food with the variable attitude towards local food following close behind. Therefore, explaining most of the adjusted  $R^2$  (27% - from Appendix 13.4) and followed closely by attitude towards local food.

# 11.9 Attitude - Northern Netherlands Multiple Regression on Predictor Variables

The first multiple regression analysis is that of the variable attitude on the remaining predictor variables. From SPSS (Regression from previous research), various things are of interest and will be used in the checking of the hypothesis. Before jumping into the SPSS output, it should be pointed out that the variables information seeking, health consciousness, and perceived behavioural control are excluded from the multiple regression analysis. The reason for this being that they clashed with the other variable to such extent that it affected their significance level or due not being internally reliable. The variable information seeking intertwined with the variable consumer's knowledge. Through careful examination of the items and the variables themselves, consumer knowledge was chosen as consumer's knowledge is of importance in the shaping of the attitude and information seeking in the shaping of the knowledge. Furthermore, when reading the results, it should be noted that some predictor variables measurement items were altered to be internally reliable. This was applicable for the variables consumer's knowledge and context, and the final measurement items can be seen in appendix 3.6 (Numbered list 12 and 14). The variable health consciousness clashed with concern for the local economy and as the concern for the local economy was significant, and health consciousness was not it was excluded. Furthermore, the variable perceived behavioural control did not adhere to the criteria of the Cronbach's Alpha and was therefore excluded. The output of SPSS after performing a multiple regression analysis is, among other things, first presenting the model summary, anova table, and coefficients table. The model summary and anova table can be seen in appendix 12.4. These are important for this research as they see if the predictor variables, when considered together, as a group, predict the dependent variable attitude towards local food. The SPSS output can be seen below with accompanying explanation.

#### Coefficients (Testing each independent variable at alpha = .05)

Predictor Variable	Unstandardized B	Significant or Not Significant	Sig.
Concern for the Environment	.13	Not significant	(p = .086)

Concern for the Local Economy	.20	Significant	(p = .022)
Perceived Quality	.42	Significant	(p < .001)
Consumer's Knowledge	.22	Significant	(p = .024)
Subjective Norm	03	Not Significant	(p = .662)
Context	06	Not Significant	(p = .552)

Table 103: Coefficients of predictor variables on attitude towards local food.

Whereas the model summary and anova table look at the predictor variables collectively, the coefficients table examines each individually. Table 103 shows that three predictor variables, concern for the local economy, perceived quality, and consumer's knowledge adhere to the p-value less than 0.05 criteria. These three are significant predictors of attitude towards local food, while the other variables are not. So the significant predictor variables as p < 0.05 it means that they explain an amount of unique variance in the attitude towards local food. The regression coefficients (Unstandardized B) shows the relationship between the dependent/outcome variable and each independent variable (Yee & San, 2011). The higher the unstandardized B value, the stronger the relationship is. The regression coefficients (Unstandardized B) show that the predictor variable perceived quality made the strongest contribution to the prediction of attitude. Therefore, explaining most of the Adjusted R<sup>2</sup> (37% - from Appendix 12.4) and followed by the predictor variable consumer knowledge and concern for the local economy.

# 11.10 Intention - Northern Netherlands Multiple Regression on Predictor Variables

#### **Intention on Predictor Variable**

The second multiple regression analysis is that of intention regressed on the variables attitude and subjective norm from the conceptual framework. As previously stated the variable perceived behavioural control was excluded due to not being internally reliable. The SPSS output (Regression from previous research) shows various aspects that are interesting and will be used in the checking of the hypothesis. The output of SPSS after performing a multiple regression analysis is, among other things, first presenting the model summary, anova table, and coefficients table. The model summary and anova table can be seen in appendix 13.5. These are important for this research as they see if the independent variables, attitude and subjective norm, when considered together as a group, predict the dependent variable intention to purchase local food. After performing the multiple regression analysis the following predictor variables in table 104 remained.

#### Coefficients (Testing each independent variable at alpha = .05)

Predictor Variable	Unstandardized B	Significant or Not significant	Sig.
Attitude towards local food	.46	Significant	(p < .001)
Subjective Norm	.53	Significant	(p < .001)

Table 104: Coefficients of predictor variable attitude towards local food and subjective norm on intention to purchase local food.

Whereas the model summary and anova table (Appendix 13.5) look at the independent variables collectively, the coefficient table examines each individually. Table 104 shows that the independent variables, attitude towards local food and subjective norm adhere to the p-value less than 0.05 criteria. This indicates that these independent variables are significantly predicting/explaining the intention to purchase local food. So the significant predictor variables as p < 0.05 it means that they explain an amount of unique variance in the intention to purchase local food. The regression coefficients (unstandardized B) shows the relationship between the dependent/outcome variable and each independent variable (Yee & San, 2011). The higher the unstandardized B value, the stronger the relationship is. Table 104 shows that subjective norm made the strongest contribution to the prediction of intention to purchase local food with the variable attitude towards local food following close behind. Therefore, explaining most of the adjusted  $R^2$  (39% - from Appendix 13.5) and followed closely by attitude towards local food.

## 11.11 Model Presenting Tested Hypothesis with Results

Now that Cronbach's Alpha (Appendix 8), correlation matrix (Appendix 9), and test for normality (Appendix 10) has been determined for the various regions, the next step is the multiple regression analysis. Two multiple regression analyses are conducted per region/country to test the literature review's hypotheses, expect Västra Götaland. In the first analyses, the attitude towards local food will be regressed on the predictor variables. In the second analysis, the intention will be regressed on attitude towards local food, subjective norm, and perceived behavioural control. For Västra Götaland a multiple regression analysis is performed whereby the intention is regressed on all predictor variables.

Multiple regression analyses have been performed and the results can be seen in the figures below. From these the set out hypotheses have either been supported, not supported, or excluded. An overview of this per REFRAME region can be seen in Appendix 14. Moreover, the models below are a visual representation of the hypothesis and consequently, an updated conceptual framework for the five different REFRAME regions. The regression coefficients between the variables shows the contribution made to the prediction of the set dependent variable. For instance, when looking at figure 17, we can see that the variable perceived behavioural control causes the most

change in the intention to purchase local food. Furthermore, the adjusted  $R^2$  shows the percentage of variation explained by the predictor variables (The variables are bold when they contribute to the adjusted  $R^2$ ). So, for figure 17 this would mean that these three variables explain 40% of the change in the intention to purchase local food.

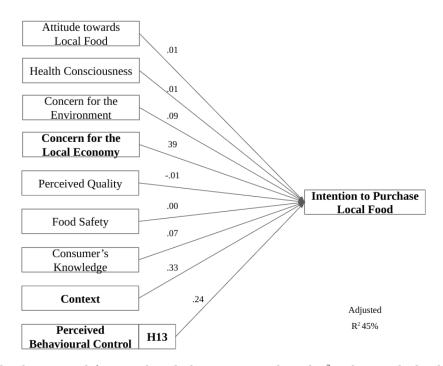


Figure 16: Updated conceptual framework with the respective adjusted  $R^2$  and unstandardized B coefficients of Västra Götaland (Sweden) - Intention on all predictor variables.

#### **West-Flanders (Belgium)**

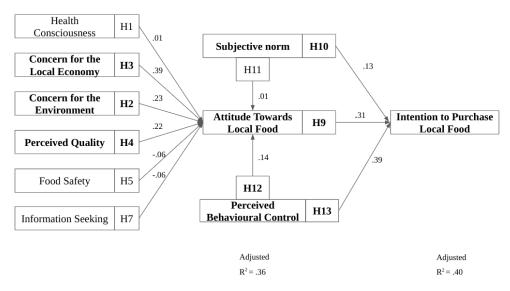


Figure 17: Updated conceptual framework with the respective adjusted  $R^2$  and unstandardized B coefficients of West-Flanders (Belgium) - Attitude and intention regressed on predictor variables.

#### **Wesermarsch District (Germany)**

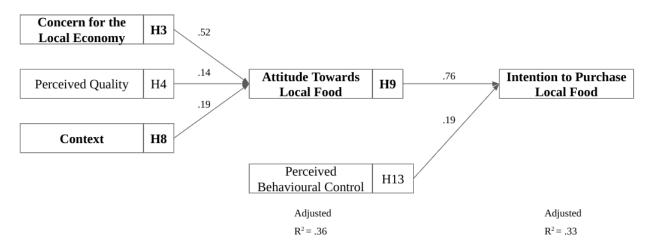


Figure 18: Updated conceptual framework with the respective adjusted  $R^2$  and unstandardized B coefficients of Wesermarsch District (Germany) - Intention and attitude regressed on predictor variables.

#### Denmark

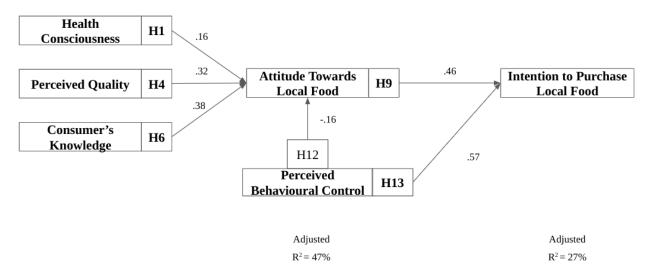


Figure 19: Updated conceptual framework with the respective adjusted  $R^2$  and unstandardized B coefficients of Denmark - Intention and attitude regressed on predictor variables.

#### **Northern Netherlands**

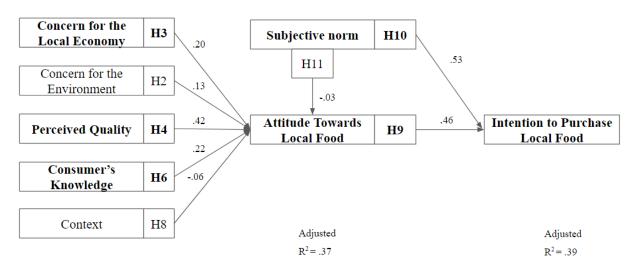


Figure 20: Updated conceptual framework with the respective adjusted  $R^2$  and unstandardized B coefficients of Northern Netherlands - Intention and attitude regressed on predictor variables.

# Appendix 12: Attitude - Multiple Regression on Predictor Variables Appendix 12.1 Attitude - Model Summary and Anova Table West-Flanders (Belgium)

R Square (R²)	Adjusted R Square
.39	.36

Table 105: Model summary table of attitude regressed on perceived quality, concern for the environment, information seeking, concern for the local economy, subjective norm, perceived behavioural control, health consciousness, and food safety.

a. Predictors: Perceived Quality, Concern for the Environment, Information Seeking, Concern for the Local Economy, Subjective Norm, Perceived Behavioural Control, Health Consciousness, and Food Safety.

The model summary, table 105, shows different results; the important figure to look at is the Adjusted  $R^2$ . The Adjusted  $R^2$  is .36 and means that the significant predictor's variables concern for the local economy, concern for the environment, perceived quality, and perceived behavioural control when taken together as a set account for 36% of the variance in the dependent variable attitude towards local food.

**Anova - (Test Using Alpha = .05)** 

	Sum of Squares	df	Mean Square	F	Sig.
Regression	43.68	8	5.46	13.10	.000
Residual	67.94	163	.42		
Total	111.62	171			

Table 106: Anova table of attitude regressed on predictor variables (West-Flanders).

The anova, table 106, continues upon the model summary table by looking at the Adjusted  $R^2$  and seeing if it is significantly greater than zero. If the Sig. (p-value) is less than .05 than the regression is significant. As can be seen from table 106, the p-value is less than .05, so the Adjusted  $R^2$  is significantly greater than zero. Resulting in that the predictor variables can account for a significant amount of variance in the attitude towards local food. So, the regression model is statistically significant as tested at F (8,163) = 13.10, p < .001, Adjusted  $R^2$  = .36.

# Appendix 12.2 Attitude - Model Summary and Anova Table Wesermarsch District (Germany)

R Square (R²)	Adjusted R Square	
.39	.36	

Table 107: Model summary table of attitude regressed on predictor variables (Wesermarsch District).

a. Predictors: Perceived Quality, Context, and Concern for the Local Economy.

The model summary, table 107, shows different results; the important figure to look at is the Adjusted  $R^2$ . The Adjusted  $R^2$  is .36 and means that when the significant predictor's variables context and concern for the local economy account when taken together as a set account for 36% of the variance in the dependent variable attitude towards local food.

Anova - (Test Using Alpha = .05)

	Sum of Squares	df	Mean Square	F	Sig.
Regression	26.74	3	8.91	17.40	.000
Residual	42.52	83	.51		
Total	69.26	86			

Table 107: Anova table of attitude regressed on predictor variables (Wesermarsch District).

The anova, table 107, continues upon the model summary table by looking at the Adjusted  $R^2$  and seeing if it is significantly greater than zero. If the Sig. (p-value) is less than .05 than the regression is significant. As can be seen from table 107, the p-value is less than .05, so the Adjusted  $R^2$  is significantly greater than zero. Resulting in that the predictor variables can account for a significant amount of variance in the attitude towards local food. So, the regression model is statistically significant as tested at F (3,83) = 17.40, p < .001, Adjusted  $R^2$  = .36.

### Appendix 12.3 Attitude - Model Summary and Anova Table Denmark

R Square (R²)	Adjusted R Square
.50	.47

Table 108: Model summary table of attitude regressed on predictor variables (Denmark).

a. Predictors: Health Consciousness, Consumer's Knowledge, Perceived Quality, and Perceived Behavioural Control.

The model summary, table 108, shows different results; the important figure to look at is the Adjusted  $R^2$ . The Adjusted  $R^2$  is .47 and means that when the significant predictor's variables health consciousness, consumer's knowledge, and perceived quality account when taken together as a set account for 47% of the variance in the dependent variable attitude towards local food.

Anova - (Test Using Alpha = .05)

	Sum of Squares	df	Mean Square	F	Sig.
Regression	37.25	4	9.31	18.16	.000
Residual	37.44	73	.51		
Total	74.69	77			

Table 109: Anova table of attitude regressed on predictor variables (Denmark).

The anova, table 109, continues upon the model summary table by looking at the Adjusted  $R^2$  and seeing if it is significantly greater than zero. If the Sig. (p-value) is less than .05 than the regression is significant. As can be seen from table 109, the p-value is less than .05, so the Adjusted  $R^2$  is significantly greater than zero. Resulting in that the predictor variables can account for a significant amount of variance in the attitude towards local food. So, the regression model is statistically significant as tested at F (4,73) = 18.16, p < .001, Adjusted  $R^2$  = .47.

Appendix 12.4 Attitude - Model Summary and Anova Table Northern

Netherlands

R Square (R²)	Adjusted R Square	
.40	.37	

Table 110: Model summary table of attitude regressed on predictor variables (Northern Netherlands).

a. Predictors: Context, Concern for the Environment, Concern for Local Economy, Perceived Quality, Consumer's Knowledge, Subjective norm.

The model summary, table 110, shows different results; the important figure to look at is the adjusted  $R^2$ . The adjusted  $R^2$  is .37 and means that when the predictor's variables concern for the environment, concern for the local

economy, perceived quality, information seeking, subjective norm, and context account when taken together as a set account for 37% of the variance in the dependent variable attitude towards local food.

**Anova - (Test Using Alpha = .05)** 

	Sum of Squares	df	Mean Square	F	Sig.
Regression	66.309	6	11.051	15.946	.000b
Residual	100.492	145	.693		
Total	166.801	151			

Table 111: Anova table of attitude regressed on predictor variables.

The anova, table 111, continues upon the model summary table by looking at the Adjusted  $R^2$  and seeing if it is significantly greater than zero. If the Sig. (p-value) is less than .05 than the regression is significant. As can be seen from table 111, the p-value is less than .05, so the Adjusted  $R^2$  is significantly greater than zero. Resulting in that the predictor variables can account for a significant amount of variance in the attitude towards local food. So, the regression model is statistically significant as tested at F (6,145) = 15.95, p < .001, Adjusted R2 = .37.

# Appendix 13: Intention - Multiple Regression on Predictor Variables Appendix 13.1 Intention - Model Summary and Anova Table Västra Götaland (Sweden)

#### **Intention on all predictor variables**

R Square (R²)	Adjusted R Square	
.48	.45	

Table 112: Model summary table of intention regressed on food safety, health consciousness, consumer's knowledge, perceived quality, concern for the environment, perceived behavioural control, concern for the local economy, context, and attitude towards local food.

 a. Predictors: Food Safety, Health Consciousness, Consumer's Knowledge, Perceived Quality, Concern for the Environment, Perceived Behavioural Control, Concern for the Local Economy, Context, and Attitude Towards Local Food.

The model summary, table 112, shows different results; the important figure to look at is the Adjusted  $R^2$ . The Adjusted  $R^2$  is .45 when rounded to two decimals and means that the variables concern for the local economy, context, and perceived behavioural control when taken together as a set account for 45% of the variance in the dependent variable intention to purchase local food.

#### Anova (Test using alpha = .05)

	Sum of Squares	df	Mean Square	F	Sig.
Regression	70.91	9	7.88	15.11	.000
Residual	77.68	149	.52		
Total	148.58	158			

Table 113: Anova table of intention regressed on food safety, health consciousness, consumer's knowledge, perceived quality, concern for the environment, perceived behavioural control, concern for the local economy, context, and attitude towards local food.

The anova, table 113, continues upon the model summary table by looking at the Adjusted  $R^2$  and seeing if it is significantly greater than zero. If the Sig (p-value) is less than .05 than the regression is significant. As can be seen from table 113, the p-value is less than .05, so the Adjusted  $R^2$  is significantly greater than zero. Resulting in that the

independent variables can account for a significant amount of variance in the intention to purchase local food. So, the regression model is statistically significant as tested at F (9,149) = 15.11, p < .001, Adjusted  $R^2 = .45$ .

# Appendix 13.2 Intention - Model Summary and Anova Table West-Flanders (Belgium)

R Square (R²)	Adjusted R Square
.41	.40

Table 114: Model summary table of intention regressed on attitude, subjective norm, and perceived behavioural control.

a. Predictors: Attitude Towards Local Food, Subjective Norm, and Perceived Behavioural Control.

The model summary, table 114, shows different results; the important figure to look at is the Adjusted  $R^2$ . The Adjusted  $R^2$  is .40 when rounded to two decimals and means that the significant predictor variables attitude towards local food, subjective norm, and perceived behavioural control when taken together as a set account for 40% of the variance in the dependent variable intention to purchase local food.

#### Anova (Test using alpha = .05)

	Sum of Squares	df	Mean Square	F	Sig.
Regression	54.82	3	18.27	39.60	.000
Residual	77.53	168	.46		
Total	132.34	171			

Table 115: Anova table of intention regressed on attitude, subjective norm, and perceived behavioural control.

The anova, table 115, continues upon the model summary table by looking at the Adjusted  $R^2$  and seeing if it is significantly greater than zero. If the Sig (p-value) is less than .05 than the regression is significant. As can be seen from table 115, the p-value is less than .05, so the Adjusted  $R^2$  is significantly greater than zero. Resulting in that the independent variables can account for a significant amount of variance in the intention to purchase local food. So, the regression model is statistically significant as tested at F (3,168) = 18.27, p < .001, Adjusted  $R^2$  = .40.

# Appendix 13.3 Intention - Model Summary and Anova Table Wesermarsch District (Germany)

R Square (R²)	Adjusted R Square
.35	.33

Table 116: Model summary table of intention regressed on attitude and perceived behavioural control.

a. Predictors: Attitude Towards Local Food, Perceived Behavioural Control.

The model summary, table 116, shows different results; the important figure to look at is the Adjusted  $R^2$ . The Adjusted  $R^2$  is .33 when rounded to two decimals and means that the significant predictor variable attitude towards local food when taken accounts for 33% of the variance in the dependent variable intention to purchase local food.

#### Anova (Test using alpha = .05)

	Sum of Squares	df	Mean Square	F	Sig.
Regression	50.06	2	25.03	22.17	.000
Residual	94.83	84	1.13		
Total	144.89	86			

Table 117: Anova table of intention regressed on attitude and perceived behavioural control.

The anova, table 117, continues upon the model summary table by looking at the Adjusted  $R^2$  and seeing if it is significantly greater than zero. If the Sig (p-value) is less than .05 than the regression is significant. As can be seen from table 117, the p-value is less than .05, so the Adjusted  $R^2$  is significantly greater than zero. Resulting in that the independent variables can account for a significant amount of variance in the attitude towards local food. So, the regression model is statistically significant as tested at F (2,84) = 22.17, p < .001, Adjusted  $R^2$  = .33.

## Appendix 13.4 Intention - Model Summary and Anova Table Denmark

R Square (R²)	Adjusted R Square
.29	.27

Table 118: Model summary table of intention regressed on attitude and perceived behavioural control.

a. Predictors: Attitude Towards Local Food and Perceived Behavioural Control.

The model summary, table 118, shows different results; the important figure to look at is the Adjusted  $R^2$ . The Adjusted  $R^2$  is .27 when rounded to two decimals and means that the significant predictor variables attitude towards local food and perceived behavioural control when taken together as a set account for 27% of the variance in the dependent variable intention to purchase local food.

#### Anova (Test using alpha = .05)

	Sum of Squares	df	Mean Square	F	Sig.
Regression	47.36	2	23.68	15.09	.000
Residual	117.68	75	1.57		
Total	165.05	77			

Table 119: Anova table of intention regressed on attitude and perceived behavioural control.

The anova, table 119, continues upon the model summary table by looking at the Adjusted  $R^2$  and seeing if it is significantly greater than zero. If the Sig (p-value) is less than .05 than the regression is significant. As can be seen from table 119, the p-value is less than .05, so the Adjusted  $R^2$  is significantly greater than zero. Resulting in that the independent variables can account for a significant amount of variance in the intention to purchase local food. So, the regression model is statistically significant as tested at F (2,75) = 15.09, p < .001, Adjusted  $R^2$  = .27.

# Appendix 13.5 Intention - Model Summary and Anova Table Northern Netherlands

R Square (R²)	Adjusted R Square
.40	.39

Table 120: Model summary table of intention regressed on attitude and subjective norm.

a. Predictors: Attitude Towards Local Food, Subjective Norm.

The model summary, table 120, shows different results; the important figure to look at is the Adjusted  $R^2$ . The Adjusted  $R^2$  is .39 when rounded to two decimals and means that the variables attitude towards local food and subjective norm when taken together as a set account for 39% of the variance in the dependent variable intention to purchase local food.

#### Anova (Test using alpha = .05)

	Sum of Squares	df	Mean Square	F	Sig.
Regression	128.264	2	64.132	48.727	.000ь
Residual	196.106	149	1.316		
Total	324.369	151			

Table 121: Anova table of intention regressed on attitude and subjective norm.

The anova, table 121, continues upon the model summary table by looking at the Adjusted  $R^2$  and seeing if it is significantly greater than zero. If the Sig (p-value) is less than .05 than the regression is significant. As can be seen from table 121, the p-value is less than .05, so the Adjusted  $R^2$  is significantly greater than zero. Resulting in that the independent variables can account for a significant amount of variance in the attitude towards local food. So, the regression model is statistically significant as tested at F (2,149) = 48.73, p < .001, Adjusted R Squared = .39.

#### **Intention on all predictor variables**

R Square (R²)	Adjusted R Square
.52	.50

Table 122: Model summary table of intention regressed on concern for the environment, concern for the local economy, consumer's knowledge, subjective norm, context, attitude, health consciousness, and perceived quality.

a. Predictors: Concern for the Environment, Concern for the Local Economy, Consumer's Knowledge,
 Subjective Norm, Context, Attitude, Health Consciousness, and Perceived Quality.

The model summary, table 122, shows different results; the important figure to look at is the Adjusted  $R^2$ . The Adjusted  $R^2$  is .50 when rounded to two decimals and means that the significant predictor variables concern for the local economy, consumer's knowledge, context, subjective norm, and attitude towards local food when taken together as a set account for 50% of the variance in the dependent variable intention to purchase local food.

#### Anova (Test using alpha = .05)

	Sum of Squares	df	Mean Square	F	Sig.
Regression	169.31	8	21.16	19.52	.000
Residual	155.06	143	1.08		
Total	324.37	151			

Table 123: Anova table of intention regressed concern for the environment, concern for the local economy, consumer's knowledge, subjective norm, context, attitude, health consciousness, and perceived quality.

The anova, table 123, continues upon the model summary table by looking at the Adjusted  $R^2$  and seeing if it is significantly greater than zero. If the Sig (p-value) is less than .05 than the regression is significant. As can be seen from table 123, the p-value is less than .05, so the Adjusted  $R^2$  is significantly greater than zero. Resulting in that the independent variables can account for a significant amount of variance in the intention to purchase local food. So, the regression model is statistically significant as tested at F (8,143) = 19.52, p < .001, Adjusted  $R^2$  = .50.

# **Appendix 14: Hypothesis Testing**

## Appendix 14.1 Hypothesis Testing - Västra Götaland (Sweden)

From the analyses conducted the hypothesis set out in the literature review can be tested and seen in table 124.

Hypothesis	Supported, not supported, or excluded.
H1: There is a positive relationship between health consciousness and attitude towards local food.	Excluded
H2: There is a positive relationship between concern for the environment and attitude towards local food.	Excluded
H3: There is a positive relationship between concern for the local economy and attitude towards local food.	Excluded
H4: There is a positive relationship between perceived quality and attitude towards local food.	Excluded
H5: There is a positive relationship between food safety and attitude towards local food.	Excluded
H6: There is a positive relationship between consumer's knowledge and attitude towards local food.	Excluded
H7: There is a positive relationship between information seeking and attitude towards local food.	Excluded
H8: There is a positive relationship between context and attitude towards local food.	Excluded
H9: Positive attitudes toward local food will have a positive impact on the intention to purchase local food.	Not supported
H10: There is a positive relationship between subjective norm and attitude.	Excluded
H11: Subjective norm has a positive influence on the intention to purchase local food.	Excluded

H12: There is a positive relationship between perceived behavioural control and attitude.	Excluded
H13: Perceived behavioural control will have a	Supported
positive influence on the intention to purchase local	
food.	

Table 124: Hypothesis testing for Västra Götaland (Sweden).

## **Appendix 14.2 Hypothesis Testing - West-Flanders (Belgium)**

From the analyses conducted the hypothesis set out in the literature review can be tested and seen in table 125.

Hypothesis	Supported, not supported, or excluded.
H1: There is a positive relationship between health consciousness and attitude towards local food.	Not supported
H2: There is a positive relationship between concern for the environment and attitude towards local food.	Supported
H3: There is a positive relationship between concern for the local economy and attitude towards local food.	Supported
H4: There is a positive relationship between perceived quality and attitude towards local food.	Supported
H5: There is a positive relationship between food safety and attitude towards local food.	Not supported
H6: There is a positive relationship between consumer's knowledge and attitude towards local food.	Excluded
H7: There is a positive relationship between information seeking and attitude towards local food.	Not supported
H8: There is a positive relationship between context and attitude towards local food.	Excluded
H9: Positive attitudes toward local food will have a positive impact on the intention to purchase local food.	Supported

H10: There is a positive relationship between subjective norm and attitude.	Not supported
H11: Subjective norm has a positive influence on the intention to purchase local food.	Supported
H12: There is a positive relationship between perceived behavioural control and attitude.	Supported
H13: Perceived behavioural control will have a positive influence on the intention to purchase local food.	Supported

Table 125: Hypothesis testing for West-Flanders (Belgium).

## **Appendix 14.3 Hypothesis Testing - Wesermarsch District (Germany)**

From the analyses conducted the hypothesis set out in the literature review can be tested and seen in table 126.

Hypothesis	Supported, not supported, or excluded.
H1: There is a positive relationship between health consciousness and attitude towards local food.	Excluded
H2: There is a positive relationship between concern for the environment and attitude towards local food.	Excluded
H3: There is a positive relationship between concern for the local economy and attitude towards local food.	Supported
H4: There is a positive relationship between perceived quality and attitude towards local food.	Not supported
H5: There is a positive relationship between food safety and attitude towards local food.	Excluded
H6: There is a positive relationship between consumer's knowledge and attitude towards local food.	Excluded
H7: There is a positive relationship between information seeking and attitude towards local food.	Excluded

H8: There is a positive relationship between context and attitude towards local food.	Supported
H9: Positive attitudes toward local food will have a positive impact on the intention to purchase local food.	Supported
H10: There is a positive relationship between subjective norm and attitude.	Excluded
H11: Subjective norm has a positive influence on the intention to purchase local food.	Excluded
H12: There is a positive relationship between perceived behavioural control and attitude.	Excluded
H13: Perceived behavioural control will have a positive influence on the intention to purchase local food.	Supported

Table 126: Hypothesis testing for Wesermarsch District (Germany)

## **Appendix 14.4 Hypothesis Testing - Denmark**

From the analyses conducted the hypothesis set out in the literature review can be tested and seen in table 127.

Hypothesis	Supported, not supported, or excluded.
H1: There is a positive relationship between health consciousness and attitude towards local food.	Supported
H2: There is a positive relationship between concern for the environment and attitude towards local food.	Excluded
H3: There is a positive relationship between concern for the local economy and attitude towards local food.	Excluded
H4: There is a positive relationship between perceived quality and attitude towards local food.	Supported
H5: There is a positive relationship between food safety and attitude towards local food.	Excluded

H6: There is a positive relationship between consumer's knowledge and attitude towards local food.	Supported
H7: There is a positive relationship between information seeking and attitude towards local food.	Excluded
H8: There is a positive relationship between context and attitude towards local food.	Excluded
H9: Positive attitudes toward local food will have a positive impact on the intention to purchase local food.	Supported
H10: There is a positive relationship between subjective norm and attitude.	Excluded
H11: Subjective norm has a positive influence on the intention to purchase local food.	Excluded
H12: There is a positive relationship between perceived behavioural control and attitude.	Not supported
H13: Perceived behavioural control will have a positive influence on the intention to purchase local food.	Supported

Table 127: Hypothesis testing for Denmark.

## **Appendix 14.5 Hypothesis Testing - Northern Netherlands**

From the analyses conducted the hypothesis set out in the literature review can be tested and seen in table 128.

Hypothesis	Supported, not supported, or excluded.
H1: There is a positive relationship between health consciousness and attitude towards local food.	Excluded
H2: There is a positive relationship between concern for the environment and attitude towards local food.	Not supported
H3: There is a positive relationship between concern for the local economy and attitude towards local food.	Supported

H4: There is a positive relationship between perceived quality and attitude towards local food.	Supported
H5: There is a positive relationship between food safety and attitude towards local food.	Excluded
H6: There is a positive relationship between consumer's knowledge and attitude towards local food.	Supported
H7: There is a positive relationship between information seeking and attitude towards local food.	Excluded
H8: There is a positive relationship between context and attitude towards local food.	Not supported
H9: Positive attitudes toward local food will have a positive impact on the intention to purchase local food.	Supported
H10: There is a positive relationship between subjective norm and attitude.	Not supported
H11: Subjective norm has a positive influence on the intention to purchase local food.	Supported
H12: There is a positive relationship between perceived behavioural control and attitude.	Excluded
H13: Perceived behavioural control will have a positive influence on the intention to purchase local food.	Excluded

Table 128: Hypothesis testing the Northern Netherlands.